



**Affiliated to :** World Bodybuilding And Physique Sports Federation (WBPF)  
Asian Bodybuilding And Physique Sports Federation (ABBF)  
South Asian Bodybuilding & Fitness Federation (SABBF)

**Recognized by :** The Association For International sport For all (TAFISA)  
World Leisure Organization (WLO)  
General Assembly Of Asian Pacific (GAAPSF), Pacific Games Council (PGC)  
Union of International Association (UIA)

**Date: 06<sup>th</sup> February, 2024**

To,  
**The Secretaries / Executive Committee Members / Life Members**  
Units of Southern India Zone  
Affiliated to Indian Body Builders Federation, Mumbai.

Ref. No.: IBBF/SI/CR-05-24

**Sub.: "Dreams Classic" - South India Zone Men's Body Building Championship 2024**

**Dear Sir/Madam**

The Indian Body Builders Federation is pleased to extend its Invitation for all its affiliated Units of Southern India Zone (Andhra Pradesh, Telangana, Karnataka, Tamil Nadu, Kerala and Puducherry) to participate in the **"Dreams Classic 2024 - South India Zone Men's Body Building Championship 2024"** organized by Mr. Manjunath Moghaveer, Manju Moghaveer Friends group and M Square Nutrition along with Karnataka Association of Body Builders under in the aegis of the Indian Body Builders Federation. The said competition is held on and from 9<sup>th</sup> – March – 10<sup>th</sup> March, 2024 at **Davangere District Stadium, Davangere, Karnataka.**

We on behalf of Indian Body Builders Federation humbly request all the affiliated Units of Southern India zone to participate with maximum number of athletes to make this championship a grand success.

This Championship is open only for the athletes of the affiliated state association of the Southern India Zone.

Your kind co-operation is solicited.

Thanking you,  
For **Indian Body Builders Federation**

**TV PAULY (ARJUNA AWARDEE)**

**PRESIDENT**



**HIRAL SHETH**

**GENERAL SECRETARY**

**: CORRESPONDENCE ADDRESS :**

Pathare Gymco 280/A, Jawalkar Mansion, Dr. B Ambedkar Road, Parel, Mumbai - 400 012. Maharashtra.  
**Mobile :** +91 9819637300. **Email :** ibbf\_mumbai@yahoo.in **Website :** www.ibbf.in



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## **“Dreams Classic” - South India Zone Men’s Body Building Championship 2024**

### **PARTICULARS**

<b>Contest</b>	:	“Dream Classic” - South India Zone Men’s Body Building Championship 2024.
<b>Date</b>	:	Saturday 9 <sup>th</sup> March & Sunday, 10 <sup>th</sup> March, 2024
<b>Organizer</b>	:	Karnataka Association of Body Builders along with Mr. Manjunath Moghaveer, Manju Moghaveer Friends group and M Square Nutrition
<b>Reception / Registration</b>	:	Davangere District Stadium, Davangere, Karnataka
<b>Venue for Finals</b>	:	Davangere District Stadium, Davangere, Karnataka
<b>Nearest Railway</b>	:	Davangere Railways Station
<b>Nearest Airport</b>	:	Hubli Airport
<b>Hotels</b>	:	IBBF Officials – (will be informed later) South Zone Officials – (will be informed later) Athletes – (will be informed later)
<b>Weight Group</b>	:	
<b>Men’s Bodybuilding</b>	:	<b>Total 10 Weight Groups</b> Up to & inclusive 55 kgs Up to & Inclusive 60 kgs Up to & inclusive 65 kgs Up to & Inclusive 70 kgs Up to & inclusive 75 kgs Up to & inclusive 80 kgs Up to & inclusive 85 kgs Up to & inclusive 90 kgs Up to & inclusive 90 - 100 kgs Up to & inclusive Above 100 kgs
<b>Eligibility</b>	:	All the affiliated Units of Southern India Zone only can send Maximum numbers of body builders since there is no limit on numbers of athletes.
<b>Doping</b>	:	Dope test will be conducted at random by the

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National Anti-Doping Agency (NADA), New Delhi

**Prizes & Awards for :**  
Men's Body Building :

1. First Five places in each category will receive cash prize of Rs. 15000/-, Rs. 12000/-, Rs. 10000/-, Rs. 8000/-, Rs. 5000/- respectively along with Medal and Certificates.
2. Overall, Champion will receive Cash Prize of Rs.1,00,000/- along with Trophy and Certificate.  
Runner Up – Rs.50000/-, along with Certificate.  
Second Runner Up – Rs. 25000/-, along with Certificate.  
Best Poser – Rs. 10000/- along with Certificate.
3. All the participants will receive participation certificate.

#### Entry Fees

**Men's Bodybuilding :** Rs.1000/- per competitor

**Last Date for Entry :** 2<sup>nd</sup> March, 2024

**Contact :** Mr. Ajit Siddanavar – 9844063043  
Mr. G D Bhatt – 9448526462  
Mr. M Gangadhar - 9845857230  
Mr. Manjunath Moghaveer - 9008862711

**IBBF Secretariat :** Ms. Hiral Sheth –General Secretary  
Mobile: 9819637300

- Rules for the Contest :**
1. Team Managers please note that the competitors who fail to report for the weighing-in within the time limit will be eliminated from the championship.
  2. All officials and competitors must arrive prior to the schedule.
  3. Team Manager please note Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets, pillow covers and wall paint stained by the same and the State Association/Union Territories will have to bear the cost of the same before departure.
  4. All the officials, managers, coaches are requested to come in uniform prescribed by IBBF will not be allowed to participate in any official activities and will not be allowed to sit as judge.
  5. Golden, Silver, and Bronze color tanning cream is not allowed.

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6. The lodging and boarding will be provided for two night only to the athletes and the officials. Those who arrive early or wish to stay later will have to make their own arrangements.

**Please Note**

: The **Indian Body Builders Federation** and **Karnataka Association of Body Builders** and no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.

**SCHEDULE**

**Saturday, 09<sup>th</sup> March, 2024**

- 10.00 am onwards : Arrival of all competitors, officials and judges & Registration & Weighing – in of the Athletes
- 01.00 pm to 02.00 pm : Lunch
- 04.00 pm onwards : Team Manager & Judges Meeting
- 09.00 pm onwards : Dinner

**Sunday, 10<sup>th</sup> March, 2024**

- 08.00 am – 09.00 am : Breakfast
- 10.00 am – 11.00 am : Executive Committee Meeting of the South Zone India
- 1.00 pm – 2.00 pm : Lunch
- 5.00 pm onwards : Commencement of Finals & Prize Distribution
- 10.00 pm onwards : Dinner

**Monday, 11<sup>th</sup> March, 2024**

- 08.00 am onwards : Departure

**PLEASE NOTE NO PICK UP AND DROP WILL BE PROVIDED BY THE ORGANISERS**

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**“Dreams Classic” - South India Zone Men’s Body Building Championship 2024**

**OFFICIAL ENTRY FORM**

Please fill this entry form and return on or before 2<sup>nd</sup> March, 2024

SR.	NAME	CONTACT NO	CATEGORY	WEIGHT
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				

Please complete with name of competitors, team manager, coach & judges.

TEAM MANAGER: \_\_\_\_\_ COACH: \_\_\_\_\_

JUDGE: \_\_\_\_\_ JUDGE: \_\_\_\_\_

UNIT NAME: \_\_\_\_\_

TRAIN No. & ARRIVAL TIME: \_\_\_\_\_

TRAIN No. & DEPARTURE TIME: \_\_\_\_\_

SEAL

SIGNATURE OF PRESIDENT/SECRETARY

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Date: 06<sup>th</sup> February, 2024

To,  
The Executive Committee Members  
Southern India Zone

## **EXECUTIVE COMMITTEE MEETING**

### **NOTICE**

Notice is hereby given to all the members of the Executive Committee of the Southern India Zone, that a Meeting of the Executive Committee will be held on Saturday, 10<sup>th</sup> March, 2024 at 10.00 am at Davangere, Karnataka; during **"Dreams Classic" - South India Zone Men's Body Building Championship 2024** to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

### **AGENDA**

1. To confirm the minutes of the last Executive Committee Meeting.
2. To discuss and confirm the registration of the South India Zone Body.
3. Any other matter with the permission of chair.

For Indian Body Builders Federation

**TV PAULY (ARJUNA AWARDEE)**

**PRESIDENT**

**HIRAL SHETH**

**GENERAL SECRETARY**



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