



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date: 21st November 2018

To,

The Secretaries / Executive Committee Members / Life Members
State Body Building Associations / Union Territories / Sports Boards
Affiliated to Indian Body Builders Federation
Mumbai.

Ref. No.:IBBF/SN/CR-03-18-19

Sub.: "8th Federation Cup 2019"

Senior Men's and Women's National Body Building Championship

Dear Sir / Madam,

The Indian Body Builders Federation is pleased to extend its Invitation for all its affiliated State Units/ Union Territories and Sports Boards to participate in the **"8th Federation Cup 2019"** Senior Men's and Women's National Bodybuilding Championship; organized by **Chandigarh Bodybuilding & Physique Sports Association, Chandigarh**. The said competition is organized on 9th – 10th February 2019 at Auditorium Govt. College, Sec.46, Chandigarh.

We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Sports Boards to participate with best of their body builders as per the attached rules, to make this championship a grand success.

Thanking you

For Indian Body Builders Federation

Mr. Chetan M. Pathare
General Secretary





Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

8th FEDERATION CUP 2019

Sr. National Men's and Women's Body Building Championship

PARTICULARS

- Contest** : 8th FEDERATION CUP 2019
Senior Men's and Women's National Body Building Championship
- Date** : Saturday 9th February 2019 to Sunday 10th February 2019
- Organiser** : Chandigarh Bodybuilding & Physique Sports Association, Chandigarh
- Venue for Finals** : Auditorium Govt. College, Sector 46, Chandigarh
- Reception** : Hotel Pearl Grand, Chandigarh, Punjab 140601
- Lodging for participants:** Lodging will be provided for Two nights only.
- Lodging for Officials** : Lodging will be provided for Two nights only.
- Nearest Railway Station:** Chandigarh
- Nearest Airport** : Chandigarh Airport
- Contact** : SurajBhan – 09988145959/ 08528112000
Munit Sachdeva - 09814245255
Navneet Singh - 09888320009
- IBBF Secretariat** : Mr. ChetanPathare –General Secretary
Mobile: 099679 71970
- Weight Group** :
For Men's Body Building Total ten weight groups
Up to & inclusive 55 kgs
Up to & inclusive 60 kgs
Up to & inclusive 65 kgs
Up to & inclusive 70 kgs
Up to & inclusive 75 kgs
Up to & inclusive 80 kgs
Up to & inclusive 85 kgs
Up to & inclusive 90 kgs
Above 90 kgs & below 100 kgs
Above 100 kgs
- For Women's Bodybuilding : One Open Group



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

- Eligibility :** All the affiliated State units/ Union Territories / Sports Boards can send 12 numbers of body builders but in each group only two athletes of each unit will be allowed to participate in Senior Men's Body Building Category.
- For Women's Bodybuilding any any numbers of athletes can participate from each State units/Union Territories / Sports Board.
- Entry Fee :**
- For Body Building Rs.1000/- per competitor for Men's and Women's Body Building
- For Best Posing Rs.500/- per competitor for Best Poser Contest.
- Entry Fee for Official :** Rs. 1000/- per official
- Last Date for Entry :** 10th January, 2019.
- Submission of entries :** Entries will be accepted in prescribed format
Entries may be sent to
1. General Secretary
Indian Body Builders Federation
PathareGymco
280/A, Jawalkar Mansion,
Dr. B. Ambedkar Road,
Parel, Mumbai-400 012.
Maharashtra.
 2. Email:- ibbf_mumbai@yahoo.in
- Annual Fees :** All the affiliated state associations those who have not yet paid their Annual Membership Fees of Indian Body Builders Federation are requested to pay on or before 31st January 2019.
- Prizes & Awards**
- Senior Men's Body Building :**
1. First three places in each category will receive Gold, Silver & Bronze Medals.
 2. First Five places in each category will receive Cash Prizes of Rs.10000/-, Rs.7000/-, Rs.5000/-, Rs.3100/- & Rs.2100/- respectively along with Merit Certificates.
 3. Overall Champion will receive Cash Prize of Rs.50000/- along with Trophy, Merit Certificate
 4. Best Poser will receive Trophy, Merit Certificate
 5. Most Improved Body Builder will receive Trophy, Merit Certificate.
 6. Team Championship will receive Trophy, Merit Certificate.
 7. All the Participants will receive participation certificate.



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Women's Bodybuilding :
1. First Three places will receive Gold, Silver, & Bronze Medals.
2. First Five Places in each category will receive Cash Prizes of Rs.10000/-, Rs.7000/-, Rs.5000/-, Rs.3100/- & Rs.2100/- along with Merit Certificate.
3. All the participants will receive Participation Certificate.

Doping : Dope test may be conducted at random by the National Anti Doping Agency (NADA).

Rules for the Contest
1. Team Managers to note that competitors who fail for weighing-in within the time limit will be eliminated from the championship.
2. All officials & competitors must arrive prior to the schedule.
3. Organizers will provide free lodging & boarding to all Competitors, coach, manager along with Executive Committee Members of Indian Body Builders Federation for three nights.
Other than the above mentioned officials, extra officials & supporters will not be allowed provided with lodging and boarding facility. We require state units co-operation for the same.
4. Team Manager note - Bodybuilders using tanning products/oil will be responsible for payment in full for bed sheets & pillow covers wall paint stained by the same.
5. All the Officials, managers, coaches are requested to come with their proper uniform.
6. Participants and officials who arrive before 09th February 2019 and wish to stay after 10th February 2019 will have to bear for their lodging & boarding.
7. Golden, Silver and Bronze colour tanning cream is not allowed.
8. It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs and actions will not be tolerated and the said participant will be banned from the Best Posing contest.

Please note : Indian Body Builder's Federation, Chandigarh Bodybuilding & Physique Sports Association, Chandigarh or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the competition.



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

8th FEDERATION CUP 2019

Senior Men's & Women's National Body Building Championship

SCHEDULE

Saturday 9th February 2019

- 08.00 AM ONWARDS : Arrival of all competitors, officials & judges
- 08.00 AM TO 10.00 AM : Break Fast (Venue will be informed later)
- 01.00 PM TO 03.00 PM : Lunch (Venue will be informed later)
- 04.30 PM TO 05.00 PM : Judges / Coaches / Team Managers Meeting
(Venue will be informed later)
- 05.00 PM ONWARDS : Weighing In (Venue will be informed later)
- 05.00 PM TO 06.00 PM : Executive Committee Meeting
- 08.00 PM ONWARDS : Welcome Dinner (Venue will be informed later)

Sunday 10th February 2019

- 07.00 AM TO 09.00 AM : Break Fast (Venue will be informed later)
- 10.00 AM TO 11.00 AM : Extra Ordinary General Body Meeting
- 01.00 PM TO 02.00 PM : Lunch (Venue will be informed later)
- 2.00 PM ONWARDS : Finals & Prize Distribution
- 09.00 PM TO 10.00 PM : Farewell Dinner (Venue will be informed later)

Monday 11th February 2019

- 11.00 AM : Departure of all competitors, officials & judges



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

8th FEDERATION CUP 2019

Sr.Men's National Men's & Women's Body Building Championship

OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 1st December 2017.

SR.	NAME	CATEGORY	MOBILE NO.	WEIGHT
1		Bodybuilding		
2		Bodybuilding		
3		Bodybuilding		
4		Bodybuilding		
5		Bodybuilding		
6		Bodybuilding		
7		Bodybuilding		
8		Bodybuilding		
9		Bodybuilding		
10		Bodybuilding		
11		Bodybuilding		
12		Bodybuilding		
1		Women's Bodybuilding		
2		Women's Bodybuilding		
3		Women's Bodybuilding		
4		Women's Bodybuilding		
5		Women's Bodybuilding		
6		Women's Bodybuilding		
7		Women's Bodybuilding		
8		Women's Bodybuilding		

TEAM MANAGER: _____ COACH: _____

JUDGE: _____ JUDGE: _____

UNIT NAME: _____

TRAIN No. & ARRIVAL TIME: _____ TRAIN No. & DEPARTURE TIME: _____

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Ref. No.:IBBF/SN/CR-03/18-19

Date: 21st November 2018

RAIL TRAVEL CONCESSION

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))
MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This is to Certify that _____

Body Builders/Officials of _____

is/are taking part in the **8thFederation Cup 2019, Sr.Men'sand Women's National Body Building Championship** being organized by **Chandigarh Bodybuilding & Physique Sports Association, Chandigarh, Chandigarh;** under the authority of **Indian Body Builders Federation**. From 9th February to 10th February 2019. This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from _____ to _____ and back.

For **Indian Body Builders Federation**

Chetan M. Pathare
General Secretary



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date: 25th October 2018

To,
The Executive Committee Members
Indian Body Builders Federation
Mumbai

EXECUTIVE COMMITTEE MEETING

NOTICE

Notice is hereby given to all the members of the Executive Committee of the Indian Body Builders Federation, that a Meeting of the Executive Committee will be held on Saturday 9th February, 2019 at 05.00 PM at Chandigarh during 8th Federation Cup, Senior Men's and Women Body Building Championship 2019, to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

AGENDA

1. To confirm the minutes of the last Executive Committee Meeting.
2. To discuss and confirm the forthcoming championships for the year 2019-2020.
3. To resolve the state association issues if any.
4. To adopt new amendments if any and put forward in General Body Meeting.
5. To discuss about the letters if any received from Executive Committee Members or the State Associations before 1st February, 2019.
6. Any other matter with the permission of chair.

For Indian Body Builders Federation

Chetan M. Pathare

Mr. Chetan M. Pathare
General Secretary





Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date: 25th October 2018

To,
The Executive Committee Members /Representatives
Of Affiliated State Associations / Union Territories / Sports Boards
Of Indian Body Builders Federation
Mumbai

EXTRA-ORDINARY GENERAL BODY MEETING

NOTICE

Notice is hereby given to all the members of the Executive Committee & the representatives of the affiliated State Associations / Union Territories / Sports Board of the of the Indian Body Builders federation, that the Annual General Body Meeting will be held on Saturday 10th February, 2019 at 10.00 AM Chandigarh during 8th Federation Cup, Senior Men's and Women Body Building Championship 2019, to discuss the following Agenda.

All the Executive Members / Representatives of State Associations / Union Territories / Sport Boards are requested to attend the same in proper uniform.

AGENDA

1. To confirm the minutes of the last General Body Meeting.
2. To discuss and confirm the forthcoming championships for the year 2019-2020.
3. To resolve the state association issues if any.
4. To adopt new amendments if any and put forward in General Body Meeting.
5. To discuss about the letters if any received from Executive Committee Members or the State Associations before 1st February, 2019.
6. Any other matter with the permission of chair.

For Indian Body Builders Federation

Mr. Chetan M. Pathare
General Secretary

