



9th SOUTH ASIAN MEN'S BODYBUILDING CHAMPIONSHIPS

Date :2nd-4th November, 2012; Venue : Ludhiana, Punjab, India

55KG

PLACE	NAME OF THE ATHLETE	COUNTRY	Wt.	Trunk No.
1	C. KALAIVANAN	INDIA	54	251
2	SANDEEP KUMAR	INDIA	55	252

60KG

PLACE	NAME OF THE ATHLETE	COUNTRY	Wt.	Trunk No.
1	SACHIT PRADHAN	NEPAL	60	255
2	VIVEK PANWAR	INDIA	59	256
3	ZIYAD MAHMOOD	MALDIVES	59	258
4	SWAPNIL NARWADKAR	INDIA	60	257

65KG

PLACE	NAME OF THE ATHLETE	COUNTRY	Wt.	Trunk No.
1	PRADIPKUMAR SINGH KHUNDRAKPAM	INDIA	63	265
2	RAM BAHADUR DAHAL	NEPAL	64	261
3	MOHAMED ADIL	MALDIVES	63	263
4	BARYALI AHADI	AFGHANISTAN	65	273
5	S. JEYA KUMAR	INDIA	63	266

CHRISTINA Y. KAM
JUDGES COMMITTEE CHAIRMAN
ABBF

AMIT SWAMI
PRESIDENT
SABBF



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70KG

PLACE	NAME OF THE ATHLETE	COUNTRY	Wt.	Trunk No.
1	RAJU KHAN	INDIA	69	271
2	ELYAS MAHAK	AFGHANISTAN	70	270
3	DAMAYANT SINGH	INDIA	69	272
4	SHYAM SHRESTHA	NEPAL	68	268
5	MANIK MOHAMED IBRAHIM	MALDIVES	65.5	269

75KG

PLACE	NAME OF THE ATHLETE	COUNTRY	Wt.	Trunk No.
1	HASSANZADA RAMIN	AFGHANISTAN	75	275
2	RAMESH KUMAR	INDIA	74	277
3	GOVIND JHA	INDIA	74	276
4	RASHEED MOHAMED	MALDIVES	71	274

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80KG

PLACE	NAME OF THE ATHLETE	COUNTRY	Wt.	Trunk No.
1	ARAMBAM BOBY SINGH	INDIA	79	281
2	HAMIDULLAH SHIRAZAI	AFGHANISTAN	76	280
3	ABDUL SALIM ANSARI	INDIA	75	282

85KG

PLACE	NAME OF THE ATHLETE	COUNTRY	Wt.	Trunk No.
1	TANVEER AKRAM	INDIA	85	286
2	NOORUL HODAA SHIRZAD	AFGHANISTAN	84	285
3	MOHAMMAD MUQIM HASHURI	AFGHANISTAN	83	264
4	VIJAY BAHADUR	INDIA	84	287

90KG

PLACE	NAME OF THE ATHLETE	COUNTRY	Wt.	Trunk No.
1	SANGRAM CHOUGULE	INDIA	87	291
2	MOHAMMAD YOSUF SAKHI	AFGHANISTAN	86	290
3	VIRENDER SINGH	INDIA	87	292
4	IBRAHIM GIYAS	MALDIVES	88	289

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90KG ABOVE

PLACE	NAME OF THE ATHLETE	COUNTRY	Wt.	Trunk No.
1	MUKESH SINGH	INDIA	105	296
2	MOHAMMAD HAROON AZAMI	AFGHANISTAN	95	295
3	VIKRAM	INDIA	94	297
4	WANGCHEN TANDIN	BHUTAN	94	294

OVERALL CHAMPION: SANGRAM CHOUGULE

BEST POSER: HAMIDULLAH SHIRAZAI - AFGHANISTAN

TEAM CHAMPIONSHIP: INDIA

TEAM CHAMPIONSHIP RUNNER UP: AFGHANISTAN

TEAM CHAMPIONSHIP 2ND RUNNER UP: NEPAL / MALDIVES

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