



**Affiliated to :** World Bodybuilding And Physique Sports Federation (WBPF)  
Asian Bodybuilding And Physique Sports Federation (ABBF)  
South Asian Bodybuilding & Fitness Federation (SABBF)

**Recognized by :** The Association For International sport For all (TAFISA)  
World Leisure Organization (WLO)  
General Assembly Of Asian Pacific (GAAPSF), Pacific Games Council (PGC)  
Union of International Association (UIA)

**Date: 12<sup>th</sup> December, 2023**

To  
The Secretaries / Executive Committee Members / Life Members  
State Body Building Associations / Union Territories / Government Sports Board  
(Affiliated to M/s. Indian Body Builders Federation, Mumbai)

Ref. No.: IBBF/JN/CR-02/24

**Sub.: "14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport Model  
Physique / Ladies Women's Sport Model Physique and Ladies Women's Swim Suit  
National Championship 2024"**

Dear Sir / Madam,

The Indian Body Builders Federation is pleased to invite all its affiliated State Units/Union Territories and Government Sports Boards to participate in the **"14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport Model Physique, Ladies Women's Sport Model Physique and Ladies Women's Swim Suit National Championship 2024"**; organized by **JEPPIAAR University** in association with **Tamil Nadu Amateur Body Building Association** on and from **23<sup>rd</sup> – 25<sup>th</sup> February, 2024 at Chennai, Tamil Nadu.**

We are very grateful to Dr. Regeena J Murali, Chancellor, **JEPPIAAR University**, Shri M Rajendrakumar, President, Shri M Arasu, General Secretary and the entire organizing committee of the **Tamil Nadu Amateur Body Building Association** for organizing this Championship in the state of Tamil Nadu.

We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Government Sports Boards to participate with best of their athletes as mentioned in the rules prescribed in this circular to make this championship a grand success.

We solicit your kind cooperation and understanding in this regard.

Thanking you,

For **Indian Body Builders Federation**

**TV PAULY (ARJUNA AWARDEE)**

**PRESIDENT**



**HIRAL SHETH**

**GENERAL SECRETARY**



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**"14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport  
Model Physique/ Ladies Women's Sport Model Physique and Ladies Women's  
Swim Suit National Championship 2024"**

**PARTICULARS**

- Contest :** "14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport Model Physique/ Ladies Women's Sport Model Physique and Ladies Women's Swim Suit National Championship 2024"
- Date :** Friday, 23<sup>rd</sup> – Sunday, 25<sup>th</sup> February, 2024
- Organizer :** JEPPIAAR University  
Tamil Nadu Amateur Body Building Association
- Reception / Registration :** Late Col. Jeppiaar Auditorium, Jeppiaar University, Chennai, Tamil Nadu
- Venue for Pre-Judging & Finals:** Late Col. Jeppiaar Auditorium, Jeppiaar University, Chennai, Tamil Nadu
- Nearest Railway :** Chennai Central (33 kms.) Approx. 1hr. & 25 mins.  
**No pick up and drop will be provided by the organizer**
- Nearest Airport :** Chennai Airport (27 kms) Approx. 1 Hour.  
**No pick up and drop will be provided by the organizer**
- Organizers Contact :** Mr. M. Arasu – 9841030772  
Mr. K. Balamurugan – 9600769089  
Mr. V. Jayaprakash – 9884480008  
Mr. S. Ranjit – 9043590845
- IBBF Secretariat :** Ms. Hiral Sheth – General Secretary  
Mobile: 98196 37300
- Weight Group for Junior :** Total Six weight Category  
Upto & inclusive 55 kgs  
Upto & inclusive 60 kgs  
Upto & inclusive 65 kgs  
Upto & inclusive 70 kgs  
Upto & inclusive 75 kg  
Above 75 kgs

**: CORRESPONDENCE ADDRESS :**

Pathare Gymco 280/A, Jawalkar Mansion, Dr. B Ambedkar Road, Parel, Mumbai - 400 012. Maharashtra.  
**Mobile :** +91 9819637300. **Email :** ibbf\_mumbai@yahoo.in **Website :** www.ibbf.in



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- Group for Divyang Bodybuilding** : Up to & inclusive 60 kgs  
Above 60 kgs
- Age Group for Masters Bodybuilding:** Total Five age groups  
1) 40 years -49 years – Up to 80 Kg  
2) 40 years - 49 years - Over 80 Kg  
3) 50 years – 60 years – Up to 80 Kg  
4) 50 years – 60 years - Over 80 Kg  
5) Above 60 years- one open categories
- Junior Men’s Sport Physique** : Below 21 years - One Open Category
- Junior Women’s Sport Model Physique** : Below 21 years - One Open Category
- Ladies Women’s Sport Model Physique** : **Above** 30 years – One Open Category
- Ladies Women’s Swim Suit** : **Above** 30 years – One Open Category
- Eligibility Juniors Body Building** : Below 21 years of age  
**Athletes born on & after 23<sup>rd</sup> February 2003 are eligible to participate in Junior category**  
**Eight** Body Builders from each Affiliated State/UT/Government Sports Board and not more than two body builders in each group will be allowed.
- Masters Body Building** : **Athletes born on & before 23<sup>rd</sup> February, 1984 are Eligible to participate in Masters category**  
1. Those who are above 40 years and below 49 years of age.  
2. Those who are above 50 years and below 60 years of age.  
3. Those who are above 60 years of age.  
**Three** Bodybuilders in each Masters Category from each State/UT/Government Sports Board will be allowed.
- Divyang Body Building** : **Three** athletes in each category from each State/ UT/ Government Sport Board will be allowed.

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**Also, please note athletes who are physically disabled below waist line and with major medical disabilities or severe accidental medical conditions would be allowed to participate. If any athletes are found ineligible as he does not fit in the above mention criteria IBBF reserve the right to reject his participation.**

- Junior Men's Sports Physique** : **Below 21 years of age**  
**Athletes born on & after 23<sup>rd</sup> February, 2003 are eligible to participate in Junior category.**  
Three athletes in this Category from each State/UT/Government Sports Board will be allowed
- Junior Women's Sports Model Physique** : **Below 21 years of age**  
**Athletes born on & after 23<sup>rd</sup> February, 2003 are eligible to participate in Junior category.**  
In this Championship, State association/ UT /Government Sports Board can send their best athletes and there is no limit for the same.
- Ladies Women's Sports Model Physique** : **Athletes born on & before 23<sup>rd</sup> February, 1994 are eligible to participate in Ladies category.**  
In this Championship, State/ UT / Government Sports Board can send their best athletes and there is no limit for the same.
- Ladies Women's Swim Suit** : **Athletes born on & before 23<sup>rd</sup> February, 1994 are eligible to participate in Ladies category.**  
In this Championship, State/ UT / Government Sports Board can send their best athletes and there is no limit for the same.

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## Testimonials

: All the athletes are requested to produce their following Documents **M Aadhar Card / Passport and PAN Card which has the Date of Birth clearly mentioned** in it. Along with one self-attested Photo Copy at the time of weighing in. Those who fail to produce original certificate will not be entitled to participate in the championship.

Please take a note it is compulsory to all the affiliated units to send the testimonial documents (**Aadhar Card / Passport and PAN Card which has the Date of Birth clearly mentioned**) along with entry form and doping consent form and waiver liability form clear scanned copies over email on and **before 31<sup>st</sup> January, 2024.**

**Orthopedic Doctor/Dental Surgeon / Medical Practitioner may be recruited to find the genuine age of the athlete as per his body status and if Orthopedic Doctor/Dental Surgeon / Medical Practitioner after accessing the athlete finds him to be over age, then such athlete will be restricted and suspended from participation and the further legal and criminal proceedings will be initiated against such athlete and the state unit as per the Government of India, National Sports Development Code.**

**Also, the same legal and criminal proceedings along with fine of Rs. 50000/- will be initiated if they are found with fake age proof documents submitted.**

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**Annual Fees** : All those affiliated State Associations /Union Territories / Government Sports Board who have not paid their Annual Membership Fees for the year 2023.

### Entry Fees

Junior & Masters Bodybuilding : Rs.1000/- per competitor.

Junior Men's Sport Physique : Rs. 3000/- per competitor.

Junior Women Sport Model Physique : Rs.3000/- per competitor.

Ladies Women Sport Model Physique : Rs.3000/- per competitor.

Ladies Women Swim Suit : Rs.3000/- per competitor.

Divyang Bodybuilding : NO ENTRY FEE

**Last Date for Entry** : **31<sup>st</sup> January, 2024.**

Submission of entries : Entries will be accepted in Prescribed format Entries may be sent to

1. General Secretary  
Indian Body Builders Federation  
C/o. Pathare Gymco  
280/A, Jawalkar Mansion,  
Dr. B. Ambedkar Road,  
Parel, Mumbai-400 012.  
Maharashtra.  
Email: [ibbf\\_mumbai@yahoo.in](mailto:ibbf_mumbai@yahoo.in)

**Prizes & Awards** :

1. First three places in each category will receive Gold, Silver & Bronze Medal
2. Title winner Junior Mr. India will receive medal, Trophy and certificate.
3. First Five places in each category will receive Merit Certificate and Trophy
4. All the Participants will receive Participation Certificates.

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## Doping

: Dope test will be conducted at random by  
The National Anti-Doping Agency (NADA), New  
Delhi.

## Rules for the Contest

1. The competitors and officials who are not present for the registration within the time limit will be eliminated from the competition.
2. All officials and competitors must arrive prior to the schedule.
3. Organizers will provide free lodging and boarding to the invited bodybuilders and officials only for three nights.
4. Each affiliated unit will have to pay a security deposit of Rs. **5000/-** each during registration which will be refunded at the time of checkout once the hotel staff gives clearance of the room articles. Other than the above-mentioned officials, extra officials, supporters and family members will not be provided with lodging and boarding facility.  
We require affiliated unit's co-operation for the same.
5. Organizers will provide free lodging & boarding to the athletes as per the entry form and **one room per unit which includes Team Manager/ Coach/ Judges/ official**. Hence, we request all the units to send not more than 3 officials including Team Manager/ Coach/ Judges/ official. Other than the above-mentioned officials, extra officials, supporters and family members will not be provided with lodging and boarding facility.
6. Please note Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets, pillow covers and wall paint stained by the same.
7. All the officials, and Judges are requested to come in proper uniform prescribed by IBBF otherwise they will not be allowed to participate in official activities and will not be allowed to sit as judge.
8. Golden, Silver, and Bronze colour tanning cream is not allowed.
9. It is compulsory for the Body Builders participating bring their own music CD, (music counts in scoring) Vulgar songs and actions will not be allowed and the

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said participant will be banned from the Best Poser contest.

**Please Note**

: The Indian Body Builders Federation, **JEPPIAAR University and Tamil Nadu Amateur Body Building Association** or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.

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**"14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport  
Model Physique/ Ladies Women's Sport Model Physique and Ladies Women's  
Swim Suit National Championship 2024"**

**SCHEDULE**

**Friday 23<sup>rd</sup> February 2024**

- 08.00 AM ONWARDS : Arrival of all competitors, officials & judges
- 10.00 AM Onwards : Registration / Weighing-in of Athletes  
(Jeppiaar University, Late Col. Jeppiaar Auditorium  
Chennai, Tamil Nadu)
- 01.00 PM TO 03.00 PM : Lunch for athletes and official (to be informed later)
- 04.00 PM TO 04.30 PM : Judges / Team Managers Meeting (to be informed later)
- 07.00 PM ONWARDS : Executive Committee Meeting (to be informed later)
- 09.00 PM ONWARDS : Dinner for athletes and official (to be informed later)

**Saturday 24<sup>th</sup> February, 2024**

- 08.00 AM TO 09.00 AM : Breakfast for athletes and official (to be informed later)
- 09.00 AM TO 11.00 AM : Extra Ordinary General Body Meeting (to be informed later)
- 11.30 AM ONWARDS : Pre-judging  
(Jeppiaar University, Late Col. Jeppiaar Auditorium  
Chennai, Tamil Nadu)
- 12.30 PM TO 03.00 PM : Lunch for athletes and official (to be informed later)
- 09.00 PM : Dinner for athletes and official (to be informed later)

**Sunday 25<sup>th</sup> February, 2024**

- 08.00 AM TO 09.00 AM : Breakfast for athletes and official (to be informed later)
- 11.30 AM ONWARDS : Finals & Prize Distribution  
(Jeppiaar University, Late Col. Jeppiaar Auditorium  
Chennai, Tamil Nadu)



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12.30 PM TO 03.00 PM : Lunch for athletes and official (to be informed later)

09.00 PM : Dinner for athletes and official (to be informed later)

**Monday 26<sup>th</sup> February, 2024**

11.00 AM : Departure of all competitors, officials & judges

**PLEASE NOTE:**

**NO BUSES OR CAR WILL BE ORGANISED FROM AIRPORT, RAILWAY STATION OR BUS STAND TO REACH REGISTRATION VENUE AND BACK.**

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**"14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport  
Model Physique/ Ladies Women's Sport Model Physique and Ladies Women's  
Swim Suit National Championship 2024"**

**OFFICIAL ENTRY FORM**

**Please fill this entry form and return on or before 31<sup>st</sup> January, 2024**

SR.	NAME	CATEGORY	MOBILE NO.	WEIGHT
1		Junior		
2		Junior		
3		Junior		
4		Junior		
5		Junior		
6		Junior		
7		Junior		
8		Junior		
9		Masters (40 -50 yrs) below 80 kg		
10		Masters (40 -50 yrs) below 80 kg		
11		Masters (40 -50 yrs) below 80 kg		
12		Masters (40 -50 yrs) above 80 kg		
13		Masters (40 -50 yrs) above 80 kg		
14		Masters (40 -50 yrs) above 80 kg		
15		Masters (50 -60 yrs)		
16		Masters (50-60 yrs)		
17		Masters (50 -60 yrs)		
18		Masters (60yrs above)		
19		Masters (60yrs above)		
20		Masters (60yrs above)		
21		Divyang		
22		Divyang		
23		Divyang		
24		Divyang		
25		Divyang		
26		Jr. Men's Sport Phy		
27		Jr. Men's Sport Phy		
28		Jr. Women's Model Phy		
29		Jr. Women's Model Phy		
30		Jr. Women's Model Phy		
31		Ladies Women's Model Phy		



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32			<b>Ladies Women's Model Phy</b>	
33			<b>Ladies Swim Suit</b>	
34			<b>Ladies Swim Suit</b>	

TEAM MANAGER: \_\_\_\_\_ COACH: \_\_\_\_\_

JUDGE: \_\_\_\_\_ JUDGE: \_\_\_\_\_

UNIT NAME:  
\_\_\_\_\_

TRAIN No. & ARRIVAL TIME: \_\_\_\_\_ TRAIN No. & DEPARTURE TIME: \_\_\_\_\_

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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Date: 12<sup>th</sup> December, 2023

To,  
**The Executive Committee Members**  
Indian Body Builders Federation  
Mumbai

## **EXECUTIVE COMMITTEE MEETING**

### **NOTICE**

Notice is hereby given to all the members of the Executive Committee of the Indian Body Builders Federation, that a Meeting of the Executive Committee will be held on Friday, 23<sup>rd</sup> February, 2024 at 7.00 pm at Chennai, Tamil Nadu; during "**14<sup>th</sup> Men's Junior / Masters / Divyang/ Jr. Men's & Women's Sport Model Physique / Ladies Women's Sport Model Physique and Ladies Women's Swim Suit National Championship 2024**", to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

### **AGENDA**

1. To confirm the minutes of the last Executive Committee Meeting.
2. To discuss and confirm the venue for Selection Trials of Indian Team participating in the South Asian Championship, Asian Championship and World Championship, 2024 and any other Invitational Championship.
3. To discuss about the letters if any received from Executive Committee Members or State Associations before 15<sup>th</sup> February, 2024.
4. Any other matter with the permission of chair.

For Indian Body Builders Federation

**TV PAULY (ARJUNA AWARDEE)**

**PRESIDENT**

**HIRAL SHETH**

**GENERAL SECRETARY**



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Date: 12<sup>th</sup> December, 2023

To,

**The Secretaries / Executive Committee Members / Life Members  
State Body Building Associations / Union Territories / Government Sports Board  
(Affiliated to M/s. Indian Body Builders Federation, Mumbai)**

### **EXTRA ORDINARY GENERAL BODY MEETING NOTICE**

Notice is hereby given to all the Affiliated Units / Executive Committee Members / Life Members of the Indian Body Builders Federation, that a Meeting of the Extra Ordinary General Body will be held on Saturday, 24<sup>th</sup> February, 2024 at 09.00 am at Chennai, Tamil Nadu; during "14<sup>th</sup> Men's Junior / Masters / Divyang/ Jr. Men's & Women's Sport Model Physique / Ladies Women's Sport Model Physique and Ladies Women's Swim Suit National Championship 2024", to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

#### **AGENDA**

1. To confirm the minutes of the last Executive Committee Meeting.
2. To discuss and confirm the venue for Selection Trials of Indian Team participating in the South Asian Championship, Asian Championship and World Championship, 2024 and any other Invitational Championship.
3. To discuss about the letters if any received from Executive Committee Members or State Associations before 15<sup>th</sup> February, 2024.
4. Any other matter with the permission of chair.

For Indian Body Builders Federation

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**DRUG TESTING CONSENT FORM**

(PLEASE READ THIS FORM CAREFULLY)

In order to participate as a competitor for "14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport Model Physique / Ladies Women's Sport Model Physique and Ladies Women's Swim Suit National Championship 2024" at Chennai, Tamil Nadu, India.

I, the undersigned Athlete do hereby agree to be bound by the WBPF, ABBF & IBBF Constitution and Rules, the WBPF, ABBF & IBBF Rulebook, and the WBPF Anti-Doping Rules and the National Anti-Doping Agency Rules and Regulations of India. I further agree to co-operate fully with the IBBF and the Organizing Committee of the "14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport Model Physique/ / Ladies Women's Sport Model Physique and Ladies Women's Swim Suit National Championship 2024". I have been read over and understand, accept and agree to the following conditions:

**DRUG TESTING CONSENT**

That, the IBBF with the authority of the National Anti-Doping Agency has the right to conduct Dope Testing at this "14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport Model Physique/ / Ladies Women's Sport Model Physique and Ladies Women's Swim Suit National Championship 2024" pursuant to the IBBF, ABBF, WBPF and National Anti-Doping Agency Rules.

1. That, if I am selected for Dope Testing, I will cooperate fully with the Dope Collector Officials at all times and will, under the direct observation of a witness, provide a sample of my urine without undue delay.
2. That, if I am subsequently found guilty of a doping offence, I will respect and abide by the relevant rules and regulations governing results management, including those pertaining to the appeal process.
3. That, I accept sole responsibility to remain current with the rules and regulations governing this Event, including those pertaining to Dope Testing and results management.
4. That, If I am selected for Dope Testing, then till the time of result, IBBF has the right to hold the Medal, Merit Certificate, Trophies, Cash Awards and other any prizes till the time IBBF or me receives the official result of the said Dope Test from the office of the National Anti-Doping Agency.
5. That, If I am found positive in the Dope test conducted by the National Anti-Doping Agency, then I am aware that IBBF will eliminate my ranking and the said position / ranking will be offered to the next athlete. It is further informed to me that all the Medals / Merit Certificate / Trophy / Cash Award will be withdrawn by IBBF. Further I have also been informed that IBBF may take necessary action in terms of suspension and other penalties deemed fit by IBBF.
6. That I do hereby declare and make oath that I am competing in this Competition free from prohibited performance-enhancing drugs.

Name of the Athlete: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Affiliated State Association: \_\_\_\_\_ Address: \_\_\_\_\_

E-Mail ID: \_\_\_\_\_ Mobile No.: \_\_\_\_\_

Signature of Athlete

Signature of Team Manager/ Coach/ Official

Date:

Place:

**"14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport Model Physique/ Ladies Women's Sport Model Physique and Ladies Women's Swim Suit National Championship 2024"**  
**WAIVER OF LIABILITY FORM**

That I understand that in order to participate as a competitor in "**14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport Model Physique/ / Ladies Women's Sport Model Physique and Ladies Women's Swim Suit National Championship 2024**" at Chennai, Tamil Nadu India.

1. I must agree to be bound by this Waiver of Liability and that I do so willingly and of my own free will.

That I agree to waive any and all claims I may now and in the future have against, and release from all liability and agree not to sue the Asian Body Building and Physiques Sports Federation and World Bodybuilding & Physique Sports Federation (WBPF) , Indian Body Builders Federation, the Organizing Committee of "**14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport Model Physique/ / Ladies Women's Sport Model Physique and Ladies Women's Swim Suit National Championship 2024**" the WBPF, ABBF, IBBF and Competition officials, volunteers, agents or representatives, the official hotel and official competition venue and their staff, hereinafter referred to as the "Released Parties", for any personal injury, death and property damages, expenses or loss sustained by me as a result of my participation in the Event due to any cause whatsoever, including, without limitation, negligence or breach of statutory duty on the part of the Released Parties.

2. That I agree that medical and personal injury insurance coverage while participating in the "**14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport Model Physique/ / Ladies Women's Sport Model Physique and Ladies Women's Swim Suit National Championship 2024**" is solely my responsibility and that I agree to be responsible for and to pay for any and all costs that may arise as a result of my requiring medical and/or other special services and, in any event, should the Released Parties incur any cost for any such services for me personally, I agree to reimburse the Released Parties for all costs of these services as may be incurred by them for my benefit or at my request.
3. In entering into this agreement, I am not relying on any oral, written or visual representations or statements made by the Released Parties to induce me to participate in this Event.
4. I confirm that I am the full age of majority and that I have read and understood this agreement prior to signing it and agree that this agreement will be binding upon me, my heirs, next of kin, executors, administrators and successors.

**Name of the Athlete:** \_\_\_\_\_

**Affiliated State Association:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Signature of Athlete**

**Signature of Team Manager/ Coach/ Official**

**Date:**

**Place:**



**"14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport Model Physique/ Ladies Women's Sport Model Physique and Ladies Women's Swim Suit National Championship 2024"**

**AGE FRAUD UNDERTAKING**

To,  
The General Secretary,  
Indian Body Builders Federation  
Mumbai.

I, \_\_\_\_\_ aged \_\_\_\_\_ resident of \_\_\_\_\_

\_\_\_\_\_ representing \_\_\_\_\_ State/ Government Sport Board Affiliated unit to Indian Body Builders Federation, do state on oath and solemn affirmation as under:-

1. That, I am representing and selected by the \_\_\_\_\_ Affiliated State / Union Territories / Government Sports Board Unit to Indian Body Builder's Federation to participate in the **"14<sup>th</sup> Men's Junior / Masters / Divyang / Junior Men's and Women's Sport Model Physique/ Ladies Women's Sport Model Physique and Ladies Women's Swim Suit National Championship 2024"** Chennai, **Tamil Nadu, India** under the aegis of Indian Body Builders Federation.
2. That, my date of birth is \_\_\_\_\_ and my age on 24<sup>th</sup> February, 2024 is below 21 years.
3. That, I state that whatever documents I have annexed as the proof for my date of birth are true and correct to my knowledge. In case the same are found to be forged, then I am solely responsible for the same and that I may be charged under the provisions of Indian Penal Code and other penal Laws.
4. That, I am fully aware that the National Anti-Doping Agency, New Delhi is going to conduct Random Doping Tests in the said competition and if called for the same I under take to undergo it and fully co-operate in the same.
5. If my "A" sample is declared positive for banned substance, I am aware that I have the right to a "B" sample analysis. I am also aware that I must notify the IBBF, in writing and within thirty days of the date of receiving notification of my "A" sample positive finding that I wish to exercise my right to a "B" sample analysis the whole at no cost to be IBBF, failing which the "A" sample result shall be considered final. I undertake to appear before the National Anti-Doping Appellate Panel in New Delhi and fully co-operate in the said proceedings a hearing.
6. That, whatever information is stated in the above-mentioned paragraph 1 to 5 is true to my knowledge and belief and I undertake to abide the same.

Signed on this 24<sup>th</sup> February, 2024 at Chennai, Tamil Nadu, India.

Signature of deponent with full name & Address

1. Witness  
(State Official)

2. Witness  
(State Official)