



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date: 01 November 2013

To,

The Secretaries / Executive Committee Members / Life Members
State Body Building Associations / Union Territories / Sports Boards
Affiliated to Indian Body Builders Federation
Mumbai.
Ref. No.:IBBF/SSC/CR-02-13

Sub.: "Talwalkars Classique 2013"

All India Invitational Body Building Competition (Top Ten)

Dear Sir,

The Indian Body Builders Federation is pleased to inform you that Mr. Madhukar Talwalkar, Vice President of the Indian Body Builders Federation and the Executive Chairman of the Talwalkars Better value Pvt. Ltd; and Maharashtra Body Building Association has taken initiative to organise most prestigious competition of the year, "Talwalkars Classique 2013", All India Invitational Top Ten Body Building Competition on and from 26th to 27th November 2013 at Mumbai, Maharashtra.

We, on behalf of Indian Body Builders Federation take this opportunity to invite the best body builders and officials as per the attached list only to participate in this most prestigious invitational body building competition of the year. We would also like to inform you that no extra body builders, officials or supporters will be allowed other than the said list attached. Your kind co-operation is solicited.

Thanking you,
For **Indian Body Builders Federation**

Mr. Pradeep (Baba) Madhok
President

Mr. Chetan M. Pathare
General Secretary

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address: Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

TALWALKARS BETTER VALUE FITNESS LIMITED

TBVFL India's largest fitness chain with 147 gyms across 75 cities, offering a diverse set of services including gyms, spas, aerobics, nutrition, weight management and health counseling under the brand 'Talwalkars' to an active member base of over 1,25,000 members. Having developed the infrastructure for offering gym facilities across the country Talwalkars is now leveraging this reach to launch several initiatives that offers other fitness alternatives to enthusiasts. It recently launched NuForm studios in Mumbai which are designed to provide twenty minutes a week fitness solution using Electro Muscular Stimulus technology imported from Germany. The launch of Zumba® Fitness is another move towards widening its customer base while using the team and infrastructure it already has in place, thereby seeking to consolidate its position as the leader in the fitness industry in India. With the launch of Reduce, Talwalkars aims at helping consumers achieve their fitness goals. Reduce is a complete weight loss solution that's easy, healthy and is designed keeping in mind the busy schedule of the consumers. HIFI is not just a smaller format gym, It is a re-engineered product designed to deliver superior value across Tier II and Tier III cities. At present we have 14 HIFI gyms in 9 cities.

Talwalkars has pioneered the concept of gyms in India, with their first gym being set up in Mumbai in 1932 by late Shri Vishnu Talwalkar. Madhukar Talwalkar further carried on the legacy and today the brand Talwalkars is synonymous with the word fitness across India.



Mr. Madhukar Talwalkar - Executive Chairman

Mr. Madhukar Vishnu Talwalkar, is the Executive Chairman of our Company. He holds a degree in Engineering from Veer Jijamata Technical Institute, Mumbai and has over 50 years of experience in health and fitness industry. He is the Founder member of the Greater Bombay Body Builders Association and also the President of Maharashtra State Body Builders Federation and Vice President the Indian Body Builders Federation. At the age of 80 he is a driving force of our company, guiding us for our expansion and positioning and has significantly contributed in being the market leader in the industry of health and fitness.

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address: Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

TALWALKARS CLASSIQUE 2013

All India Invitational Body Building Competition (Top Ten)

PARTICULARS

Contest	:	TALWALKARS CLASSIQUE 2013 All India Invitational Body Building Competition (Top Ten)
Date	:	Tuesday 26 th November 2013 to Wednesday 27 th November 2013
Organiser	:	Talwalkars Better Value Fitness Ltd. Maharashtra Body Building Association
Venue for Finals	:	Yaswantrao Chavan Auditorium Mumbai, Maharashtra
Reception	:	Hotel Orchid, Near Santacruz Domestic Airport, Mumbai.
Lodging for participants	:	Lodging will be provided for three nights only.
Lodging for Officials	:	Lodging will be provided for three nights only.
Nearest Railway Station	:	Dadar / Kurla Railway Station
Nearest Airport	:	Chatrapati Shivaji Domestic Airport Santacruz, Mumbai
Contact	:	Mrs. Hiral - 09819637300 Miss Nehal - 08268556670
IBBF Secretariat	:	Mr. Chetan Pathare –General Secretary Mobile: 099679 71970 / 07506267970
Weight Group	:	Only One Open Group
Eligibility	:	Only invited body builders and officials as per the attached list can participate
Entry Fee	:	Rs.500/- per competitor. Rs. 500/- each for best poser competition.

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address: Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Last Date for Entry : 26th November 2013.

Submission of entries : Entries will be accepted in prescribed format
Entries may be sent to

1. General Secretary
Indian Body Builders Association
Pathare Gymco
280/A, Jawalkar Mansion,
Dr. B. Ambedkar Road,
Parel, Mumbai-400 012.
Maharashtra.
2. Email:- ibbf_mumbai@yahoo.in

Prizes & Awards :

1. The Top Ten winners will be awarded with Rs.300000/-, Rs.200000/-, Rs.100000/-, Rs.90000/-, Rs.75000/-, Rs.50000/-, Rs.40000/-, Rs.35000/-, Rs.30000/- and Rs.25000/-
2. Overall Champion will receive Trophy & Merit Certificate.
3. Best Poser will receive cash prize of Rs.50,000/- along with Merit Certificate.
4. All the participants will receive Medals & participation certificates.

Please note above cash prizes are subject to Income tax deduction at source and winners have to produce their PAN Card xerox for claiming Prize money cheques.

Travelling Allowance : All the invited body builders and officials will be eligible for Travelling Allowance from the organiser.

Doping : Dope test may be conducted at random by the National Anti Doping Agency (NADA).

Rules for the Contest:

1. The competitors and officials who are not present for the registration within the time limit will be eliminated from the competition.
2. All officials & competitors must arrive prior to the schedule.
3. Organizers will provide free lodging & boarding to the invited body builders and officials only for three nights. Officials and body builders please note that you will have to pay a deposit of Rs. 1000/- during registration which will be refunded at the time of check out once the hotel staff gives clearance of the room articles.

Please take note: Other than the attached list body builders,

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address: Pathare Gymco, 280/A, Jawalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

officials, extra officials & supporters will not be allowed and hence will not be provided with lodging and boarding facility. We require state units co-operation for the same.

4. Please note - Bodybuilders using tanning products/oil will be responsible for payment in full for bed sheets & pillow covers wall paint stained by the same.
5. It is compulsory that all the Officials and judges come in proper uniform.
6. Participants and officials who arrive before 26th November 2013 will have to bear for their lodging & boarding.
7. Golden, Silver and Bronze colour tanning cream is not allowed.
8. It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs and actions will not be tolerated and the said participant will be banned from the Best Posing contest.

Please note : Indian Body Builder's Federation, Talwalkars Better Value Fitness Ltd; Maharashtra Body Building Association or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the competition.

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address: Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

TALWALKARS CLASSIQUE 2013

All India Invitational Body Building Competition (Top Ten)

SCHEDULE

Tuesday 26th November 2013

- 11.00 AM ONWARDS : Arrival of all competitors, officials & judges
Registration and reception office at: -
Hotel Orchid, Near Domestic Airport, Mumbai
- 01.00 PM TO 03.00 PM : Lunch
- 04.30 PM TO 05.30 PM : Registration
- 06.30 PM ONWARDS : Pre-Judging (Venue will be informed later)
- 09.00 PM ONWARDS : Welcome Dinner

Wednesday 27th November 2013

- 07.00 AM TO 10.00 AM : Break Fast
- 12.30 PM TO 02.00 PM : Lunch
- 05.00 PM : Finals & Prize distribution
Yashwantrao Chavan Auditorium, Mumbai
- 10.00 PM : Farewell Dinner

Thursday 28th November 2013

- 07.00 AM TO 10.00 AM : Break Fast
- 11.00 AM TO 12.30 PM : Seminar and Workshop
- 12.30 PM TO 02.00 PM : Lunch
- 04.00 PM TO 08.00 PM : Seminar and Workshop
- 08.00 PM TO 10.00 PM : Dinner

Friday 29th November 2013

- 07.00 AM TO 09.00 AM : Break Fast
- 09.30 AM : Departure by Bus to Belgaum for Satish Sugar Classic.

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address: Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in

Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

TALWALKARS CLASSIQUE 2013

All India Invitational Body Building Competition (Top Ten)

LIST OF ATHLETES

SR	NAME	STATE / BORAD
1	A. BOBBY SINGH	INDIAN RAILWAYS
2	SHIV KUMAR	INDIAN RAILWAYS
3	KIRAN PATIL	INDIAN RAILWAYS
4	PRITAM CHOUGULE	INDIAN RAILWAYS
5	MURALI KUMAR R	SERVICES
6	ROMI SINGH T	SERVICES
7	HARIPRASAD SP	SERVICES
8	P TAMILANBAN	SERVICES
9	U K PASHI	SERVICES
10	KAMLESH NAIK	SERVICES
11	AMIT JANGID	HARYANA
12	JITENDER SINGH DHILLON	HARYANA POLICE
13	VINIT MARWAH	PUNJAB
14	VIJAY BAHADUR	UTTAR PRADESH
15	AVANISH SHARMA	UTTAR PRADESH
16	HIBJUR REHMAN	DELHI
17	NEERAJ KUMAR	DELHI
18	VIRENDER MALHAN	DELHI
19	ANKUR SHARMA	DELHI
20	SANJEEV JHA	DELHI
21	SATYANARAYAN	KARNATAKA
22	N SURAJ SINGH	MANIPUR
23	ASHIQ	KERALA
24	JINAN	KERALA
25	RAJENDRAN MANI	TELANGANA
26	MANOJ RAJPUT	MADHYA PRADESH
27	SHAIK ABDUL WADOOD	TELANAGANA
28	SAGAR KATURDE	MAHARASHTRA
29	RENSU CHANDRAN	MAHARASHTRA
30	SAGAR MALI	MAHARASHTRA
31	VIKRANT DESAI	MAHARASHTRA
32	ABDUL ANSARI	MAHARASHTRA
33	DEEPAK TRIPATHI	MAHARASHTRA
34	RAJU SHERIGARA	MAHARASHTRA
35	YOGESH NIKAM	MAHARASHTRA
36	MALLESHWARAN	MAHARASHTRA

The Indian Body Builders Federation reserves the right to do any changes / additions if any in the abovementioned list.

Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

TALWALKARS CLASSIQUE 2013

All India Invitational Body Building Competition (Top Ten)

LIST OF OFFICIALS

SR	NAME	POST	STATE / BORAD
1	PRADEEP (BABA) MADHOK	PRESIDENT	UTTAR PRADESH
2	PREMCHAND DEGRA -PADMASHRI	EXE. VICE PRESIDENT	PUNJAB
3	CHETAN PATHARE	GEN. SECRETARY	MAHARASHTRA
4	SWAMY RAMESH	TREASURER	ANDHRA PRADESH
5	BHUPINDER DHAWAN DRONACHARAYA AWARDEE	VICE PRESIDENT	DELHI
6	AMIT SWAMI	VICE PRESIDENT	HARYANA
7	SURENDER SHARMA	VICE PRESIDENT	DELHI
8	MAHESH CHAUDHARY	ASS. SECRETARY	HARYANA
9	LESLIE JOHN PETER	ASS. SECRETARY	KERALA
10	S. MOHAN RAO	ORG SECRETARY	TELANAGANA
11	B. V. G. RAO	ORG SECRETARY	ORISSA
12	VINOD SHARMA	ORG SECRETARY	UTTAR PRADESH
13	NAVNEET SINGH	ORG SECRETARY	PUNJAB
14	T. V. PAULEY - ARJUN AWARDEE	MEMBER	KERALA
15	B. GOSWAMI	MEMBER	ASSAM
16	RAKESH KOSAMKAR	LEGAL ADVISOR	MAHARASHTRA
17	BALBEER SINGH	JUDGES COMM	HARYANA
18	AJAY SIROHYEE	OFFICIAL	INDIAN RAILWAYS
19	RAVINDRA PATIL	JUDGE	INDIAN RAILWAYS
20	RAJGOPALAN NAIR	JUDGE	SERVICES
21	PRASAD KUMAR	OFFICIAL	SERVICES
22	VICKY GORAKSHA	JUDGE	MAHARAHSTRA
23	M. K. SHARMA	JUDGE	GUJRAT
24	ATIN TIWARI	JUDGE	MADHYA PRADESH
25	PASCOL NORONHA	JUDGE	GOA
26	TUSHAR SIL	JUDGE	WEST BENGAL
27	NIRMAL SAHA	JUDGE	WEST BENGAL
28	LOHIT DAS	OFFICIAL	MEGHALAYA
29	R. P. KANU	OFFICIAL	ASSAM
30	SURAJ BHAN	JUDGE	CHANDIGARH
31	PARDEEP KUMAR	JUDGE	PUNJAB
32	NAGESH PRASAD	JUDGE	TAMILNADU
33	NAJMAL NABI	JUDGE	UTTAR PRADESH
34	K. N. SHARMA	JUDGE	UTTARAKHAND
35	ARVIND SINGH	JUDGE	CHATTISGARH
36	VILAS PALASPAGAR	JUDGE	VIDARBHA

The Indian Body Builders Federation reserves the right to do any changes / additions if any in the abovementioned list.