



## FINAL PLACES COMBINED SCORE SHEET (AMATEUR)

Competition                      #REF!

Place                      #REF!

Date                      ##

| Category   | No. | Competitors              | Country     | Round 1 | Round 2 | Total | Place |
|--|-----|--------------------------|-------------|---------|---------|-------|-------|
| <b>Men's Junior<br/>Bodybuilding up<br/>to 75 kg</b> | 1   | Narender Yadav           | India       | 5       | 5       | 10    | 1 st  |
|  | 2   | Hein Htet Zaw            | Myanmar     | 10      | 10      | 20    | 2 nd  |
|  | 3   | Dinh The Dat             | Vietnam     | 17      | 18      | 35    | 3 rd  |
|  | 5   | Chonlakan Jampanin       | Thailand    | 18      | 18      | 36    | 4 th  |
|  | 4   | Thatthep Ngueakngam      | Thailand    | 24      | 24      | 48    | 5 th  |
| <b>Men's Junior<br/>Bodybuilding<br/>over 75 kg</b>  | 9   | Bishal Poudel            | Nepal       | 5       | 10      | 15    | 1 st  |
|  | 7   | Kumar Anil               | India       | 12      | 8       | 20    | 2 nd  |
|  | 11  | Balankan Pathansirasawat | Thailand    | 14      | 14      | 28    | 3 rd  |
|  | 6   | Sio Wai Ian              | China Macao | 20      | 20      | 40    | 4 th  |
|  | 10  | Lu Zhi Xuan              | China Macao | 25      | 25      | 50    | 5 th  |
| <b>Men's<br/>Bodybuilding 55<br/>kg</b>              | 16  | Bui Dac Phi Vu           | Vietnam     | 5       | 5       | 10    | 1 st  |
|  | 15  | Suresh Duwal             | Nepal       | 16      | 12      | 28    | 2 nd  |
|  | 21  | Azri Bin Asmat Sefri     | Malaysia    | 18      | 19      | 37    | 3 rd  |
|  | 14  | Pyae Phyo                | Myanmar     | 20      | 18      | 38    | 4 th  |
|  | 17  | Sonu                     | India       | 23      | 22      | 45    | 5 th  |
|  | 12  | Suraj Singh Lambgadiya   | India       | 28      |         | 28    | 6 th  |
|  | 13  | Mohamed Moosa            | Maldives    | 29      |         | 29    | 7 th  |
|  | 20  | Dharma Raj Khapung       | Nepal       | 39      |         | 39    | 8 th  |
|  | 22  | Sidhant Jasrotia         | Nepal       | 41      |         | 41    | 9 th  |
|  | 23  | Yang Jinshan             | China       | 50      |         | 50    | 10th  |
| <b>Men's<br/>Bodybuilding 60<br/>kg</b>              | 28  | Jiraphan Pongkam         | Thailand    | 7       | 7       | 14    | 1 st  |
|  | 25  | Ashim Babu Garunge       | Nepal       | 8       | 8       | 16    | 2 nd  |
|  | 27  | Kamal Bhandari           | Nepal       | 17      | 18      | 35    | 3 rd  |
|  | 30  | Pham Truong Tho          | Vietnam     | 20      | 21      | 41    | 4 th  |
|  | 29  | Ginni Hemanth Kumar      | India       | 22      | 21      | 43    | 5 th  |
| <b>Men's<br/>Bodybuilding 65<br/>kg</b>              | 38  | Raju Khan                | India       | 6       | 5       | 11    | 1 st  |
|  | 37  | Manoj Subedi             | Nepal       | 11      | 16      | 27    | 2 nd  |
|  | 108 | Buda Anak Anchah         | Malaysia    | 18      | 17      | 35    | 3 rd  |
|  | 96  | Surasak Panrueng         | Thailand    | 21      | 16      | 37    | 4 th  |
|  | 33  | Mg Mg Myint              | Myanmar     | 22      | 21      | 43    | 5 th  |
|  | 99  | Ram Bahadur Dahal        | Nepal       | 32      |         | 32    | 6 th  |
|  | 32  | David Balami             | Nepal       | 34      |         | 34    | 7 th  |
|  | 40  | Sonam Phuntsho           | Bhutan      | 38      |         | 38    | 8 th  |
| <b>Men's<br/>Bodybuilding 70<br/>kg</b>              | 41  | Amit Kumar Bhuyan        | India       | 8       | 10      | 18    | 1 st  |
|  | 43  | Ye Htun Naung            | Myanmar     | 15      | 10      | 25    | 2 nd  |
|  | 42  | Amin Rasuad Bin Sidek    | Malaysia    | 16      | 18      | 34    | 3 rd  |
|  | 109 | Somkhit Sumethowetchakun | Thailand    | 18      | 17      | 35    | 4 th  |
|  | 45  | Balal Khan               | India       | 20      | 22      | 42    | 5 th  |
|  | 91  | Pratap Kalkunrikar       | India       | 35      |         | 35    | 6 th  |
|  | 44  | Savio Henriques          | India       | 36      |         | 36    | 7 th  |
|  | 103 | Kasem Sirisot            | Thailand    | 39      |         | 39    | 8 th  |
|  | 107 | D.P.Chaman Niluka Dias   | Sri Lanka   | 46      |         | 46    | 9 th  |
|  | 47  | Sanam Limbu              | Nepal       | 47      |         | 47    | 10th  |
|  | 46  | Binod Sunar              | Nepal       | 48      |         | 48    | 11th  |
|  | 48  | Ren Aiguo                | China       | 59      |         | 59    | 12th  |

| Category   | No. | Competitors                      | Country         | Round 1 | Round 2 | Total | Place |
|--|-----|----------------------------------|-----------------|---------|---------|-------|-------|
| Women's Junior Fitness Physique 21 yrs and below | 220 | Kanticha Seejun                  | Thailand        | 11      | 9       | 20    | 1 st  |
|  | 237 | Jhintramon Thaveamayteachord     | Thailand        | 11      | 11      | 22    | 2 nd  |
|  | 223 | Le Thi Cam Huong                 | Vietnam         | 12      | 18      | 30    | 3 rd  |
|  | 221 | Nguyen Phuc Minh Thu             | Vietnam         | 17      | 15      | 32    | 4 th  |
|  | 222 | Pronchanok Chiangprom            | Thailand        | 22      | 22      | 44    | 5 th  |
|  | 218 | Hikkaduwa Liyanage Kaushalya Vos | Sri Lanka       | 30      |         | 30    | 6 th  |
| Women's Fitness Physique up to 165 cm            | 227 | Tran Thi Thanh Tam               | Vietnam         | 8       | 9       | 17    | 1 st  |
|  | 229 | Siriporn Sornchuay               | Thailand        | 10      | 11      | 21    | 2 nd  |
|  | 288 | Ma Sin Yi                        | Hong Kong China | 14      | 15      | 29    | 3 rd  |
|  | 237 | Jhintramon Thaveamayteachord     | Thailand        | 27      | 18      | 45    | 4 th  |
|  | 230 | Saltanat Bainiyazova             | Kazakhstan      | 28      | 25      | 53    | 5 th  |
|  | 226 | Lam King Ha                      | Hong Kong China | 30      |         | 30    | 6 th  |
|  | 225 | Chandra Rai                      | India           | 35      |         | 35    | 7 th  |
|  | 228 | Ngo Tuyet Nhi                    | China Macao     | 36      |         | 36    | 8 th  |
|  | 222 | Pronchanok Chiangprom            | Thailand        | 37      |         | 37    | 9 th  |
| Women's Fitness Physique over 165 cm             | 231 | Nguyen Thi Kim Cuong             | Vietnam         | 5       | 6       | 11    | 1 st  |
|  | 239 | Ajaree Tansub                    | Thailand        | 12      | 9       | 21    | 2 nd  |
|  | 220 | Kanticha Seejun                  | Thailand        | 13      | 15      | 28    | 3 rd  |
| Women's Teenager Athletic Physique 15-18 yrs     | 237 | Jhintramon Thaveamayteachord     | Thailand        | 6       | 7       | 13    | 1 st  |
|  | 238 | Rapicha Yaowanat                 | Thailand        | 9       | 8       | 17    | 2 nd  |
|  | 222 | Pronchanok Chiangprom            | Thailand        | 15      | 15      | 30    | 3 rd  |
| Women's Swimsuit Physique Open Category          | 252 | Sanam Mulguthi                   | Nepal           | 11      | 9       | 20    | 1 st  |
|  | 288 | Ma Sin Yi                        | Hong Kong China | 10      | 12      | 22    | 2 nd  |
|  | 285 | Kim Sohyun                       | Korea           | 19      | 20      | 39    | 3 rd  |
|  | 239 | Ajaree Tansub                    | Thailand        | 21      | 20      | 41    | 4 th  |
|  | 275 | Sabina Rai                       | India           | 27      | 15      | 42    | 5 th  |
|  | 282 | Yang Sukyung                     | Korea           | 29      |         | 29    | 6 th  |
|  | 229 | Siriporn Sornchuay               | Thailand        | 33      |         | 33    | 7 th  |
|  | 223 | Le Thi Cam Huong                 | Vietnam         | 33      |         | 33    | 8 th  |
|  | 263 | Naorem Zenkia                    | India           | 44      |         | 44    | 9 th  |
|  | 270 | Nishrin Parikh                   | India           | 50      |         | 50    | 10th  |
|  | 269 | Nima Doma Tamang                 | India           | 52      |         | 52    | 11th  |
| Women's Junior Model Physique 21 yrs and below   | 258 | Sajjai Susomkaew                 | Thailand        | 17      | 10      | 27    | 1 st  |
|  | 223 | Le Thi Cam Huong                 | Vietnam         | 16      | 14      | 30    | 2 nd  |
|  | 221 | Nguyen Phuc Minh Thu             | Vietnam         | 13      | 18      | 31    | 3 rd  |
|  | 220 | Kanticha Seejun                  | Thailand        | 15      | 18      | 33    | 4 th  |
|  | 260 | Shreyasi Mukherjee               | India           | 18      | 16      | 34    | 5 th  |
|  | 263 | Naorem Zenkia                    | India           | 27      |         | 27    | 6 th  |
| Men's Master Bodybuilding 40 - 49 yrs            | 85  | Sayfulaev Bakhshulla             | Uzbekistan      | 8       | 5       | 13    | 1 st  |
|  | 96  | Surasak Panrueng                 | Thailand        | 10      | 13      | 23    | 2 nd  |
|  | 100 | Subhash Pujari                   | India           | 14      | 17      | 31    | 3 rd  |
|  | 94  | Itthipat Prateep                 | Thailand        | 26      | 18      | 44    | 4 th  |
|  | 106 | Nithyananda Kotian               | India           | 29      | 22      | 51    | 5 th  |
|  | 28  | Jiraphan Pongkam                 | Thailand        | 31      |         | 31    | 6 th  |
|  | 97  | Nguyen Van Quang                 | Vietnam         | 34      |         | 34    | 7 th  |
|  | 33  | Mg Mg Myint                      | Myanmar         | 38      |         | 38    | 8 th  |
|  | 91  | Pratap Kalkunrikar               | India           | 44      |         | 44    | 9 th  |
|  | 105 | Ashok Maharjan                   | Nepal           | 49      |         | 49    | 10th  |
|  | 37  | Manoj Subedi                     | Nepal           | 51      |         | 51    | 11th  |
|  | 107 | D.P.Chaman Niluka Dias           | Sri Lanka       | 57      |         | 57    | 12th  |

| Category                              | No. | Competitors                     | Country         | Round 1 | Round 2 | Total | Place |
|---------------------------------------|-----|---------------------------------|-----------------|---------|---------|-------|-------|
| Men's Master Bodybuilding 50 – 60 yrs | 108 | Buda Anak Anchah                | Malaysia        | 8       | 6       | 14    | 1 st  |
|                                       | 102 | Kipyong Lim                     | Korea           | 9       | 14      | 23    | 2 nd  |
|                                       | 109 | Somkhit Sumethowetchakun        | Thailand        | 17      | 13      | 30    | 3 rd  |
|                                       | 111 | Arunachalam                     | India           | 19      | 20      | 39    | 4 th  |
|                                       | 103 | Kasem Sirisot                   | Thailand        | 27      | 23      | 50    | 5 th  |
|                                       | 101 | Vitender Singh Pawar            | India           | 28      |         | 28    | 6 th  |
|                                       | 48  | Ren Aiguo                       | China           | 35      |         | 35    | 7 th  |
| Men's Master Bodybuilding over 60 yrs | 115 | Peter Gnalian Joseph            | India           | 7       | 6       | 13    | 1 st  |
|                                       | 117 | Suwijak Pintosornchai           | Thailand        | 8       | 9       | 17    | 2 nd  |
|                                       | 114 | Jayaraman Shanmugam             | India           | 17      | 15      | 32    | 3 rd  |
|                                       | 113 | Mathew Rajavarma                | Singapore       | 21      | 20      | 41    | 4 th  |
|                                       | 116 | Zhu Luwen                       | China           | 22      | 25      | 47    | 5 th  |
| Men's Fitness Physique up to 170 cm   | 126 | Wanchai Kanjanapimime           | Thailand        | 10      | 6       | 16    | 1 st  |
|                                       | 137 | Raju Rai                        | Nepal           | 12      | 10      | 22    | 2 nd  |
|                                       | 122 | Tran Hoang Duy Thuan            | Vietnam         | 16      | 15      | 31    | 3 rd  |
|                                       | 182 | Choi Kai Yun                    | Hong Kong China | 19      | 21      | 40    | 4 th  |
|                                       | 120 | Kittiphan Khanthong             | Thailand        | 22      | 23      | 45    | 5 th  |
|                                       | 118 | Wong Son Wai                    | China Macao     | 30      |         | 30    | 6 th  |
|                                       | 123 | Lei Chan Seng                   | China Macao     | 32      |         | 32    | 7 th  |
| Men's Fitness Physique over 170 cm    | 129 | Damrongsak Soysri               | Thailand        | 5       | 6       | 11    | 1 st  |
|                                       | 124 | Au Man Kit                      | China Macao     | 11      | 10      | 21    | 2 nd  |
|                                       | 125 | Ranjeet Lama                    | Nepal           | 13      | 13      | 26    | 3 rd  |
| Men's Bodybuilding 75 kg              | 51  | Rahul Cindha                    | India           | 9       | 5       | 14    | 1 st  |
|                                       | 52  | Lalit Dhimal                    | Nepal           | 11      | 15      | 26    | 2 nd  |
|                                       | 57  | Jagannath Khuntia               | India           | 18      | 13      | 31    | 3 rd  |
|                                       | 54  | Aung Than Htay                  | Myanmar         | 19      | 18      | 37    | 4 th  |
|                                       | 50  | Zmarul Al Adam Pulutan Abdullah | Malaysia        | 28      | 24      | 52    | 5 th  |
|                                       | 60  | Felix Joyal Valsala Kumary      | India           | 30      |         | 30    | 6 th  |
|                                       | 56  | Pornthep Sukkasem               | Thailand        | 34      |         | 34    | 7 th  |
|                                       | 53  | Surya Kumar Tamang Thing        | Nepal           | 38      |         | 38    | 8 th  |
|                                       | 49  | Marich Man Lama                 | Nepal           | 43      |         | 43    | 9 th  |
|                                       | 5   | Chonlakan Jampanin              | Thailand        | 50      |         | 50    | 10th  |
| Men's Bodybuilding 80 kg              | 66  | Pataiwat Alakawat               | Thailand        | 8       | 6       | 14    | 1 st  |
|                                       | 67  | Prakash Pradhan                 | India           | 11      | 10      | 21    | 2 nd  |
|                                       | 64  | Krishna Pd. Shrestha            | Nepal           | 13      | 14      | 27    | 3 rd  |
|                                       | 97  | Nguyen Van Quang                | Vietnam         | 19      | 20      | 39    | 4 th  |
|                                       | 59  | Sandip Anant Ule                | India           | 24      | 25      | 49    | 5 th  |
|                                       | 61  | Ramesh Shrestha                 | Nepal           | 28      |         | 28    | 6 th  |
| Men's Bodybuilding 85 kg              | 71  | Mohamed Yameen                  | Maldives        | 8       | 9       | 17    | 1 st  |
|                                       | 70  | Azif Milaj R                    | India           | 12      | 11      | 23    | 2 nd  |
|                                       | 94  | Itthipat Prateep                | Thailand        | 15      | 15      | 30    | 3 rd  |
|                                       | 68  | Habib Ahmed Asif Kazi Sayyed    | India           | 19      | 15      | 34    | 4 th  |
|                                       | 72  | Mohan Subramaniam Sanka         | India           | 25      | 25      | 50    | 5 th  |
|                                       | 75  | Lotipov Ibrogim                 | Uzbekistan      | 29      |         | 29    | 6 th  |
|                                       | 69  | Gaurav Katuwal                  | Nepal           | 34      |         | 34    | 7 th  |
| Women's Bodybuilding up to 55 kg      | 206 | Rajani Shrestha                 | Nepal           | 5       | 5       | 10    | 1 st  |
|                                       | 205 | Sabita Bania                    | India           | 12      | 12      | 24    | 2 nd  |
|                                       | 216 | Dinh Kim Loan                   | Vietnam         | 13      | 13      | 26    | 3 rd  |
|                                       | 215 | Purimprachy Wannaapiluk         | Thailand        | 20      | 20      | 40    | 4 th  |

| Category                            | No. | Competitors                      | Country         | Round 1 | Round 2 | Total | Place |
|-------------------------------------|-----|----------------------------------|-----------------|---------|---------|-------|-------|
| Women's Bodybuilding over 55 kg     | 214 | Jiratha Chuthanichakan           | Thailand        | 5       | 5       | 10    | 1 st  |
|                                     | 210 | Al-Nimr Yasmin                   | Tajikistan      | 16      | 12      | 28    | 2 nd  |
|                                     | 211 | Pratibha Thapliyal               | India           | 17      | 14      | 31    | 3 rd  |
|                                     | 219 | Bui Thi Thoa                     | Vietnam         | 21      | 19      | 40    | 4 th  |
|                                     | 213 | Anushika Goswami                 | India           | 22      | 25      | 47    | 5 th  |
|                                     | 212 | Geeta Saini                      | India           | 26      |         | 26    | 6 th  |
|                                     | 218 | Hikkaduwa Liyanage Kaushalya Vos | Sri Lanka       | 34      |         | 34    | 7 th  |
| Women's Model Physique up to 155 cm | 264 | Keeratiya Chantarat              | Thailand        | 6       | 5       | 11    | 1 st  |
|                                     | 265 | Tara Khajju                      | Nepal           | 12      | 13      | 25    | 2 nd  |
|                                     | 269 | Nima Doma Tamang                 | India           | 15      | 19      | 34    | 3 rd  |
|                                     | 267 | Yuphaphon Suepsuan               | Thailand        | 21      | 18      | 39    | 4 th  |
|                                     | 266 | Ma Suet Yi                       | Hong Kong China | 23      | 20      | 43    | 5 th  |
|                                     | 268 | Ozzeyswari Rai                   | India           | 30      |         | 30    | 6 th  |
|                                     | 270 | Nishrin Parikh                   | India           | 35      |         | 35    | 7 th  |
| Women's Model Physique up to 160 cm | 273 | To Suet Yan                      | Hong Kong China | 14      | 6       | 20    | 1 st  |
|                                     | 229 | Siriporn Sornchuay               | Thailand        | 16      | 10      | 26    | 2 nd  |
|                                     | 275 | Sabina Rai                       | India           | 19      | 16      | 35    | 3 rd  |
|                                     | 272 | Me Me Kyaw Naing                 | Myanmar         | 23      | 16      | 39    | 4 th  |
|                                     | 226 | Lam King Ha                      | Hong Kong China | 26      | 24      | 50    | 5 th  |
|                                     | 271 | Tanyarat Jamsai                  | Thailand        | 28      |         | 28    | 6 th  |
|                                     | 258 | Sajjai Susomkaew                 | Thailand        | 31      |         | 31    | 7 th  |
|                                     | 277 | Ketaki Manohar Patil             | India           | 33      |         | 33    | 8 th  |
|                                     | 274 | Salina Rai                       | Nepal           | 35      |         | 35    | 9 th  |
| Women's Model Physique up to 165 cm | 249 | Donlaporn Tanbunpairuch          | Thailand        | 8       | 6       | 14    | 1 st  |
|                                     | 276 | Mudagamuwa Hewage Hashini Eranc  | Sri Lanka       | 16      | 11      | 27    | 2 nd  |
|                                     | 281 | Aye Thandar Khaing               | Myanmar         | 18      | 15      | 33    | 3 rd  |
|                                     | 280 | Maddess Yin Kei Margie           | Hong Kong China | 19      | 21      | 40    | 4 th  |
|                                     | 282 | Yang Sukyung                     | Korea           | 20      | 24      | 44    | 5 th  |
|                                     | 278 | Ashmita Rasally                  | Nepal           | 23      |         | 23    | 6 th  |
| Men's Sports Physique up to 170 cm  | 188 | Azneen Rashad                    | Maldives        | 12      | 8       | 20    | 1 st  |
|                                     | 178 | Kang Yubin                       | Korea           | 15      | 14      | 29    | 2 nd  |
|                                     | 180 | Warshim Chesam                   | India           | 22      | 13      | 35    | 3 rd  |
|                                     | 179 | Nattanan Phrompoowongsa          | Thailand        | 25      | 16      | 41    | 4 th  |
|                                     | 177 | Mohamed Naeem Mohamed Waseen     | Sri Lanka       | 28      | 24      | 52    | 5 th  |
|                                     | 181 | Hrishikesh Rajendra Penkar       | India           | 31      |         | 31    | 6 th  |
|                                     | 183 | Pobitra Nath                     | India           | 32      |         | 32    | 7 th  |
|                                     | 187 | Pradip Regmi                     | Nepal           | 36      |         | 36    | 8 th  |
|                                     | 186 | Pupun Kumar Swain                | India           | 38      |         | 38    | 9 th  |
|                                     | 182 | Choi Kai Yun                     | Hong Kong China | 48      |         | 48    | 10th  |
|                                     | 184 | Bishu Ram KC                     | Nepal           | 51      |         | 51    | 11th  |
|                                     | 185 | Lo Tai Wai                       | Hong Kong China | 54      |         | 54    | 12th  |
|                                     | 190 | Pagodaarachichi Thilina Dinushan | Sri Lanka       | 57      |         | 57    | 13th  |
| Men's Sports Physique up to 175 cm  | 189 | Nyein Chan                       | Myanmar         | 8       | 8       | 16    | 1 st  |
|                                     | 192 | Saharat Kluabmas                 | Thailand        | 13      | 10      | 23    | 2 nd  |
|                                     | 194 | Adkhamov Shokhrukh               | Uzbekistan      | 17      | 18      | 35    | 3 rd  |
|                                     | 193 | Pratik Deb                       | India           | 18      | 19      | 37    | 4 th  |
|                                     | 195 | Thepphorn Phuangthapthim         | Thailand        | 24      | 23      | 47    | 5 th  |
|                                     | 191 | Suraj Dongol                     | Nepal           | 25      |         | 25    | 6 th  |
| Men's Sports Physique up to 180 cm  | 197 | Bulakorn Deekratok               | Thailand        | 5       | 5       | 10    | 1 st  |
|                                     | 199 | Shishpal                         | India           | 10      | 10      | 20    | 2 nd  |
|                                     | 198 | Sachin P                         | India           | 15      | 15      | 30    | 3 rd  |

| Category                                   | No. | Competitors                      | Country         | Round 1 | Round 2 | Total | Place |
|--|-----|----------------------------------|-----------------|---------|---------|-------|-------|
| Men's Sports<br>Physique over 180<br>cm    | 200 | Chawintorn Thepwong              | Thailand        | 6       | 6       | 12    | 1 st  |
|  | 202 | Ganbaatar Dorj                   | Mongolia        | 13      | 13      | 26    | 2 nd  |
|  | 204 | Nihal Man Joshi                  | Nepal           | 14      | 14      | 28    | 3 rd  |
|  | 203 | Ho Yeol Baek                     | Korea           | 18      | 18      | 36    | 4 th  |
|  | 201 | Lau Si Hang                      | China Macao     | 21      | 21      | 42    | 5 th  |
| Women's Sports<br>Physique up to<br>165 cm | 253 | Wong Ka Yuk                      | Hong Kong China | 11      | 8       | 19    | 1 st  |
|  | 251 | Pawulu Dewage Udani Sewwandi An  | Sri Lanka       | 14      | 14      | 28    | 2 nd  |
|  | 230 | Saltanat Bainiyazova             | Kazakhstan      | 19      | 19      | 38    | 3 rd  |
|  | 252 | Sanam Mulguthi                   | Nepal           | 21      | 18      | 39    | 4 th  |
|  | 227 | Tran Thi Thanh Tam               | Vietnam         | 24      | 17      | 41    | 5 th  |
|  | 248 | Simara Chumchuen                 | Thailand        | 27      |         | 27    | 6 th  |
|  | 250 | Choi Nga Peng                    | China Macao     | 30      |         | 30    | 7 th  |
|  | 228 | Ngo Tuyet Nhi                    | China Macao     | 33      |         | 33    | 8 th  |
| Women's Sports<br>Physique over 165<br>cm  | 256 | Philomena Dexclyn Anak Siar      | Malaysia        | 7       | 7       | 14    | 1 st  |
|  | 231 | Nguyen Thi Kim Cuong             | Vietnam         | 8       | 8       | 16    | 2 nd  |
|  | 239 | Ajaree Tansub                    | Thailand        | 15      | 15      | 30    | 3 rd  |
| Men's Athletic<br>Physique up to<br>160 cm | 133 | Pongsiri Prommachan              | Thailand        | 5       | 5       | 10    | 1 st  |
|  | 134 | Malvern Abdullah                 | Malaysia        | 12      | 10      | 22    | 2 nd  |
|  | 135 | Fathuhulla Mohamed               | Maldives        | 14      | 17      | 31    | 3 rd  |
|  | 137 | Raju Rai                         | Nepal           | 20      | 18      | 38    | 4 th  |
|  | 126 | Wanchai Kanjanapimine            | Thailand        | 27      | 24      | 51    | 5 th  |
|  | 132 | Chau Nguyen Kha                  | Vietnam         | 30      |         | 30    | 6 th  |
|  | 136 | Wang Xiaohua                     | China           | 32      |         | 32    | 7 th  |
|  | 131 | Jason Thongsong                  | Thailand        | 40      |         | 40    | 8 th  |
| Men's Athletic<br>Physique up to<br>167 cm | 145 | Mike Mahen                       | Malaysia        | 11      | 7       | 18    | 1 st  |
|  | 146 | Abdulla Ahsan                    | Maldives        | 12      | 10      | 22    | 2 nd  |
|  | 143 | Amal Anil Kumar                  | India           | 17      | 14      | 31    | 3 rd  |
|  | 141 | Rojal Shahi Khadgi               | Nepal           | 23      | 20      | 43    | 4 th  |
|  | 151 | Syed Faizal Bin Syed Ali         | Malaysia        | 26      | 23      | 49    | 5 th  |
|  | 144 | Rojen Bajracharya                | Nepal           | 32      |         | 32    | 6 th  |
|  | 149 | Chatdanai Settasirikul           | Thailand        | 34      |         | 34    | 7 th  |
|  | 148 | Phan Bao Long                    | Vietnam         | 38      |         | 38    | 8 th  |
|  | 152 | Pham Duc Thien                   | Vietnam         | 42      |         | 42    | 9 th  |
|  | 147 | Konsam Sanamacha Singh           | India           | 42      |         | 42    | 10th  |
|  | 138 | Bijendra Man Shrestha            | Nepal           | 49      |         | 49    | 11th  |
|  | 142 | Kong Kai Yueng                   | Hong Kong China | 63      |         | 63    | 12th  |
|  | 140 | Oshan Thejan Gomez               | Sri Lanka       | 64      |         | 64    | 13th  |
|  | 123 | Lei Chan Seng                    | China Macao     | 67      |         | 67    | 14th  |
|  | 150 | Udaha Kotuwea Geadara Kalum Dar  | Sri Lanka       | 75      |         | 75    | 15th  |
| Men's Athletic<br>Physique up to<br>175 cm | 161 | Ahmad Faiz Bin Ariffin           | Malaysia        | 8       | 5       | 13    | 1 st  |
|  | 163 | Tanakrid Boonsri                 | Thailand        | 12      | 10      | 22    | 2 nd  |
|  | 153 | Son Donghwi                      | Korea           | 22      | 15      | 37    | 3 rd  |
|  | 165 | Muhamad Shaiful Hisyam Bin Abd A | Malaysia        | 18      | 20      | 38    | 4 th  |
|  | 156 | Kazakov Sukhrob                  | Tajikistan      | 24      | 25      | 49    | 5 th  |
|  | 159 | Pham Ngoc Sy                     | Vietnam         | 30      |         | 30    | 6 th  |
|  | 157 | Nirit Jamwal                     | India           | 33      |         | 33    | 7 th  |
|  | 154 | Ishwor Kumar Shahi               | Nepal           | 39      |         | 39    | 8 th  |
|  | 160 | Tsang Ka Ho                      | Hong Kong China | 42      |         | 42    | 9 th  |
|  | 158 | Kushajyoti Gogai                 | India           | 45      |         | 45    | 10th  |
|  | 155 | Prabath Kumara Jayasekara        | Sri Lanka       | 55      |         | 55    | 11th  |

| Category                               | No.                        | Competitors                        | Country         | Round 1 | Round 2 | Total | Place |
|--|----------------------------|------------------------------------|-----------------|---------|---------|-------|-------|
| Mixed Pairs                            | 292                        | Ma Sin Yi & Hon Kit                | Hong Kong China | 11      | 9       | 20    | 1 st  |
|  | 294                        | Bui Thi Thoa & Tran Hoang Duy Thu  | Vietnam         | 13      | 11      | 24    | 2 nd  |
|  | 293                        | Tran Thi Thanh Tam & Chau Nguyen   | Vietnam         | 15      | 11      | 26    | 3 rd  |
|  | 297                        | Wanchai Kanjanapimine & Siriporn S | Thailand        | 17      | 18      | 35    | 4 th  |
|  | 295                        | Damrongsak Soysri & Ajaree Tansul  | Thailand        | 30      | 25      | 55    | 5 th  |
|  | 296                        | Mg Mg Myint & Wut Yi Phyo          | Myanmar         | 31      |         | 31    | 6 th  |
|  | 300                        | Sanam Mulguthi & Amit Chandra      | Nepal           | 39      |         | 39    | 7 th  |
|  | 299                        | Malvern Abdullah & Philomena Dexo  | Malaysia        | 40      |         | 40    | 8 th  |
|  | 290                        | Choi Nga Peng & Sio Wai Ian        | China Macao     | 42      |         | 42    | 9 th  |
|  | 291                        | Me Me Kyaw Naing & Hein Htet Zav   | Myanmar         | 45      |         | 45    | 10th  |
| 298                                    | Ngo Tuyet Nhi & Au Man Kit | China Macao                        | 50              |         | 50      | 11th  |       |
| Men's Bodybuilding 90 kg               | 79                         | Saravanan Mani                     | India           | 5       | 5       | 10    | 1 st  |
|  | 80                         | Nilkanta Ghosh                     | India           | 12      | 12      | 24    | 2 nd  |
|  | 139                        | Subhash Pujari                     | India           | 13      | 13      | 26    | 3 rd  |
|  | 77                         | Shoaib Khan                        | India           | 20      | 20      | 40    | 4 th  |
|  | 78                         | Tul Shrestha                       | Nepal           | 25      | 25      | 50    | 5 th  |
| Men's Bodybuilding 100 kg              | 83                         | Charan Mohan                       | India           | 8       | 10      | 18    | 1 st  |
|  | 82                         | Pantawat Nimitphakpoom             | Thailand        | 10      | 8       | 18    | 2 nd  |
|  | 85                         | Sayfulaev Bakhshulla               | Uzbekistan      | 12      | 12      | 24    | 3 rd  |
| Men's Bodybuilding over 100 kg         | 88                         | Nitin Chandila                     | India           | 5       | 5       | 10    | 1 st  |
|  | 87                         | Skripachey Vitaliy                 | Uzbekistan      | 12      | 12      | 24    | 2 nd  |
|  | 90                         | Hardeep Singh                      | India           | 13      | 13      | 26    | 3 rd  |
|  | 86                         | Harvir Singh                       | India           | 20      | 20      | 40    | 4 th  |
| Men's Athletic Physique up to 182 cm   | 168                        | Nguyen Thanh Tien                  | Vietnam         | 8       | 8       | 16    | 1 st  |
|  | 174                        | Dhruba Jyoti Tamuli                | India           | 10      | 10      | 20    | 2 nd  |
|  | 171                        | Hein Htet Kyaw                     | Myanmar         | 14      | 14      | 28    | 3 rd  |
|  | 167                        | Naresh Malakar                     | Nepal           | 18      | 18      | 36    | 4 th  |
| Men's Athletic Physique over 182 cm    | 169                        | Rama Somashekar                    | India           | 6       | 6       | 12    | 1 st  |
|  | 176                        | Tandin Wangchen                    | Bhutan          | 13      | 13      | 26    | 2 nd  |
|  | 170                        | Biplav Karki                       | Nepal           | 15      | 15      | 30    | 3 rd  |
|  | 129                        | Damrongsak Soysri                  | Thailand        | 16      | 16      | 32    | 4 th  |
| Women's Athletic Physique up to 165 cm | 240                        | Sirinthip Insee                    | Thailand        | 9       | 5       | 14    | 1 st  |
|  | 235                        | Tran Thi Ny                        | Vietnam         | 10      | 10      | 20    | 2 nd  |
|  | 243                        | Wut Yi Phyo                        | Myanmar         | 12      | 15      | 27    | 3 rd  |
|  | 242                        | Shanta Palikhel                    | Nepal           | 26      | 21      | 47    | 4 th  |
|  | 238                        | Rapicha Yaowanat                   | Thailand        | 24      | 24      | 48    | 5 th  |
|  | 244                        | Anita Chhetri                      | India           | 26      |         | 26    | 6 th  |
|  | 241                        | Jasmin Lama                        | Nepal           | 35      |         | 35    | 7 th  |
| Women's Athletic Physique over 165 cm  | 234                        | Le Thi Huong Giang                 | Vietnam         | 8       | 8       | 16    | 1 st  |
|  | 248                        | Simara Chumchuen                   | Thailand        | 10      | 10      | 20    | 2 nd  |
|  | 271                        | Tanyarat Jamsai                    | Thailand        | 12      | 12      | 24    | 3 rd  |
|  | 279                        | Warapitiya Pandithalage Madhushi E | Sri Lanka       | 20      | 20      | 40    | 4 th  |
| Women's Model Physique over 165 cm     | 286                        | Chanyapat Korparapirom             | Thailand        | 6       | 6       | 12    | 1 st  |
|  | 285                        | Kim Sohyun                         | Korea           | 11      | 14      | 25    | 2 nd  |
|  | 283                        | Vadeetharat Toontam                | Thailand        | 14      | 11      | 25    | 3 rd  |

Signed Chairman Judges Committee

Signed Secretary Judges Committee

\_\_\_\_\_

\_\_\_\_\_

| Category | No. | Competitors | Country | Round 1 | Round 2 | Total | Place |
|----------|-----|-------------|---------|---------|---------|-------|-------|
|----------|-----|-------------|---------|---------|---------|-------|-------|

|          |     |             |         |         |         |       |       |
|----------|-----|-------------|---------|---------|---------|-------|-------|
| Category | No. | Competitors | Country | Round 1 | Round 2 | Total | Place |
|----------|-----|-------------|---------|---------|---------|-------|-------|




WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

|                                  |
|----------------------------------|
| <b>Women's Team Championship</b> |
|----------------------------------|

Competition \_\_\_\_\_ #REF!  
 Place #REF! \_\_\_\_\_ Date #REF! \_\_\_\_\_

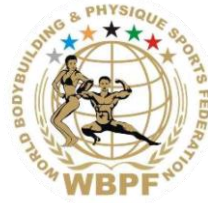
| PLACE | COUNTRY         | SCORE |
|-------|-----------------|-------|
| 1ST   | THAILAND        | 605   |
| 2ND   | VIETNAM         | 300   |
| 3RD   | HONG KONG CHINA | 160   |

Signed Chairman Judges Committee \_\_\_\_\_  \_\_\_\_\_

Signed Secretary Judges Committee \_\_\_\_\_  \_\_\_\_\_



|          |     |             |         |         |         |       |       |
|----------|-----|-------------|---------|---------|---------|-------|-------|
| Category | No. | Competitors | Country | Round 1 | Round 2 | Total | Place |
|----------|-----|-------------|---------|---------|---------|-------|-------|





WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

**Men's Team Championship**

Competition \_\_\_\_\_ #REF!  
 Place #REF! \_\_\_\_\_ Date #REF! \_\_\_\_\_

| PLACE | COUNTRY     | SCORE |
|-------|-------------|-------|
| 1ST   | INDIA       | 795   |
| 2ND   | THAILAND    | 590   |
| 3RD   | NEPAL(HOST) | 260   |

Signed Chairman Judges Committee \_\_\_\_\_  \_\_\_\_\_

Signed Secretary Judges Committee \_\_\_\_\_  \_\_\_\_\_

|          |     |             |         |         |         |       |       |
|----------|-----|-------------|---------|---------|---------|-------|-------|
| Category | No. | Competitors | Country | Round 1 | Round 2 | Total | Place |
|----------|-----|-------------|---------|---------|---------|-------|-------|

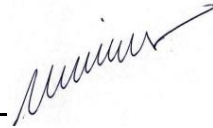



WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

**Mr. Asia 2023 (Overall Champion)**

Competition \_\_\_\_\_ #REF! \_\_\_\_\_  
 Place \_\_\_\_\_ #REF! \_\_\_\_\_ Date \_\_\_\_\_ #REF! \_\_\_\_\_

| NO. | COMPETITOR     | COUNTRY |
|-----|----------------|---------|
| 79  | Saravanan Mani | India   |

Signed Chairman Judges Committee \_\_\_\_\_  \_\_\_\_\_

Signed Secretary Judges Committee \_\_\_\_\_  \_\_\_\_\_