



Affiliated to:

- World Bodybuilding And Physique Sports Federation (WBPF)
- Asian Bodybuilding And Physique Sports Federation (ABPF)
- South Asian Bodybuilding And Physique Sports Federation (SABPF)

Recognized By:

- The Association For International Sport For All (TAFISA)
- General Association of World Sports Federation (GAWSF)
- Foundation for Sport, Development & Peace (FSDP)
- International Sports Council (ISC)
- International Council of Sport Science and Physical Education (ICSSPE)

- World Leisure Organization (WLO)
- World Sports University (WSU)
- International Sport And Culture Association (ISCA)
- Pacific Games Council (PGC)

Date: 15th November, 2024

To,
The Secretaries/Executive Committee Members/Life Members
Unit of Western India Zone
Affiliated to Indian Body Builders Federation, Mumbai.

Ref.: IBBF/WZ/CR-03-2024

Subject: "Mayor Trophy – Western Zonal Body Building Championship 2024".

Dear Sir/Madam,

The Indian Body Builders Federation is pleased to extend its invitation for all its affiliated Unites of Western India Zone to participate in the "**Mayor Trophy – Western Zonal Body Building Championship 2024**"; in the memory of Deputy Mayor Late Shri Premnarayan Yadav and under the patronage of **Ujjain Nagar Palik Nigam and Rajya Sharir Saushtav Sanstha, Ujjain, Madhya Pradesh**. The said competition is organized on **1st December, 2024** at Kartik Mela Parisar, Near Kshipra River, Ujjain.

We on behalf of Indian Body Builders Federation humbly request all the affiliated units of Western Zone (Chhattisgarh, Gujarat, Goa, Vidarbha, Maharashtra and Madhya Pradesh) to participate with best of their body builders to make this championship a grand success.

This championship is open only for the athletes of the affiliated state association of the Western India Zone.

Your kind co-operation is solicited.

Yours Sincerely
For **Indian Body Builders Federation**

S. Ramesh Kumar

Swamy Ramesh Kumar
President, IBBF



Chetan Pathare

Chetan Manohar Pathare
General Secretary, IBBF
Secretary General – WBPF



: CORRESPONDANCE ADDRESS :

Pathare Gymco : 280/A, Jawalkar Mansion, Dr. B. Ambedkar Road, Parel, Mumbai – 400 012, Maharashtra, India
Mobile : +91-99679-71970 **Email** : ibbfmumbai09@gmail.com **Website** : www.ibbf.in

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“Mayor Trophy – Western Zone Body Building Championship 2024”

PARTICULARS

Contest	:	Mayor Trophy – Western Zone Body Building Championship 2024
Date	:	Sunday, 1 st December, 2024
Organizer	:	Ujjain Nagar Palik Nigam and Rajya Sharir Saushtav Sanstha, Ujjain, Madhya Pradesh
Reception / Registration	:	Hotel Grand Tower, Freeganj, Behind Ujjain Railway Stn., Ujjain.
Venue for Finals	:	Kartik Mela Parisar, Near Kshipra River, Ujjain
Nearest Railway Station	:	Ujjain, M.P.
Nearest Airport	:	Indore
Weight Group		
Men's Bodybuilding	:	Total Ten Weight Groups Up to & inclusive 55 kgs Up to & Inclusive 60 kgs Up to & inclusive 65 kgs Up to & Inclusive 70 kgs Up to & inclusive 75 kgs Up to & Inclusive 80 kgs Up to & inclusive 85 kgs Up to & Inclusive 90 kgs Up to & Inclusive 100 Kg Above 100 Kgs
Eligibility	:	All the affiliated Units of Western India Zone only can

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send Maximum numbers of body builders since there is no limit on numbers of athletes.

Doping : Dope test will be conducted at random by the National Anti Doping Agency (NADA), New Delhi

Prizes & Awards for Men's Body Building :

1. First Five places in each category will receive Cash, medals, Certificates and Memento.
2. First FIVE places in each category will receive cash Prizes of Rs. 7,000/-, Rs.6,000/-, Rs.5000/-, Rs.4000/-, Rs.3000/- along with Merit Certificates respectively.
3. Overall Champion will receive Cash Prize of Rs.50,000/- Along with Merit Certificate.
4. Best Poser will receive Cash Prize of Rs.20,000/-
5. Most Improved Body Builder will receive Cash Prize of Rs.10,000/-
5. All the participants will receive participation certificate.

Entry Fees

Men's Bodybuilding : Rs.1000/- per competitor

Last Date for Entry : 23rd November, 2024

Contact :

Jitendra Kushwaha - 9827360755
Prem Singh Yadav - 09425091710
Atin Tiwari - 9827414447
Shailendra Vyas - 9425091025

Rules for the Contest :

1. Team Managers please note that the competitors who fail To report for the weighing-in within the time limit will be eliminated from the championship.
2. All officials and competitors must arrive prior to the schedule.
3. Team Manager please note Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets, pillow covers and wall paint stained by the same

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and the State Association/Union Territories and Sports Boards will have to bear the cost of the same before departure.

4. All the officials, managers, coaches are requested to come in uniform prescribed by IBBF will not be allowed to participate in any official activities and will not be allowed to sit as judge.
5. Golden, Silver, and Bronze colour tanning cream is not allowed.
6. It is compulsory for the participants participating for Best Poser contest to bring their own music CD, Vulgar songs and actions will not be allowed and the said participant will be banned from the Best Poser contest.

Please Note

:

The Indian Body Builders Federation, State Body Building Association, M.P., Ujjain Nagar Palik Nigam or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.



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SCHEDULE

Sunday, 1st December, 2024

Upto 10.00 AM	:	Arrival of all competitors, officials and judges Venue : Grand Hotel Tower
8.00 AM to 10.00 AM	:	Breakfast (Grand Tower Hotel)
12.00 pm to 2.00 pm	:	Lunch (Grand Tower Hotel)
11.00 AM to 01.00 PM	:	Weighing-in (Grand Tower Hotel)
05.00 PM Onwards	:	Commencements of Finals & Prize Distribution Venue : Kartik Mela Parisar, Near Kshipra River, Ujjain
09.00 PM	:	Dinner (Grand Tower Hotel)

Monday 2nd December, 2024

8.00 AM to 9.00 AM :	Breakfast
9.30 AM Onwards :	Departure



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"Mayor Trophy - Western Zone Body Building Championship 2024"**OFFICIAL ENTRY FORM**

Please fill this entry form and return on or before 23rd December, 2024

SR.	NAME	CATEGORY	MOBILE NO.	WEIGHT
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				

TEAM MANAGER: _____ COACH: _____

JUDGE: _____ JUDGE: _____

UNIT NAME: _____

TRAIN No. & ARRIVAL TIME: _____

TRAIN No. & DEPARTURE TIME: _____

SEAL

SIGNATURE OF PRESIDENT/SECRETARY

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