



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date : 12th December, 2017

To
The Secretaries / Executive Committee Members / Life Members /
State Body Building Associations / Union Territories / Sports Boards
(Affiliated to Indian Body Builders Federation, Mumbai)

Ref. No.:IBBF/JR/CR-04-17

Dear Sir / Madam,

Sub.: "8th Junior / Masters / Divyang (Physically challenged)
National Body Building Championship 2018"

The Indian Body Builders Federation is pleased to Invite all its affiliated State Units/ Union Territories and Sports Boards to participate in the **"8th Junior / Masters / Divyang (Physically challenged), National Body Building Championship 2018"**; organized by **Punjabi Amateur Bodybuilding Association, Punjab** under the guidance of Padmashri Premchand Degraji (President-IBBF). The Said competition is organized on 3rd February- 4th February 2018 at Nehru Sidhant Kender Trust, Ludhiana, Punjab.

We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Sports Boards to participate with best of their athletes as mentioned in this circular to make this championship a grand success.

We solicit your kind cooperation and immediate response in this regard.

Thanking you,

For **Indian Body Builders Federation**

Mr. Chetan M. Pathare
General Secretary





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8th Junior / Masters / Divyang (Physically Challenged) National Body Building Championship, 2018

PARTICULARS

- Contest** : 8th Junior / Masters / Physically Challenged
National Body Building Championship, 2018
- Date** : Saturday 3rd February to Sunday 4th February, 2018
- Organizer** : Punjabi Amateur Body Building Association
- Reception / Registration** : Kairon Kissan Ghar, Pau, Ludhiana
- Venue for Pre-Judging & Finals** : Nehru Siddhant Kendra Trust, Feroze Gandhi Market,
Pakhawal Road, Ludhiana, Punjab - 141001
- Nearest Railway** : Ludhiana Railway Station
- Nearest Airport** : Ludhiana Airport OR
Chandigarh Airport (3 Hrs. Drive by Taxi)
- Organizers Contact** : Mr.Navneet Singh – 09888320009 / 09779611096
Mr Monu Sabarwal - 09023270063
- IBBF Secretariat** : Mr.Chetan Pathare – General Secretary
Mobile – 09967971970
- Weight Group for Junior** : Total Six weight Category
Upto & inclusive 55 kgs
Upto & inclusive 60 kgs
Upto & inclusive 65 kgs
Upto & inclusive 70 kgs
Upto & inclusive 75 kgs
Above 75 kgs
- Weight Group for Divyang (Physically Challenged)** : Up to & inclusive 65 kgs
Above 65 kgs
- Age Group for Masters** : Total Three age groups
1) Above 40 years & below 50 years
2) Above 50 years & below 60 years
3) Above 60 years
- Eligibility Juniors** : Below 21 years of age
Athletes born on & above 3rd February, 1997 are eligible to participate in Junior category
Twelve Body Builders from each State/Union Territories/Sports Control Board and not more than two body builders in each



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group will be allowed.

Masters

1. Those who are above 40 years and below 50 years of age.
2. Those who are above 50 years and below 60 years of age.
3. Those who are above 60 years of age.

Two Bodybuilders in each Masters Category and not more than six body builders from each State/Sports Board will be allowed.

Physically Challenged

: In this Championship State Association/Sports Control Boards can send their best athletes and there is no limit for the same.

Testimonials

:All the athletes participating in Junior and Masters Category are requested to produce their Aadhar Card / Passport in original along with one xerox copy duly attested by Gazetted Officer at the time of weighing in for verification of their date of birth. Those who fail to produce original certificate will not be entitled to participate in the championship.

Medical Officer may be recruited to find the genuine age of the athlete as per his body anatomy and if Medical Officer after accessing the athlete finds him to be over age, then such athlete will be restricted and suspended from participation and further legal and criminal proceedings will be initiated against such athlete and the state unit as per the Government of India, National Sports Development Code, 2011.

Please note that legal and criminal proceedings will be initiated if they are found with fake certificate.

Entry Fees

Junior & Masters : Rs.500/- per competitor.

Physically Challenged

: NO ENTRY FEE

Last Date for Entry : 15th January 2018.

Submission of entries

:Entries will be accepted in prescribed format Entries may be sent to

1. General Secretary
Indian Body Builders Association
C/o. Pathare Gymco
280/A, Jawalkar Mansion,
Dr. B. Ambedkar Road,
Parel, Mumbai-400 012.
Maharashtra.
2. SMS:- 09967971970
3. Email:- ibbf_mumbai@yahoo.in



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**Prizes & Awards for
Junior / Masters /
Physically Challenge**

- : 1. First Five places in each category will receive cash prizes of Rs.5000/-, Rs.4000/-, Rs.3000/-, Rs.2000/-, Rs.1000/- along with Merit Certificates and Gifts respectively.
2. Overall Champion in Junior Category will receive cash prize Rs.50000/- along with Merit Certificate and Gift.
3. Overall Champion in Masters Category will receive cash prize of Rs.11000/- with Merit Certificate and Gift.
4. Overall Champion in Physically Challenge Category will receive cash prize of Rs.11000/- with Merit Certificate and Gift.
5. All the Participants will receive Participation Certificates.

Doping

: Dope test will be conducted at random by the National Anti Doping Agency (NADA), New Delhi

Rules for the Contest

- : 1. The competitors and officials who are not present for the registration within the time limit will be eliminated from the competition.
2. All officials and competitors must arrive prior to the schedule.
3. Organizers will provide free lodging and boarding to the invited bodybuilders and officials only for two nights only.
4. Invited Athletes and officials will be to pay a deposit of Rs.500/- each during registration which will be refunded at the time of checkout once the hotel staff gives clearance of the room articles.
5. **Please take note:** Other than the list of bodybuilders and officials as per the Entry Form, No Extra Officials and supporters will be allowed and hence will not be provided with lodging and boarding facility or the Venue Passes. We require state units co-operation for the same.
6. Please note Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets, pillow covers and wall paint if stained by the same.
7. All the officials, and Judges are requested to come in proper uniform prescribed by IBBF otherwise they will not be allowed to participate in any official activities and will not be allowed to sit as judge.
8. Golden, Silver, and Bronze colour tanning cream is not allowed.
9. It is compulsory for the Body Builders participating to bring their own music CD,(music counts in scoring). Vulgar songs and actions will not be allowed and the said participant will be banned from the Best Poser contest.

Please Note

:The Indian Body Builders Federation, Punjabi Amateur Body Building Association or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.



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SCHEDULE

Saturday 3rd February 2018

08.00 AM ONWARDS : Arrival of all competitors, officials & judges
08.00 AM TO 10.00 AM : Break Fast (Venue will be informed later)
01.00 PM TO 03.00 PM : Lunch (Venue will be informed later)
03.30 PM TO 04.00 PM : Judges / Team Managers Meeting (Venue will be informed later)
04.00 PM TO 08.00 PM : Weighing In (Venue will be informed later)
08.00 PM ONWARDS : Executive Committee Meeting (Venue will be informed later)
09.00 PM ONWARDS : Dinner (Venue will be informed later)

Sunday 4th February 2018

08.00 AM TO 09.00 AM : Breakfast (Venue will be informed later)
09.00 AM : Extra-ordinary General Meeting (Venue will be informed later)
11.00 AM ONWARDS : Pre-judging, Finals & Prize Distribution
12.30 PM TO 03.00 PM : Lunch
09.00 PM : Dinner (Venue will be informed later)

Monday 5th February 2018

11.00 AM : Departure of all competitors, officials & judges



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8th Junior / Masters / Divyang National Body Building Championship, 2018
OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 1st February 2017

SR.	NAME	CATEGORY	MOBILE NO.	WEIGHT
1		Junior		
2		Junior		
3		Junior		
4		Junior		
5		Junior		
6		Junior		
7		Junior		
8		Junior		
9		Junior		
10		Junior		
11		Junior		
12		Junior		
1		Masters (40 -50 yrs)		
2		Masters (40 -50 yrs)		
3		Masters (50 -60 yrs)		
4		Masters (50-60 yrs)		
5		Masters (60yrs above)		
6		Masters (60yrs above)		
1		Physically Challenged		
2		Physically Challenged		
3		Physically Challenged		
4		Physically Challenged		
5		Physically Challenged		
6		Physically Challenged		

TEAM MANAGER: _____ COACH: _____

JUDGE: _____ JUDGE: _____

UNIT NAME: _____

TRAIN No. & ARRIVAL TIME: _____

TRAIN No. & DEPARTURE TIME: _____

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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Date: 12th December, 2017

RAIL TRAVEL CONCESSION

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))
MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This to certify that that _____ Body Builders/Officials of _____ is/are taking part in the **8th Junior / Masters / Physically Challenged National Body Building Championship 2018** being organize under the authority of **Indian Body Builders Federation**. From **3rd February to 4th February 2018** at Ludhiana, Punjab. This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from _____ to _____ and back.

For Indian Body Builders Federation

Mr. Chetan M. Pathare
General Secretary



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Date: 12th December, 2017

To,
The Executive Committee Members
Indian Body Builders Federation
Mumbai

EXECUTIVE COMMITTEE MEETING

NOTICE

Notice is hereby given to all the members of the Executive Committee of the Indian Body Builders Federation, that a Meeting of the Executive Committee will be held on Saturday 3rd February 2018 at 08.00 P. M. at Kairon Kissan Ghar, Pau, Ludhiana Punjab during 8th Junior / Masters /Physically Challenged National Body Building Championship, to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

AGENDA

1. To confirm the minutes of the last Executive Committee Meeting.
2. To discuss about the letters if any received from Executive Committee Members or State Associations before 1st February 2018.
3. To discuss any complaints/ disputes or any other matter in relation to implementation of National Sports Code, 2011 by any State Association if any,
4. Any other matter with the permission of chair.

For Indian Body Builders Federation

Chetan Pathare

Mr. Chetan M. Pathare
General Secretary





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Date: 12th December, 2017

To,
The Executive Committee Members / Representatives
Of Affiliated State Associations / Union Territories / Sports Boards
Of Indian Body Builders Federation Mumbai.

EXTRA ORDINARY GENERAL BODY MEETING

NOTICE

Notice is hereby given to all the members of the Executive Committee & the representative of the affiliated units of the Indian Body Builders federation, that a Meeting of the Extra Ordinary General Body Meeting will be held on Saturday 4th February 2018 at 09.00 P. M. at Kairon Kissan Ghar, Pau, Ludhiana Punjab during 8th Junior / Masters /Physically Challenged National Body Building Championship, to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

AGENDA

1. To confirm the minutes of the last Extra Ordinary General Body Meeting.
2. To discuss about the letters if any received from Executive Committee Members or State Associations before 1st February 2018.
3. To discuss any complaints/ disputes or any other matter in relation to implementation of National Sports Code, 2011 by any State Association if any,
4. Any other matter with the permission of chair.

For **Indian Body Builders Federation**

Chetan M. Pathare

Mr. Chetan M. Pathare
General Secretary

