



# 57TH ASIAN AND 19TH SOUTH EAST ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS 2025

18th to 25th August 2025 - Bangkok City, Kingdom of Thailand

Organized by: Thailand Bodybuilding and Physique Sports Association

Under the umbrella of the Asian Bodybuilding and Physique Sports Federation

Approved and sanctioned by: World Bodybuilding and Physique Sports Federation & Sports Authority of Thailand and National Sports Development Fund Under the supervision of Ministry of Tourism and Sports

## COMPETITION TERMS AND RULES

REGISTRATION FEES	
Official & Athletes Registration Fees	<p>The total amount of USD 850 for each person for the duration of 7 night stay in a twin-bedded sharing room. (No triple room will be provided for delegates &amp; athletes with the exception for a child under 12 years old accompanied by their parents upon request, it could be arranged.)</p> <p>This fee includes hotel accommodation, 3 meals per day, a shuttle to and from the International Airport to the hotel and to the competition venue and farewell party.</p> <p>The price of the double rooms (USD 850 /7 nights per person x 2 persons USD1700.00. Single room price USD 1250 for 7 nights. These prices are available for the officials and delegates as well.</p>
IMPORTANT NOTICE	
<p><b>Please note it is compulsory for all the participating athletes, officials and judges must stay in the official hotel provided by the organisers. Those who do not stay in the official hotel will not be allowed to participate in the said championship.</b></p>	
ABPF Executive Committee:	<p>Effective immediately, the following accommodation arrangements will apply to Executive Committee members attending official events.</p> <p>Executive Vice-Presidents, Vice-Presidents, and Secretaries of Sub-Committees will be provided with twin-bed sharing rooms on gratis.</p> <p>If any member accompanied by their spouse requesting a twin bed, they need to pay \$400.00 more for their spouse.</p> <p>If any of the Executive Vice-Presidents Vice President or Sub-Committee Secretaries member prefers a single bedroom, an upgrade fee of \$400.00 will be applicable.</p> <p>Please note that this policy applies to all future Asian and Regional events, and members are expected to make necessary arrangements accordingly.</p>
Early Arrivals and Late Departures	<p>Officials and athletes arriving early may check directly with the hotel provided by the organizer, however, as from 18th to 25th August 2025, they have to comply with the Organizing Committee rules and abide to pay the charges in full to the host country, failing which they will not be eligible to participate. Transportation to the hotel for early arrivals and late departures will not be the responsibility of the organizer.</p>

### THAILAND BODYBUILDING & PHYSIQUE SPORTS ASSOCIATION

19th Floor, Chaloeprakiat Bldg. 286 Sport Authority of Thailand, Ramkamhaeng Road, Bangkok, Bangkok 10240 - Thailand

Tel: (662) 170-9601 | Email: [tbpathai@hotmail.com](mailto:tbpathai@hotmail.com) | website: [www.tbpa.or.th](http://www.tbpa.or.th)



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**: PLEASE NOTE :**

**For early arrival and late departure, shuttle services will not be provided. You need to find your own transport.**

**IMPORTANT NOTICE**

Please advise your team before departure not to incur additional expenses.

Extra Officials

Any judges, coaches or trainers who are not officially participating as an Athlete or Delegate will be responsible for all of their own expenses. Only those whose names are officially recommended in the official entry form by the respective national federation will be allowed to participate as an athlete, official, judge and supporter of that respective country. This rule is also applicable for the family members.

**NO EXCEPTION WILL BE MADE UNDER ANY CIRCUMSTANCES.**

Payments

Only cash payments in USD - United States Dollars will be accepted for Registration Fees.  
You may use Credit Card payment in large departmental stores.  
It is to be noted by the Guests that all Malls / Departmental stores / Chemists do not have the facility of accepting US Dollars. The rate of exchange from US\$ to Thai Bath may differ at the time of Registration.

**JUDGES**

In order to assist the ABBF Judges Committee in their selection of judges for this Championship, please forward your nomination for Judges from your National Federation as soon as possible but no later than 01st July, 2025. Judges must possess a WBPF International recognized judge's card and must produce it to the Judges Committee. Judges' nominations are to be sent to: Ms. Christina Y. Kam at [abbf.adm@hotmail.com](mailto:abbf.adm@hotmail.com)

**ALL JUDGES MUST POSSESS A VALID WBPF JUDGES LICENCE CARD TO OFFICIATE IN THE ASIAN/WORLD CHAMPIONSHIPS WITHOUT WHICH THEY SHALL NOT BE ALLOWED TO OFFICIATE AS A JUDGE.**

**IMPORTANT NOTICE**

Each athlete and the official who wishes to participate in the said championship must stay at the official hotel by paying the requisite Registration Fees. Those who bypass the rules and book directly with the hotel will not be eligible to participate in the said championship, attend all the functions (breakfast, lunch, and dinner). No I.D. cards will be issued. They will not be picked up at the airport to the hotel vis a vis for departure as well.

Kindly nominate the names of your judges in advance; last-minute submissions will be rejected. All judges should wear a grey suit with the official logo of WBPF and female judges with a grey blazer with a grey skirt or dress pants.

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## PARTICIPATION RULES

1. Official or any other guests requesting for a single room have to pay the differences levied by the organizer based on the supporter's rates published herein.
2. One judge per country will be allowed on gratis (No registration fee to pay) however, the judge must share a twin bedroom with other judges or officials.
3. However, country participating with woman athlete may send 1 (one) extra female judge and no need to pay the registration fee as well but need to share a twin bedroom with another official.
4. If more than 2 (two) judges (one male and one female) are nominated, he or she has to pay the registration fee, however, a country will be limited to enter two extra judges only, including one female judge to enjoy this privilege on sharing a twin room.

## ADDITIONAL IMPORTANT NOTICE

1. No smoking is allowed at the venue hall. A fine will be imposed if you break the Rules at the venue.
2. The host country shall not be responsible for any loss of valuables or passports etc. It is the responsibility of the team manager of each country to take care of this kind of situation. Any charges incurred for their extra days' stay or other expenses have to be borne by themselves.
3. Supporters who are arriving with the athletes (family members) will not be picked up from the airport or shall be boarded on the bus for the return trip to the airport.

5-star Alexander Hotel in Bangkok, Kingdom of Thailand shall be the official hotel for all delegates and athletes.

### ALEXANDER HOTEL BANGKOK

Address:

1 Ramkhamhaeng 83/3 Rd. (Alexander) Huamark, Bangkapi, Bangkok, Thailand 10240.

**THE COMPETITION REGULATIONS AND DAY TO DAY PROGRAM SHALL BE SENT TO YOU AFTER THE INSPECTION OF THE HOTEL AND COMPETITION VENUE.**

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# 57TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS AND 19TH SEABPF CHAMPIONSHIPS 2025

18<sup>TH</sup> TO 25<sup>TH</sup> AUGUST 2025

BANGKOK, KINGDOM OF THAILAND

Organized By: Thailand Bodybuilding & Physique Sports Association

## COMPETITION REGULATIONS

<b>Venue of Competition</b>	
Date	18 <sup>th</sup> – 25 <sup>th</sup> August, 2025
Venue	Bangkok, Kingdom of Thailand
Hotel for Officials, Delegates, Supporters, Athletes, Team Managers & Coaches	1 Soi Ramkhamhaeng 83/3, Khwaeng Hua Mak, Khet Bang Kapi, Krung Thep Maha Nakhon 10240, Thailand  Tel : <a href="tel:+6627158888">+66 2 715 8888</a>
<b>A SIMPLE GUIDELINE ON COMPETITION REGULATIONS FOR THE 57<sup>TH</sup> ASIAN BODYBUILDING &amp; PHYSIQUE SPORTS CHAMPIONSHIPS IN BANGKOK, KINGDOM OF THAILAND</b>	
Secretariat	The Organizing Committee will maintain a Secretariat at the The Hotel from 8.00 AM to 10.00 PM from 18 <sup>th</sup> to 25 <sup>th</sup> August, 2025. You may obtain information and assistance from the Secretariat.
<b>Weigh-in and Registration</b>	
Registration for athletes and Weigh-in will take place at the 5 <sup>th</sup> floor Evergreen Room at Alexander Hotel at (please refer to the day-to-day program) for full details. It is the responsibility of the Chief Delegate or Team Manager to make sure that all athletes are on time for the Weigh-in and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will be disqualified and will have to pay for all of his own expenses.	
<b>IMPORTANT NOTICE</b>	
<ul style="list-style-type: none"> <li>Each athlete must bring his/her passport and posing music to the weigh-in and registration, failing which the athlete weigh-in will not be processed.</li> <li>No G-string bikinis are allowed. An athlete must comply with specification sheet attached and they must produce their bikinis for verification and approval for the pre-judging and finals at the weigh-in area.</li> <li>During the weigh-in, all female athletes should be properly dressed. NO PYJAMAS OR NIGHT GOWNS are allowed. This is to protect the image of our sport in the event press or VIPs were to be present during the weigh-in, it will put our sport in an awkward position. Please use track suits or a decent dress/jeans.</li> </ul>	



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	<ul style="list-style-type: none"> <li>• At the parade of the nations, if you were to allocate female athletes, she should also appear in a track suit and not in a bikini.</li> <li>• All female athletes are to be reminded that they are participating in a sporting event and not in entertainment venues like night clubs, therefore, we should ask the women to change their behaviour when they come on to the stage in the “walk-in” wiggling their rear ends or looking back into the audience when they stand in the quarter turn facing the back of the stage and stretching out their butt and winking at the judges and the audience. This is not a sports presentation, and it will be seen as sexual harassment to the public.</li> </ul>
Backstage Access / Dressing Room Access	Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.
Camera/Video Tape Equipment	Camera and /or Videotape equipment shall be strictly prohibited in the backstage and /or dressing room areas except when used by the ABBF/WBPF authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.
Parade of Nations	National dress code or track suits to be worn by delegates and /or officials taking part in the Parade of Nations. Only one (1) delegate and two (2) competitors per country must take part in the Parade of the Nations.
Entry Pass Card	Entry Pass will be issued to the Weigh-in and backstage area during the Weigh-in, Pre-judging and Finals. It will be distributed at the Judges/Team Managers Meeting as follows: Five (5) or more competitor – Two (2) Passes will be issued and less than five (5) competitors, one (1) Entrance Pass will be given.
Media Accreditation	All media accreditation, except local media, shall be controlled by the WBPF. All persons wishing to obtain media accreditation for this event must register with the WBPF by completing and signing the WBPF Media Accreditation Form. The form must be submitted to the WBPF by email at <a href="mailto:abbf.adm@hotmail.com">abbf.adm@hotmail.com</a> , <a href="mailto:abbf.secretary@yahoo.com">abbf.secretary@yahoo.com</a>
Athletes without Delegates	All athletes competing at WBPF/ABBF Championships must be members in good standing of their National Federations. Any athlete who arrives without a delegate must carry on the official letter of Authorization of Participation from his/her



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	National Federation, failing which the athletes will not be eligible to participate.
Failure to Honour Final Entry Form Deadline.	Deadlines are set to assist the Organizer with arranging accommodations, meal, onsite transportation and other Championship's activities. A failure to respect these deadlines is a breach of the ABBF rules. If a National Federation fails to respect the deadline written on the Final Entry Form, each "Official Participant" from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Pre-judging, Finals and Farewell Banquet. US\$300.00 Penalty Fee for failure to submit the Final Entry Form as per closing dates will be imposed.
Misrepresentation	Misrepresentation is a serious breach of the ABBF Code of Ethics and occurs when an "Official" of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation, and access to the prejudging. Finals and farewell Banquet, and other amenities at the expense of the organizer. Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called athlete fail to officially register as a competitor at the Weigh-In or, once having officially.
Medical Withdrawal	Once officially registered, no Athlete may withdraw from the competition, without the prior approval of the ABBF Judges Chairman, who has the right to verify the reason for the withdrawal. Any National Federation that fails to seek the prior approval of the ABBF Judges Chairman before withdrawing an athlete shall, for that athlete's non-participation, be fined an amount equal to the Special Package Rate.
Attendance at the ABBF Congress	All National Federations officially participating in the Championships must attend the Congress meeting, including National Federations with athletes and no delegates. In this case, the athlete must attend and represent his country at the congress.
Electrical Current	220 voltage at 60 hertz outlet plugs two round holes.
Language	The official language in Bangkok is Thai . English is commonly spoken in hotels and some restaurants/shopping centres.



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Doping	Doping will be conducted by the WBPF/ABBF Anti-Doping Committee.
National Anthem	You should also provide your National Anthem (shortened version) on Pen drive ( CD or cassette not acceptable).
Posing Music	Posing music must be on Pen drive only and produced with good quality. Each competitor must affix his/her name on the Pen drive for easy identification. <b>The USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED.</b>

***VERY IMPORTANT LATEST NOTICE :***

Please refer to our circular dated 14<sup>th</sup> November 2024 attached herewith. EACH PARTICIPANT IS ONLY ALLOWED TO PARTICIPATE IN **”ONE”** discipline. Participants are not permitted to enter multiple categories within the same discipline.



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