



**Recognized by** : Government of India, Ministry of Youth Affairs & Sports, New Delhi  
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

**Affiliated to** : South Asian Bodybuilding & Fitness Federation  
Asian Body Building and Physique Sports Federation, Singapore  
World Body Building and Physique Sports Federation, Dubai, UAE

**Recognized by** : The Association for International sports for All (TAFISA), Frankfurt, Germany  
Pacific Games Council (PGC), Australia

**Date : 26<sup>th</sup> November, 2018**

**To**

**The Secretaries / Executive Committee Members / Life Members  
State Body Building Associations / Union Territories / Sports Board  
(Affiliated to M/s. Indian Body Builders Federation, Mumbai)**

Ref. No.: IBBF/SN/CR-04/18-19

**Dear Sir / Madam,**

**Sub.: 9<sup>th</sup> Junior / Masters / Divyang National Championship 2019**

The Indian Body Builders Federation is pleased to Invite all its affiliated State Units/ Union Territories and Sports Boards to participate in the "**9<sup>th</sup> Junior / Masters / Divyang National Championship 2019**"; organized by **U. P. Body Building and Fitness Association**. The said competition is organized on 29<sup>th</sup> – 30<sup>th</sup> January 2019 at Shobhit University, Meerut, U.P. India.

We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Sports Boards to participate with best of their body builders as per the attached rules, to make this championship a grand success.

We solicit your kind cooperation and understanding in this regard.

Thanking you,

Sincerely Yours,

For Indian Body Builders Federation

**Mr. Chetan M. Pathare**  
General Secretary





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## 9<sup>th</sup> Junior / Masters / Divyang National Championship 2019

### PARTICULARS

<b>Contest</b>	:	9 <sup>th</sup> Junior / Masters / Divyang National Championship 2019
<b>Date</b>	:	Tuesday 29 <sup>th</sup> January to Wednesday 30 <sup>th</sup> January, 2019
<b>Organizer</b>	:	U. P. Body Building & Fitness Association
<b>Reception / Registration</b>	:	Shobhit University, Meerut, U.P.
<b>Venue for Pre-Judging &amp; Finals</b>	:	Shobhit University Dulhera Marg, Modi Puram, Roorkee Road, Meerut, U.P.
<b>Nearest Railway</b>	:	Meerut City Railway Station
<b>Nearest Airport</b>	:	New Delhi Airport Distance between the Airport to University is approx. 100 Kms.
<b>Organizers Contact</b>	:	Mr. Vishvas Rao – 09415204180 Mr. Vinod Sharma – 09412782822
<b>IBBF Secretariat</b>	:	Mr. Chetan Pathare – General Secretary Mobile – 09967971970
<b>Weight Group for Junior</b>	:	Total Six weight Category Upto & inclusive 55 kgs Upto & inclusive 60 kgs Upto & inclusive 65 kgs Upto & inclusive 70 kgs Upto & inclusive 75 kgs Above 75 kgs
<b>Weight Group for Divyang</b>	:	Up to & inclusive 65 kgs Above 65 kgs
<b>Age Group for Masters</b>	:	Total Three age groups 1) Above 40 years & below 50 years 2) Above 50 years & below 60 years 3) Above 60 years
<b>Eligibility</b>	:	Below 21 years of age

**Juniors** **Athletes born on & after 29<sup>th</sup> January, 1998 are eligible to participate in Junior category**

Ten Body Builders only from each State/Union Territories/Sports



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Board and not more than two body builders in each group will be allowed.

## **Masters**

**: Athletes born on & before 29<sup>th</sup> January, 1979 are eligible to participate in Masters category**

1. Those who are above 40 years and below 50 years of age.
2. Those who are above 50 years and below 60 years of age.
3. Those who are above 60 years of age.

Two Bodybuilders is each Masters Category and not more than six body builders from each State/Sports Board will be allowed.

## **Divyang**

: In this Championship State association/Sports Board can send their best athletes and there is no limit for the same.

## **Testimonials**

:All the athletes are requested to produce their / **Aadhar Card / Passport / PAN Card** in original along with one Photo Copy dully attested at the time of weighing in. Those who fail to produce original certificate will not be entitled to participate in the championship.

Medical Officer may be recruited to find the genuine age of the athlete as per his body status and if Medical Officer after accessing the athlete finds him to be over age, then such athlete will be restricted and suspended from participation and the further legal and criminal proceedings will be initiated against such athlete and the state unit as per the Government of India, National Sports Development Code.

Also the same legal and criminal proceedings will be initiated if they are found with fake certificate.

## **Annual Fees**

:All those affiliated state Associations / Union Territories / Sports Board who have not paid their Annual Membership Fees for the year 2019-2020 are requested to pay of Rs.10,000/- for State and Rs.15000/- for Sports Board on or before 29<sup>th</sup> January, 2019.

## **Entry Fees Junior & Masters**

: Rs.1000/- per competitor.

## **Divyang**

: NO ENTRY FEE

## **Last Date for Entry**

: 20<sup>th</sup> January 2019.

## **Submission of entries**

:Entries will be accepted in prescribed format Entries may be sent to

1. General Secretary  
Indian Body Builders Association  
C/o. Pathare Gymco



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280/A, Jawalkar Mansion,  
Dr. B. Ambedkar Road,  
Parel, Mumbai-400 012.  
Maharashtra.  
Mobile :- 09967971970  
Email:- [ibbf\\_mumbai@yahoo.in](mailto:ibbf_mumbai@yahoo.in)

**Prizes & Awards for  
For all the categories**

- : 1. First Five places in each category will receive Medals & Merit Certificates.
2. All the Participants will receive Participation Certificates.

**Doping**

: Dope test will be conducted at random by the National Anti Doping Agency (NADA), New Delhi

**Rules for the Contest**

- : 1. The competitors and officials who are not present for the registration within the time limit will be eliminated from the competition.
2. All officials and competitors must arrive prior to the schedule.
3. Organizers will provide free lodging and boarding to the invited bodybuilders and officials only for two nights.
4. Invited Athletes and officials will have to pay a deposit of Rs.500/- each during registration which will be refunded at the time of checkout once the hotel staff gives clearance of the room articles.
5. Please take note : Other than the attached list of bodybuilders, officials, No Extra Officials and supporters will be allowed and hence will not be provided with lodging and boarding facility or the Venue Passes. We require state units co-operation for the same.
6. Please note Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets, pillow covers and wall paint stained by the same.
7. All the officials, and Judges are requested to come in proper uniform prescribed by IBBF otherwise they will not be allowed to participate in any official activities and will not be allowed to sit as judge.
8. Golden, Silver, and Bronze colour tanning cream is not allowed.
9. It is compulsory for the Body Builders participating bring their own music CD,(music counts in scoring) Vulgar songs and actions will not be allowed and the said participant will be banned from the Best Poser contest.
10. Participants and officials who arrive before 29<sup>th</sup> January 2019 and wish to stay after 30<sup>th</sup> January 2019 will have to bear for their lodging & boarding.

**Please Note**

:The Indian Body Builders Federation, U.P. Body Building & Fitness Association or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.



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## 9<sup>th</sup> Junior / Masters / Divyang National Championship 2019

### SCHEDULE

#### **Tuesday 29<sup>th</sup> January 2019**

- 08.00 AM ONWARDS : Arrival of all competitors, officials & judges
- 08.00 AM TO 10.00 AM : Break Fast (Shobhit University)
- 01.00 PM TO 03.00 PM : Lunch (Shobhit University)
- 03.30 PM TO 04.00 PM : Judges / Team Managers Meeting (Shobhit University)
- 04.00 PM TO 08.00 PM : Weighing-in (Shobhit University)
- 08.00 PM ONWARDS : Executive Committee Meeting (Shobhit University)
- 09.00 PM ONWARDS : Dinner (Shobhit University)

#### **Thursday 30<sup>th</sup> January 2019**

- 08.00 AM TO 09.00 AM : Breakfast (Shobhit University)
- 09.00 AM : Annual General Meeting (Shobhit University)
- 11.00 AM ONWARDS : Pre-judging, Finals & Prize Distribution
- 12.30 PM TO 03.00 PM : Lunch
- 09.00 PM : Dinner (Shobhit University)

#### **Friday 31<sup>st</sup> January 2019**

- 11.00 AM : Departure of all competitors, officials & judges



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## 9<sup>th</sup> Junior / Masters / Divyang National Championship 2019 OFFICIAL ENTRY FORM

**Please fill this entry form and return on or before 20<sup>th</sup> January 2019**

SR.	NAME	CATEGORY	DATE OF BIRTH	MOBILE NO.	WEIGHT
1		Junior			
2		Junior			
3		Junior			
4		Junior			
5		Junior			
6		Junior			
7		Junior			
8		Junior			
9		Junior			
10		Junior			
1		Masters (40 -50 yrs)			
2		Masters (40 -50 yrs)			
3		Masters (50 -60 yrs)			
4		Masters (50-60 yrs)			
5		Masters (60yrs above)			
6		Masters (60yrs above)			
1		Divyang			
2		Divyang			
3		Divyang			
4		Divyang			
5		Divyang			
6		Divyang			

TEAM MANAGER: \_\_\_\_\_ COACH: \_\_\_\_\_

JUDGE: \_\_\_\_\_ JUDGE: \_\_\_\_\_

UNIT NAME: \_\_\_\_\_

TRAIN No. & ARRIVAL TIME: \_\_\_\_\_

TRAIN No. & DEPARTURE TIME: \_\_\_\_\_

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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## 9<sup>th</sup> Junior / Masters / Divyang National Championship 2019

### REGISTRATION FORM

1. NAME: \_\_\_\_\_
2. UNIT: \_\_\_\_\_
3. ADDRESS: \_\_\_\_\_  
\_\_\_\_\_
4. D.O.B \_\_\_\_\_
5. MOBILE NO.: \_\_\_\_\_ EMAIL ID: \_\_\_\_\_
6. ARRIVAL : \_\_\_\_\_
7. DEPARTURE: \_\_\_\_\_

I, \_\_\_\_\_, in order to participate in the **9<sup>th</sup> Junior / Masters / Divyang National Body Building Championship 2019 on 29<sup>th</sup> – 30<sup>th</sup> January 2019 at Meerut, U.P., India**, do hereby agree to be bound by the Indian Bodybuilders Federation (IBBF) rules and regulations and the National Anti Doping Agency Code. I further agree to cooperate fully with the IBBF and the competition organizers.

I understand, accept and agree to follow the rules and terms of the said competition IBBF Code and NADA Code. If I am selected for Dope testing, I will co-operate fully with the Dope testing officer at all times and will provide a sample of my urine without undue delay.

Signature : \_\_\_\_\_

Name : \_\_\_\_\_

Unit : \_\_\_\_\_

Date : \_\_\_\_\_

Approved by (IBBF Official): \_\_\_\_\_



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Date: 26<sup>th</sup> November, 2018

### **RAIL TRAVEL CONCESSION**

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))  
MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This to certify that that \_\_\_\_\_ Body  
Builders/Officials of \_\_\_\_\_ is/are taking part in the **9<sup>th</sup> Junior**  
**/ Masters / Divyang National Championship 2019**, being organize under the authority of  
**Indian Body Builders Federation** from **29<sup>th</sup>- 30<sup>th</sup> January, 2019** at Meerut, U.P. This/These  
participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA  
Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each  
journey from \_\_\_\_\_ to \_\_\_\_\_ and back.

**For Indian Body Builders Federation**

**Mr. Chetan M. Pathare**  
**General Secretary**





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Date: 26<sup>th</sup> November 2018

To,  
**The Executive Committee Members**  
Indian Body Builders Federation  
Mumbai

## **EXECUTIVE COMMITTEE MEETING**

### **NOTICE**

Notice is hereby given to all the members of the Executive Committee of the Indian Body Builders federation, that a Meeting of the Executive Committee will be held on Tuesday 29<sup>th</sup> January 2019 at 08.00 P. M. at Shobhit University, Meerut, U.P.; during 9<sup>th</sup> Junior / Masters /Divyang National Body Building Championship, to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

### **AGENDA**

1. To confirm the minutes of the last Executive Committee Meeting.
2. To discuss and confirm the forthcoming championships for the year 2019-2020.
3. To resolve the state association issues if any.
4. To adopt new amendments if any and put forward in General Body Meeting.
5. To discuss about the letters if any received from Executive Committee Members or the State Associations before 20<sup>th</sup> January, 2019.
6. Any other matter with the permission of chair.

For Indian Body Builders Federation

**Mr. Chetan M. Pathare**  
General Secretary





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Date: 26<sup>th</sup> November 2018

To,  
**The Executive Committee Members /Representatives**  
**Of Affiliated State Associations / Union Territories / Sports Boards**  
Of Indian Body Builders Federation  
Mumbai

## **EXTRA-ORDINARY GENERAL BODY MEETING**

### **NOTICE**

Notice is hereby given to all the members of the Executive Committee & the representatives of the affiliated State Associations / Union Territories / Sports Board of the of the Indian Body Builders federation, that the Extra-Ordinary General Body Meeting will be held on Thursday 30<sup>th</sup> January, 2019 at 09.00 AM at Shobhit University, Meerut, U.P.; during 9<sup>th</sup> Junior / Masters /Divyang National Body Building Championship, to discuss the following Agenda.

All the Executive Members / Representatives of State Associations / Union Territories / Sport Boards are requested to attend the same in proper uniform.

### **AGENDA**

1. To confirm the minutes of the last General Body Meeting.
2. To discuss and confirm the forthcoming championships for the year 2019-2020.
3. To resolve the state association issues if any.
4. To adopt new amendments if any and put forward in General Body Meeting.
5. To discuss about the letters if any received from Executive Committee Members or the State Associations before 20<sup>th</sup> January, 2019.
6. Any other matter with the permission of chair.

For Indian Body Builders Federation

**Mr. Chetan M. Pathare**  
General Secretary

