



Affiliated to : World Bodybuilding And Physique Sports Federation (WBPF)
Asian Bodybuilding And Physique Sports Federation (ABBF)
South Asian Bodybuilding & Fitness Federation (SABBF)

Recognized by : The Association For International sport For all (TAFISA)
World Leisure Organization (WLO)
General Assembly Of Asian Pacific (GAAPSF), Pacific Games Council (PGC)
Union of International Association (UIA)

Date: 10th December, 2023

To,
The Secretaries / Executive Committee Members / Life Members
Units of Western India Zone
Affiliated to Indian Body Builders Federation, Mumbai.

Ref. No.: IBBF/WZ/CR-03-2023

Sub.: "Mayor Trophy - Western India Zonal Body Building Championship 2023"

Dear Sir/Madam

The Indian Body Builders Federation is pleased to extend its Invitation for all its affiliated Units of Western India Zone to participate in the **"Mayor Trophy – Western India Zonal Body Building Championship 2023"**; in the memory of Deputy Mayor Late Shri Premnarayan Yadav and under the Patronage of **Ujjain Nagar Palik Nigam and Rajya Sharir Sausthav Sanstha, Ujjain, Madhya Pradesh**. The said competition is organized on 30th December, 2023 at Kartik Mela Parisar, Near Kshipra River, Ujjain.

We on behalf of Indian Body Builders Federation humbly request all the affiliated Units of Western India zone (Chhattisgarh, Gujarat, Goa, Vidharbha, Maharashtra and Madhya Pradesh) to participate with best of their body builders to make this championship a grand success.

This Championship is open only for the athletes of the affiliated state association of the Western India Zone.

Your kind co-operation is solicited.

Thanking you,

For Indian Body Builders Federation

Hiral Sheth
General Secretary



: CORRESPONDENCE ADDRESS :

Pathare Gymco 280/A, Jawalkar Mansion, Dr. B Ambedkar Road, Parel, Mumbai - 400 012. Maharashtra.
Mobile : +91 9819637300. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Affiliated to : World Bodybuilding And Physique Sports Federation (WBPF)
Asian Bodybuilding And Physique Sports Federation (ABBF)
South Asian Bodybuilding & Fitness Federation (SABBF)

Recognized by : The Association For International sport For all (TAFISA)
World Leisure Organization (WLO)
General Assembly Of Asian Pacific (GAAPSF), Pacific Games Council (PGC)
Union of International Association (UIA)

“Mayor Trophy – Western India Zonal Body Building Championship 2023”

PARTICULARS

| | | |
|---------------------------------|---|---|
| Contest | : | Mayor Trophy – Western India Zonal Body Building Championship 2023 |
| Date | : | Saturday, 30 th December, 2023 |
| Organizer | : | Ujjain Nagar Palik Nigam and Rajya Sharir Saushtav Sanstha |
| Reception / Registration | : | Hotel Grand, Behind Ujjain Railway Stn., Ujjain. |
| Venue for Finals | : | Kartik Mela Parisar, Near Kshipra River, Ujjain |
| Nearest Railway Station | : | Ujjain, M.P. |
| Nearest Airport | : | Indore |
| Weight Group | | |
| Men’s Bodybuilding | : | Total Ten Weight Groups Up to & inclusive 55 kgs Up to & Inclusive 60 kgs Up to & inclusive 65 kgs Up to & Inclusive 70 kgs Up to & inclusive 75 kgs Up to & Inclusive 80 kgs Up to & inclusive 85 kgs Up to & Inclusive 90 kgs Up to & Inclusive 100 Kg Above 100 Kgs |
| Eligibility | : | All the affiliated Units of Western India Zone only can send Maximum numbers of body builders since there is no limit on numbers of athletes. |
| Doping | : | Dope test will be conducted at random by the National Anti-Doping Agency (NADA), New Delhi |

: CORRESPONDENCE ADDRESS :

Pathare Gymco 280/A, Jawalkar Mansion, Dr. B Ambedkar Road, Parel, Mumbai - 400 012. Maharashtra.
Mobile : +91 9819637300. **Email** : ibbf_mumbai@yahoo.in **Website** : www.ibbf.in



Affiliated to : World Bodybuilding And Physique Sports Federation (WBPF)
Asian Bodybuilding And Physique Sports Federation (ABBF)
South Asian Bodybuilding & Fitness Federation (SABBF)

Recognized by : The Association For International sport For all (TAFISA)
World Leisure Organization (WLO)
General Assembly Of Asian Pacific (GAAPSF), Pacific Games Council (PGC)
Union of International Association (UIA)

Prizes & Awards for :

- Men's Body Building**
1. First Five places in each category will receive Cash Prize, Medals, Certificates and Memento.
 2. First Five places in each category will receive cash Prizes of Rs. 7,000/-, Rs.6,000/-, Rs.5000/-, Rs.4000/-, Rs.3000/- along with Merit Certificates respectively.
 3. Overall, Champion will receive Cash Prize of Rs.50,000/- Along with Merit Certificate.
 4. Best Poser will receive Cash Prize of Rs.10,000/-
 5. Most Improved Body Builder will receive Cash Prize of Rs.10,000/-
 6. Most Muscular Body Builder will receive Cash Prize of Rs.10,000/-
 7. All the participants will receive participation certificate.

NOTE:

Prize money will be given through RTGS so kindly get you Aadhar and Pan card copy along with you.

Entry Fees

Men's Bodybuilding : Rs.1000/- per competitor

Last Date for Entry : 24th December, 2023

Contact : Prem Singh Yadav – 9425091710
Atin Tiwari – 9827414447
Jitendra Kushwaha – 9827360755
Shailendra Vyas – 9425091025

IBBF Secretariat : Ms. Hiral Sheth – General Secretary
Mobile – 98196 37300

- Rules for the Contest**
1. Team Managers please note that the competitors who fail To report for the weighing-in within the time limit will be eliminated from the championship.
 2. All officials and competitors must arrive prior to the schedule.
 3. Team Manager please note Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets, pillow covers and wall paint stained by the same and the State Association/Union Territories and Sports Boards will have to bear the cost of the same before departure.

: CORRESPONDENCE ADDRESS :

Pathare Gymco 280/A, Jawalkar Mansion, Dr. B Ambedkar Road, Parel, Mumbai - 400 012. Maharashtra.
Mobile : +91 9819637300. **Email** : ibbf_mumbai@yahoo.in **Website** : www.ibbf.in



Affiliated to : World Bodybuilding And Physique Sports Federation (WBPF)
Asian Bodybuilding And Physique Sports Federation (ABBF)
South Asian Bodybuilding & Fitness Federation (SABBF)

Recognized by : The Association For International sport For all (TAFISA)
World Leisure Organization (WLO)
General Assembly Of Asian Pacific (GAAPSF), Pacific Games Council (PGC)
Union of International Association (UIA)

4. All the officials, managers, coaches are requested to come in uniform prescribed by IBBF will not be allowed to participate in any official activities and will not be allowed to sit as judge.
5. Golden, Silver, and Bronze colour tanning cream is not allowed.
6. It is compulsory for the participants participating for Best Poser contest to bring their own music CD, Vulgar songs and actions will not be allowed and the said participant will be banned from the Best Poser contest.

Please Note : The Indian Body Builders Federation, Rajya Sharir Saushtav Sanstha, Ujjain, Madhya Pradesh., Ujjain Nagar Palik Nigam or no other organizers will not be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.

SCHEDULE

Saturday 30th December, 2023

Upto 10.00 AM : Arrival of all competitors, officials and judges
Venue: Grand Hotel Tower.

8.00 AM to 11.00 AM : Breakfast (Grand Hotel Tower.)

12.00 pm to 2.00 pm : Lunch (Grand Hotel Tower F Wing.)

11.00 AM to 01.00 PM : Weighing-in (Grand Hotel Tower F Wing.)

05.00 PM Onwards : Commencements of Finals (Kartik Mela Parisar, Near Kshipra River, Ujjain)

10.00 PM : Prize Distribution (Kartik Mela Parisar, Near Kshipra River, Ujjain)

11.00 PM : Dinner (Grand Hotel)

Sunday 31st December, 2023

9.00 AM Onwards : Departure

: CORRESPONDENCE ADDRESS :

Pathare Gymco 280/A, Jawalkar Mansion, Dr. B Ambedkar Road, Parel, Mumbai - 400 012. Maharashtra.
Mobile : +91 9819637300. **Email** : ibbf_mumbai@yahoo.in **Website** : www.ibbf.in



Affiliated to : World Bodybuilding And Physique Sports Federation (WBPF)
Asian Bodybuilding And Physique Sports Federation (ABBF)
South Asian Bodybuilding & Fitness Federation (SABBF)

Recognized by : The Association For International sport For all (TAFISA)
World Leisure Organization (WLO)
General Assembly Of Asian Pacific (GAAPSF), Pacific Games Council (PGC)
Union of International Association (UIA)

"Mayor Trophy - Western India Zonal Body Building Championship 2023"
OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 24th December, 2023

Please complete with name of competitors, team manager, coach & judges.

| SR. | NAME | DATE OF BIRTH | CATEGORY | WEIGHT |
|-----|------|---------------|----------|--------|
| 1. | | | | |
| 2. | | | | |
| 3. | | | | |
| 4. | | | | |
| 5. | | | | |
| 6. | | | | |
| 7. | | | | |
| 8. | | | | |
| 9. | | | | |
| 10 | | | | |
| 11 | | | | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |
| 20 | | | | |
| 21 | | | | |

TEAM MANAGER: _____ COACH: _____

JUDGE: _____ JUDGE: _____

UNIT NAME: _____

TRAIN No. & ARRIVAL TIME: _____

TRAIN No. & DEPARTURE TIME: _____

SEAL

SIGNATURE OF PRESIDENT/SECRETARY