



**Affiliated to :** World Bodybuilding And Physique Sports Federation (WBPF)  
Asian Bodybuilding And Physique Sports Federation (ABBF)  
South Asian Bodybuilding & Fitness Federation (SABBF)

**Recognized by :** The Association For International sport For all (TAFISA)  
World Leisure Organization (WLO)  
General Assembly Of Asian Pacific (GAAPSF), Pacific Games Council (PGC)  
Union of International Association (UIA)

**Date: 10<sup>th</sup> January, 2024**

**To**  
**The Secretaries / Executive Committee Members / Life Members**  
**State Body Building Associations / Union Territories / Government Sports Board**  
**(Affiliated to M/s. Indian Body Builders Federation, Mumbai)**

Ref. No.: IBBF/SARAI/CR-04/2024

**Sub.: "35<sup>th</sup> Mr. Saraighat 2024"**  
**(All India Classic Invitational Bodybuilding & Women's Model Physique Championship)**

**Dear Sir / Madam,**

We are pleased to announce that **Assam Body Builders & Fitness Association** has taken initiative under the leadership and guidance of **Mr. Bhabhajyoti Goswami along with President Mr. Prasanta Borah and Secretary Mr. Himanshu Kalita** and the entire team to organize the most prestigious Body Building Invitational Championship "**35<sup>th</sup> Mr. Saraighat 2024**", **All India Classic Invitational Bodybuilding & Women's Model Physique Championship**, at DTRP Indoor Stadium, Nehru Stadium Complex, Guwahati on **Saturday, 30<sup>th</sup> March, 2024**.

We on behalf of the Indian Body Builders Federation take this opportunity to invite the best Body Builders and officials from affiliated State/Union Territories/ Government Sports Board units to participate in this most prestigious invitational body building championship of the year.

We solicit your kind cooperation and understanding in this regard.

Thanking you,

**For Indian Body Builders Federation**

**Hiral Sheth**

**General Secretary**



**: CORRESPONDENCE ADDRESS :**

Pathare Gymco 280/A, Jawalkar Mansion, Dr. B Ambedkar Road, Parel, Mumbai - 400 012. Maharashtra.  
**Mobile :** +91 9819637300. **Email :** ibbf\_mumbai@yahoo.in **Website :** www.ibbf.in



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## "35<sup>th</sup> Mr. Saraighat 2024"

(All India Classic Invitational Bodybuilding & Women's Model Physique Championship)

### PARTICULARS

<b>CONTEST</b>	:	<b>"35<sup>th</sup> Mr. Saraighat 2024", DTRP Indoor Stadium, Nehru Stadium Complex, Guwahati (All India Classic Invitational Bodybuilding &amp; Women's Model Physique Championship)</b>
<b>DATE</b>	:	<b>SATURDAY, 30<sup>th</sup> MARCH, 2024</b>
<b>VENUE FOR FINALS</b>	:	<b>DTRP Indoor Stadium, Nehru Stadium Complex, Guwahati</b>
<b>Categories</b>	:	
<b>For Men's Body Building</b>	:	One Open Category
<b>Women's Model Physique</b>	:	One Open Category
<b>Prizes</b>	:	
<b>Men's Body Building</b>	:	First Ten winner will receive Cash prizes of Rs.1,50,000/-, Rs.1,00,000/-, Rs.80,000/-, Rs.60,000/-, Rs.50,000/-, Rs.40,000/-, Rs.30,000/-, Rs.25,000/-, Rs.25,000/-, Rs.25,000/- along with the gift items.
<b>Women's Model Physique</b>	:	Top Five winner will receive Cash prizes of Rs.30000/- Rs. 20000/-, Rs.10,000/-, Rs.10,000/-, Rs.10,000/-  All the Athletes and Officials will receive Participation Certificates.
<b>Entry Fees</b>	:	Rs.1000/- per Competitor for Men's Bodybuilding. Rs.3000/- per Competitor for Women's s Model Physique
<b>Contact</b>	:	Mr. Bhabajyoti Goswami – 9401381658 / 7002568150 Mr. Himangshu Kalita – 8876047359
<b>IBBF Secretariat</b>	:	Ms. Hiral Sheth –General Secretary – 9819637300

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- Rules for the Contest :**
1. Strictly only best competitors and **invited IBBF Officials & Judges (Excluding North East)** will be provided with the lodging and Boarding for **ONE NIGHT ONLY** and entry to finals. No other extra officials/judges/team managers/coaches/relatives etc. will be entertained. **Please note last moment hotel accommodation will not be provided by the organizers. Prior entries should be sent on time.**
  2. All officials and competitors must arrive prior to the schedule.
  3. All the officials, and Judges are requested to come in proper uniform prescribed by IBBF, else they will not be allowed to participate in any official activities and will not be allowed to sit as judge.
  4. Golden, Silver, and Bronze color tanning cream is not allowed.
  5. It is compulsory for the Body Builders participating bring their own music CD for the free posing performances to make this show a grand success.
  6. Participants are requested to use proper trunks and tanning cream (No Gold, Silver or Bronze color allowed)

**Entries :** Please send your entries / confirmation on or before 25<sup>th</sup> March 2024  
General Secretary  
Indian Body Builders Federation  
C/o, Pathare Gymco  
280/A, Jawalkar Mansion,  
Dr.B.Ambedkar Road, Parel,  
Mumbai – 400 012. Maharashtra.  
Email – [ibbf\\_mumbai@yahoo.in](mailto:ibbf_mumbai@yahoo.in)

**Please Note :** The Indian Body Builders Federation, Assam Body Builders & Fitness Association or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.



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## SCHEDULE

### **Saturday 30<sup>th</sup> March, 2024**

11.00 AM ONWARDS : Arrival of all competitors, officials & judges  
04.00 PM : Registration of Participants / Officials/ Judges  
05.00 PM : Finals & Prize distribution  
10.00 PM : Farewell Dinner

### **Sunday 31<sup>st</sup> March, 2024**

11.00 AM ONWARDS : Departure of all competitors, officials & judges.

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