



Affiliated to:

- World Bodybuilding And Physique Sports Federation (WBPF)
- Asian Bodybuilding And Physique Sports Federation (ABPF)
- South Asian Bodybuilding And Physique Sports Federation (SABBF)

Recognized By:

- The Association For International Sport For All (TAFISA)
- General Association of World Sports Federation (GAWSF)
- Foundation for Sport, Development & Peace (FSDP)
- International Sports Council (ISC)
- International Council of Sport Science and Physical Education (ICSSPE)

- World Leisure Organization (WLO)
- World Sports University (WSU)
- International Sport And Culture Association (ISCA)
- Pacific Games Council (PGC)

Date: 15th December, 2026

To,

**The Secretaries/Executive Committee Members/Life Members
Affiliated to Indian Body Builders Federation, Mumbai.**

Ref. IBBF/JN/CR-03-2025

Sub.: "16th Men's Junior / Masters / Divyang / Ladies Bodybuilding and Physique Sports Championship 2026

Dear Sir/Madam,

The Indian Body Builders Federation is pleased to extend its Invitation for all its affiliated State Units/ Union Territories/ Government Sports Boards to participate in the "**16th Men's Junior / Masters / Divyang /Ladies Bodybuilding and Physique Sports Championship 2026**"; organized by **Telangana Body Builders Physique Sports Association and Karimnagar District Bodybuilding Association**. The said competition is organized on & from **7th February – 8th February, 2026 at V Convention Center**, State Highway 1, Opp Hanuman Temple, Housing Board Colony, Bommakal, Karimnagar, Telangana 505002.

We are very grateful to the members of the **Telangana Body Builders Physique Sports Association and Karimnagar District Bodybuilding Association** and the entire organizing committee for organizing this Championship.

We on behalf of the Indian Body Builders Federation, take this opportunity to invite the best athletes and officials as per the rule mentioned in this circular from the affiliated States/Union Territories/Government Sports Board units to participate in this most prestigious body building championship of the year.

We solicit your kind co-operation and understanding in this regard.

Thanking you,

For Indian Body Builders Federation

S. Ramesh Kumar

Swamy Ramesh Kumar
President, IBBF



Chetan M. Pathare

Chetan M. Pathare
General Secretary, IBBF
Secretary General , WBPF



: CORRESPONDANCE ADDRESS :

Pathare Gymco : 280/A, Jawalkar Mansion, Dr. B. Ambedkar Road, Parel, Mumbai – 400 012, Maharashtra, India
Mobile : +91-99679-71970 **Email** : ibbfmumbai09@gmail.com **Website** : www.ibbf.in



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"16th Men's Junior / Masters / Divyang / Ladies Bodybuilding and Physique Sports Championship - 2026"

PARTICULARS

Contest	: "16 th Men's Junior / Masters / Divyang /Ladies Bodybuilding Championship, 2026
Date	: Saturday 7 th February & Sunday 8 th February, 2026
Organizer	: Telangana Body Builders Physique Sports Association Karimnagar District Bodybuilding Association
Venue for Finals	: V Convention Center , State Highway 1, Opp Hanuman Temple, Housing Board Colony, Bommakal, Karimnagar, Telangana 505002.
Registration & Weighing	: Imperial AC Convention, C5V3+RMQ, Moulana Azad Chowk, By-pass flyover, Rajiv Rahadari, Kisan Nagar, Bommakal, Telangana 505002.
Lodging for Athletes	: For Two Night only
Lodging for Officials	: For Two Nights only
Nearest Railway Station	: Kazipet (90 kms from railways station) Warangal (90 kms from railway Station) Macherial (90 Kms from railway station) Secunderbad (160 kms from railway station) Please note: No pick and drop will be arranged by the organizer
Nearest Airport	: Rajiv Gandhi International Airport, Hyderabad Please note: No pick and drop will be arranged by the organizer



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Contact

: Mr Ranjan Reddy – +91 9989088035
Mr Imptiyaz – +91 9652108481
Mr Yesappa - +91 9948167453

IBBF Secretariat

: Mr Chetan Manohar Pathare – General Secretary
Mobile: +91 9967971970

Ms. Hiral Sheth – Associate Secretary
Mobile: +91 9819637300

Categories**Weight Group for Junior**

: Total Six weight Category

- 1) Upto & inclusive 55 kgs
- 2) Upto & inclusive 60 kgs
- 3) Upto & inclusive 65 kgs
- 4) Upto & inclusive 70 kgs
- 5) Upto & inclusive 75 kg
- 6) Above 75 kgs

**Weight Group for
Divyang Bodybuilding**

: 1) Up to & inclusive 60 kgs
2) Above 60 kgs

Age Group for Masters Bodybuilding:

: Total Five age groups

- 1) 40 years -49 years - Upto 80 Kg
- 2) 40 years - 49 years - Over 80 Kg
- 3) 50 years – 60 years - Upto 80 Kg
- 4) 50 years – 60 years - Over 80 Kg
- 5) Above 60 years- one open categories

Junior Men's Sports Physique

: One Open Group

Ladies Bodybuilding

: One open group

Ladies Model physique

: One open group

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Eligibility

Juniors Body Building

Athletes born on & after 31st December, 2005 are eligible to participate in Junior category.

Eight Body Builders from each Affiliated State/UT/Government Sports Board and not more than two body builders in each group will be allowed.

Masters Body Building

Athletes born on & before 31st December, 1986 are Eligible to participate in Masters category

1. Those who are above 40 years and below 49s years of age.
2. Those who are above 50 years and below 60 years of age.
3. Those who are above 60 years of age.

Three Bodybuilders in each Masters Category from each State/UT/Government Sports Board will be allowed.

Divyang Body Building

Three athletes in each category from each State/ UT/ Government Sport Board will be allowed.

Also, please note athletes who are physically disabled below waist line and with major medical disabilities or severe accidental medical conditions would be allowed to participate. If any athletes are found ineligible as he does not fit in the above mention criteria IBBF reserve the right to reject his participation.

Junior Men's Sports Physiques

Athletes born on & after 31st December, 2005 are eligible to participate in Junior category.

Three Bodybuilders in each Masters Category from each State/UT/Government Sports Board will be allowed.

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Ladies Bodybuilding

Athletes born on & before 31st December, 1996 are Eligible to participate in Ladies category
Maximum Number of athletes may participate.

Ladies Model Physique

Athletes born on & before 31st December, 1996 are Eligible to participate in Ladies category
Maximum Number of athletes may participate.

Testimonials

All the athletes are requested to produce their following Documents:

M Aadhar Card / Passport which has the Date of Birth clearly mentioned in it. Along with one self-attested Photo Copy at the time of weighing in. Those who fail to produce original certificate will not be entitled to participate in the championship.

Please take a note it is compulsory to all the affiliated units to send the testimonial documents (**Aadhar Card / Passport which has the Date of Birth clearly mentioned**) along with entry form and doping consent form and waiver liability form clear scanned copies over email on and **before 1st February, 2026**.

Orthopedic Doctor/Dental Surgeon / Medical Practitioner may be recruited to find the genuine age of the athlete as per his body status and if Orthopedic Doctor/Dental Surgeon / Medical Practitioner after accessing the athlete finds him to be over age, then such athlete will be restricted and suspended from participation and the further legal and criminal proceedings will be initiated against such athlete and the state unit as per the Government of India, National Sports Development Code.



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Also, the same legal and criminal proceedings along with fine of Rs. 50000/- will be initiated if they are found with fake age proof documents submitted.

Entry Fees

For Junior / Masters Bodybuilding

Junior Sports physique

Ladies Bodybuilding

Ladies Model physique

: Rs.3000/- per Competitor

For Divyang Bodybuilding

: NO ENTRY FEES

Security Deposit

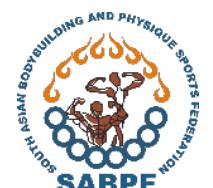
: It is compulsory to pay Rs.5000/- per State units/Union Territories/ Government Sports Boards as a security deposit at the time of registration. The said will be refunded only after deducting any damages in the hotels, rooms, auditorium or any other places.

Last Date for Entry : 1st February, 2026

ENTRIES COMING AFTER 1st February 2026 will have to pay Rs. 4000/- for each athlete as well as may have to manage their own lodging and boarding. Organizers and the Indian Body Builders Federation will not be responsible for the same.

Submission of entries

: Entries will be accepted in prescribed format
Entries may be sent to
1.General Secretary
Indian Body Builders Federation
Pathare Gymco
280/A, Jawalkar Mansion,
Dr. B. Ambedkar Road,
Parel, Mumbai-400 012.
Maharashtra.

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2. Email:- ibbfmumbai09@gmail.com

3. Via whatsapp on Mobile No. 9819637300

Annual Fees

: All the affiliated State associations/ Union Territories and Government Sports Boards those who have not yet paid their Annual Membership Fees for the year 2024 and 2025 are requested to pay the same before championship. The Indian Body Builders Federation reserves the right to deny the entry of your unit for non- compliance of the Annual Membership fees.

Prizes & Awards

- 1. First Five places in each category will receive a Cash Awards of Rs.12000/-, Rs.10000/-, Rs.7000/-, Rs.6000/-, Rs.5000/-respectively along with Trophy, Medals and certificate.**
- 2. Title winner will receive Cash Awards of Rs.50,000/- along with Trophy and Certificate.**
- 3. Best poser will receive Cash Awards of Rs.10000/-**
- 4. All the Participants will receive participation certificate.**

(All the athletes must submit their copy of the PAN CARD to avail the cash awards)

Doping

: Dope test may be conducted at random by the National Anti-Doping Agency (NADA).

Rules for the Contest

1. Team Managers to note that competitors who fail for weighing - in within the time limit will be eliminated from the championship.

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2. All officials & competitors must arrive prior to the schedule.

3. Organizers will provide free lodging & boarding only for TWO nights to the athletes as per the entry form and **one room per unit which includes Team Manager/ Coach/ Judges/ official**. Hence, we request all the units to send not more than 2 officials including Team Manager/ Coach/ Judges/ official.

Other than the above-mentioned officials, extra officials, supporters and family members will not be provided with lodging and boarding facility. **If requested prior with the charges of Rs. 5000/-, double occupancy lodging and boarding facility will be provided.**

We require affiliated unit's co-operation for the same.

4. Team Manager note - Bodybuilders using tanning products/oil will be responsible for payment in full for bed sheets & pillow covers wall paint stained by the same.

5. All the Officials, managers, coaches are requested to come with their proper uniform.

6. Participants and officials who arrive before 7th February, 2026 and wish to stay after 8th February, **2026** will have to bear their own lodging & boarding.

7. Golden, Silver and Bronze color tanning cream is not allowed.

Please note

Indian Body Builders Federation, Telangana Body Builders Physique Sports Association, Karimnagar District Bodybuilding Association or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the competition.



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16th Men's Junior / Masters / Divyang Bodybuilding Championship-2026

SCHEDULE

Friday 6th February, 2026

09.00 AM ONWARDS : Arrival of Executive Members

07.00 PM : Executive Committee Meeting
(Venue will be informed later)

Saturday 7th February, 2026

09.00 AM ONWARDS : Arrival & Registration of all competitors, officials & judges

12.00 NOON TO 02.00 PM : Lunch for athletes and officials

07.00 PM TO 8.00 PM : Team Manager/Judges/
General Body Meeting

09.00 PM TO 10.00 PM : Dinner

Sunday 8th February, 2026

07.00 AM TO 09.00 AM : Breakfast for athletes and officials

09.00 AM ONWARDS : Commencement of Finals & Prize Distribution

01.00 PM TO 02.00 PM : Lunch for athletes and official

08.00 PM TO 10.00 PM : Dinner for athletes and officials

Monday 9th February, 2026

07.00 AM TO 09.00 AM : Breakfast for athletes and officials

10.00 AM : Departure of all competitors, & Officials



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Date: 15th December, 2025

The Executive Committee Members

Indian Body Builders Federation
Mumbai

EXECUTIVE COMMITTEE MEETING
NOTICE

Notice is hereby given to all the members of the Executive Committee of the Indian Body Builders Federation, that a Meeting of the Executive Committee will be held on Friday 6th February, 2026 at 07:00 PM at Karim Nagar, Telangana (Venue will be informed later) to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

AGENDA

1. Welcome address by the President.
2. To confirm the minutes of the last Executive Committee Meeting.
3. To discuss about the forthcoming championships
4. To discuss about the letters if any received from Executive Committee Members or the State Associations before 1st February, 2026.
5. Any other matter with the permission of chair.

For Indian Body Builders Federation

S. Ramesh Kumar

Swamy Ramesh Kumar
President, IBBF



Chetan M. Pathare

Chetan M. Pathare
General Secretary, IBBF
Secretary General , WBPF



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- Pacific Games Council (PGC)

Date: 15th December, 2025

To,

**The Secretaries / Executive Committee Members / Life Members
State Body Building Associations / Union Territories / Government Sports Board
(Affiliated to Indian Body Builders Federation, Mumbai)**

EXTRA ORDINARY GENERAL BODY MEETING

NOTICE

Notice is hereby given to all the Affiliated Units / Executive Committee Members / Life Members of the Indian Body Builders Federation, that the Extra Ordinary General Body meeting will be held on 07th February, at 7.00 pm at Imperial AC Convention, Bommakal, Telangana 505001; during "**16th Men's Junior / Masters / Divyang/ Ladies Bodybuilding & Physique Sports Championship-2026**", to discuss the following Agenda.

All the members are requested to attend the same in proper uniform.

AGENDA

1. Welcome address by the President.
2. To confirm the minutes of the last General Body Meeting.
3. To discuss and confirm the decisions adopted by the Executive Committee during their meeting on 6th February 2026.
4. To discuss about the letters if any received from Executive Committee Members or the State Associations before 1st February, 2026.
5. Any other matter with the permission of chair.

For Indian Body Builders Federation

S. Ramesh Kumar

Swamy Ramesh Kumar
President, IBBF



Chetan M. Pathare

Chetan M. Pathare
General Secretary, IBBF
Secretary General , WBPF



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"16th Men's Junior / Masters / Divyang Bodybuilding Championship 2026"

OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 1st February, 2026

SR.	NAME	CATEGORY	MOBILE NO.	DATE OF BIRTH	WEIGHT
1		Junior			
2		Junior			
3		Junior			
4		Junior			
5		Junior			
6		Junior			
7		Junior			
8		Junior			
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
23					
24					

TEAM MANAGER: _____ COACH: _____

JUDGE: _____ JUDGE: _____

UNIT NAME: _____

TRAIN No. & ARRIVAL TIME: _____ TRAIN No. & DEPARTURE TIME: _____

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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"16th Men's Junior / Masters / Divyang Bodybuilding Championship 2026"

DRUG TESTING CONSENT FORM

(PLEASE READ THIS FORM CAREFULLY)

In order to participate as a competitor "16th Men's Junior / Masters / Divyang Bodybuilding Championship 2026" from 7th February – 8th February, 2026 at Karimnagar, Telangana.

I, the undersigned Athlete do hereby agree to be bound by the WBPF, ABBF & IBBF Constitution and Rules, the WBPF, ABBF & IBBF Rulebook, and the WADA, NADA and WBPF Anti-Doping Rules and the National Anti-Doping Agency Rules and Regulations of India. I further agree to co-operate fully with the IBBF and the Organizing Committee of the "16th Men's Junior / Masters / Divyang Bodybuilding Championship 2026". This undertaking has been read over and I understand, and unconditionally accept and agree to the following conditions:

DRUG TESTING CONSENT

1. That, the National Anti-Doping Agency has the right to conduct Dope Testing at this "16th Men's Junior / Masters / Divyang Bodybuilding Championship 2026", pursuant to the IBBF, ABBF, WBPF and National Anti- Doping Agency Rules.
2. That, if I am selected for Dope Testing, I will cooperate fully with the Dope Control officer at all times and will, under the direct observation of a witness, provide a sample of my urine without undue delay.
3. That, I understand and accept that in case of any evasion or wilful and intentional absence by me to give my urine sample for doping to the dope control Officer amounts to violation of Doping Code, which is also punishable under the Law and Code.
4. That, if I am subsequently found guilty of a doping offence, I will respect and abide by the relevant rules and regulations governing results management, including those pertaining to the appeal process.
5. That, I accept sole responsibility to remain current with the rules and regulations governing this Event, including those pertaining to Dope Testing and results management.
6. That, If I am found positive in the Dope test conducted by the National Anti-Doping Agency, then I am aware that IBBF will eliminate my ranking and the said position / ranking will be offered to the next athlete. It is further informed to me that all the Medals / Merit Certificate / Trophy / Cash Award will be withdrawn by IBBF. Further I have also been informed that IBBF may take necessary action in terms of suspension and other penalties deemed fit by IBBF.
7. That I do hereby declare and make oath that I am competing in this Competition free from prohibited performance-enhancing drugs.

Athlete Name : _____ **Date of Birth:** _____

Affiliated State Association: _____

Address: _____

E-Mail ID: _____ **Mobile :** _____

Signature of Athlete

Signature of Team Manager/Coach/Official

Date :

Place :



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"16th Men's Junior / Masters / Divyang Bodybuilding Championship 2026"

WAIVER OF LIABILITY FORM

That I understand that in order to participate as a competitor in competitor "**16th Men's Junior / Masters / Divyang Bodybuilding Championship 2026**" from **7th February – 8th February, 2026** at Karimnagar, Telangana.

I must agree to be bound by this Waiver of Liability and that I do so willingly and of my own free will.

1. That I agree to waive any and all claims I may now and in the future have against, and release from all liability and agree not to sue the World Bodybuilding & Physique Sports Federation (WBPF) , Indian Body Builders Federation, Telangana Body Builders and Physique Association, Karimnagar District Bodybuilding Association, the Organizing Committee of "**16th Men's Junior / Masters / Divyang Bodybuilding Championship 2026**", the WBPF, ABBF, IBBF, Telangana Body Builders Physique Sports Association and Competition officials, volunteers, agents or representatives, the official hotel and official competition venue and their staff, hereinafter referred to as the "Released Parties", for any personal injury, death and property damages, expenses or loss sustained by me as a result of my participation in the Event due to any cause whatsoever, including, without limitation, negligence or breach of statutory duty on the part of the Released Parties.
2. That I agree that medical and personal injury insurance coverage while participating in the "**16th Men's Junior / Masters / Divyang Bodybuilding Championship 2026**" is solely my responsibility and that I agree to be responsible for and to pay for any and all costs that may arise as a result of my requiring medical and/or other special services and, in any event, should the Released Parties incur any cost for any such services for me personally, I agree to reimburse the Released Parties for all costs of these services as may be incurred by them for my benefit or at my request.
3. In entering into this agreement, I am not relying on any oral, written or visual representations or statements made by the Released Parties to induce me to participate in this Event.
4. I confirm that I am the full age of majority and that I have read and understood this agreement prior to signing it and agree that this agreement will be binding upon me, my heirs, next of kin, executors, administrators and successors.

Athlete Name : _____ **Date of Birth:** _____

Affiliated State Association: _____

Address: _____

E-Mail ID: _____ **Mobile :** _____

Signature of Athlete

Signature of Team Manager/Coach/Official

Date :

Place :



: CORRESPONDANCE ADDRESS :

Pathare Gymco : 280/A, Jawalkar Mansion, Dr. B. Ambedkar Road, Parel, Mumbai – 400 012, Maharashtra, India
Mobile : +91-99679-71970 **Email** : ibbfmumbai09@gmail.com **Website** : www.ibbf.in



Affiliated to:

- World Bodybuilding And Physique Sports Federation (WBPF)
- Asian Bodybuilding And Physique Sports Federation (ABPF)
- South Asian Bodybuilding And Physique Sports Federation (SABBF)

Recognized By:

- The Association For International Sport For All (TAFISA)
- General Association of World Sports Federation (GAWSF)
- Foundation for Sport, Development & Peace (FSDP)
- International Sports Council (ISC)
- International Council of Sport Science and Physical Education (ICSSPE)

- World Leisure Organization (WLO)
- World Sports University (WSU)
- International Sport And Culture Association (ISCA)
- Pacific Games Council (PGC)

"16th Men's Junior / Masters / Divyang Bodybuilding Championship 2026"

AGE FRAUD UNDERTAKING

To,
The General Secretary,
Indian Body Builders Federation
Mumbai.

I, _____ aged _____ resident _____ of _____

_____ representing _____ State/ Government Sport Board Affiliated unit to Indian Body Builders Federation, do state on oath and solemn affirmation as under: -

That, I am representing and selected by the _____ Affiliated State / Union Territories / Government Sports Board Unit to Indian Body Builder's Federation to participate in the "**16th Men's Junior / Masters / Divyang Bodybuilding Championship 2026**" from **7TH February-8TH February, 2026** at Karimnagar, Telangana, India under the aegis of Indian Body Builders Federation.

1. That, my date of birth is _____ and my age on 31st December, 2026 is _____ years.
2. That, I state that whatever documents I have annexed as the proof for my date of birth are true and correct to my knowledge. In case the same are found to be forged, then I am solely responsible for the same and that I may be charged under the provisions of Indian Penal Code and other penal Laws.
3. That, I am fully aware that the National Anti-Doping Agency, New Delhi is going to conduct Random Doping Tests in the said competition and if called for the same I undertake to undergo it and fully co-operate in the same.
4. If my "A" sample is declared positive for banned substance, I am aware that I have the right to a "B" sample analysis. I am also aware that I must notify the IBBF, in writing and within thirty days of the date of receiving notification of my "A" sample positive finding that I wish to exercise my right to a "B" sample analysis the whole at no cost to be IBBF, failing which the "A" sample result shall be considered final. I undertake to appear before the National Anti-Doping Appellate Panel in New Delhi and fully co-operate in the said proceedings a hearing.
5. That, whatever information is stated in the above-mentioned paragraph 1 to 5 is true to my knowledge and belief and I undertake to abide the same.

Signature of deponent with full name & Address

1. Witness
(State Official)

DATE: _____
PLACE: _____

2. Witness
(State Official)



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