

Indian Body Builders Federation

MR. INDIA 2011

3rd SENIOR NATIONAL BODY BUILDING CHAMPIONSHIP

**28th – 30th
January 2011**

**-: Organiser: -
STATE BODY BUILDING ASSOCIATION (GUJRAT)**

TM

IBBF

MUMBAI



Slimwell Gymnasium, Behind Victoria Church, Shitladevi Temple Road,
Mahim, Mumbai-400 016. Maharashtra.

Tel.: 022-24466805 - Mobile:09417013405 / 09967971970 / 09820309972

Telefax:022-24466805 Email: ibbf_mumbai@yahoo.in

Date: December 3, 2010

To,
The Executive Committee Members / Secretaries / Life Members
State Body Building Associations
Affiliated to Indian Body Builders Federation,
Mumbai

Sub.: **Senior National Body Building Championship 2011.**

Dear Sir / Mam,

We are pleased to announce that **State Body Building Association (Gujrat)** has taken the initiative under the leadership and guidance of **Mrs. Tulsi Sujan, Mr. M. K. Sharma, Mr. Vijay Panchal**, to organize the most prestigious Body Building Championship of the year **3rd Senior National Body Building Championship 2011**, popularly known as a "**Mr. India 2010**" at Vadodara, Gujrat on & from 28th to 30th January 2011.

We are confident that all the affiliated state units of Indian Body Builders Federation will participate with best of their body builders to make this championship a grand success.

Thanking you.

Yours sincerely

Prem Chand

Premchand Degra
Hon. Gen. Secretary

Correspondence Address: Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai-400 012 Maharashtra.
Mobile:+91-9967971970 / +91-9820309972. Email:ibbf_mumbai@yahoo.in Website:www.ibbf.in

Mr. India 2011

3rd Senior National Body Building Championship 2011

PARTICULARS

Contest	:	Mr. India 2011 3rd Senior National Body Building Championship
Date	:	Friday 28th to Sunday 30th January 2011
Organiser	:	State Body Building Association (Gujrat)
Venue	:	Vadodara, Gujrat
Weight Group	:	Total nine weight groups Up to & inclusive 55 kgs Up to & inclusive 60 kgs Up to & inclusive 65 kgs Up to & inclusive 70 kgs Up to & inclusive 75 kgs Up to & inclusive 80 kgs Up to & inclusive 85 kgs Up to & inclusive 90 kgs Above 90 kgs
Eligibility	:	Twelve Body Builders from each State.
Annual Fees	:	All the affiliated state associations are requested to pay their Annual Membership Fees of Indian Body Builders Federation of Rs.3,000/- on or before 28th January 2011.
Entry Fee	:	Rs.200/- per competitor. Rs.500/- per competitor for Best Poser Contest.
Last Date for Entry	:	25th January 2011.
Submission of entries	:	Entries will be accepted in prescribed format Entries may be sent to 1. Hon. Gen. Secretary C/o. Associate Secretary Indian Body Builder's Association

Pathare Gymco
280/A, Jawalkar Mansion,
Dr. B. Ambedkar Road,
Parel, Mumbai-400 012.
Maharashtra.

2. SMS:- 9967971970 / 9820309972
3. Email:- ibbf_mumbai@yahoo.in

- Prizes & Awards** :
1. First three places in each category will receive Gold, Silver & Bronze medals.
 2. First Five places in each category will receive cash prizes of Rs.25000/-, Rs.20000/-, Rs.15000/-, Rs.10000/-, Rs.5000/- along with Merit Certificates.
 3. Overall Champion will receive Rs.1,00000/- sponsored by Talwalkars, largest chain of health clubs in India. along with Trophy & Merit Certificate.
 4. 1st Runner up will receive Rs.50,000/- along with Trophy & Merit Certificate.
 5. Best Poser will receive cash prize of Rs.25000/- along with Trophy & Merit Certificate.
 6. All the participants will receive participation certificates.
- Contact** :
- M. K. Sharma: 09426703457
Vijay Panchal : 09824033081
- IBBF Secretariat** :
- Mr. Premchand Degra - Hon. Gen. Secretary
Mobile: 094170 13405
Mr. Chetan Pathare – Associate Secretary
Mobile: 099679 71970 / 09820309972
- Judges Examination** :
- Only State unit will be eligible to nominate & submit the Entries on 28th January 2011 of those who wish to participate in Judges Examination along with the Fees of Rs.2000/-.
These candidates will have to bear their own lodging & boarding expenses.
- Rules for the Contest** :
1. Team Managers to note that competitors who fail for weighing-in within the time limit will be eliminated from the championship.
 2. All officials & competitors must arrive prior to the schedule.
 4. Organisers will provide free lodging & boarding to all 12 competitors, coach, manager & two judges along with Executive Committee Members of Indian Body Builders Federation for three days. Other than the above mentioned

officials, extra officials & supporters must pay Rs.4000/- each to the organizer for three days stay and food expenses.

We require state units co-operation for the same.

5. Team Manager note - Bodybuilders using tanning products/oil will be responsible for payment in full for bed sheets & pillow covers wall paint stained by the same.

6. All the Officials, managers, coaches are requested to come with their proper uniform.

7. Participants and officials who arrive before 28th January 2011 will have to bear for their lodging & boarding.

8. Golden, Silver and Bronze colour tanning cream is not allowed.

9. It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs and actions will not be tolerated and the said participant will be banned from the Best Poser contest.

Please note

:

Indian Body Builder's Federation, State Body Building Association (Gujrat) or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.

Mr. India 2011

3rd Senior National Body Building Championship 2011

SCHEDULE

Friday 28th January 2011

- 11.00 AM : Arrival of all competitors, officials & judges.
05.00 PM : Team Managers & Judges Meeting
06.00 PM : Weighing-in
09.30 PM : Welcome Dinner

Saturday 29th January 2011

- 10.00 AM : Pre Judging

Sunday 30th January 2011

- 10.00 AM : Executive Committee Meeting
11.00 AM : Annual General Body Meeting
06.00 PM : Finals & Prize distribution
10.00 PM : Farewell Dinner

Monday 31st January 2011

- 11.00 AM : Departure of all competitors, officials & judges

Please send your entries/confirmation on or before 28th January 2011 to:

Mr. Premchand Degra

Hon. Gen. Secretary

C/o. Associate Secretary

Indian Body Builder's Association

Pathare Gymco

280/A, Jawalkar Mansion,

Dr. B. Ambedkar Road,

Parel, Mumbai-400 012.

Maharashtra.

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Mr. India 2011

3rd Senior National Body Building Championship 2011 OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 28th January 2011

Please complete with name of competitors, team manager, coach & judges.

SR.	NAME	DATE OF BIRTH	WEIGHT
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			

TEAM MANAGER: _____

COACH: _____

JUDGE: _____

JUDGE: _____

UNIT NAME: _____

TRAIN No. & ARRIVAL TIME: _____

SEAL
PRESIDENT/SECRETARY

SIGNATURE OF



Slimwell Gymnasium, Behind Victoria Church, Shitladevi Temple Road,
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Date: December 3, 2010

To,
The Executive Committee Members
Indian Body Builders Federation
Mumbai

EXECUTIVE COMMITTEE MEETING

NOTICE

Notice is hereby given to all the members of the Executive Committee of the Indian Body Builders federation, that a Meeting of the Executive Committee will be held on Sunday 30th January 2011 at 10.00 AM, at Vadodara; Gujrat during 3rd Senior National Body Building Championship 2011 (Mr. India 2011), to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

AGENDA

1. To confirm the minutes of the last Executive Committee Meeting held in Agra, Uttar Pradesh on 4th December 2010.
2. To discuss the status of Govt. of India, Youth & Sports Ministry Affairs and other Govt. offices.
3. To adopt new amendments if any and put forward in General Body Meeting.
4. To discuss and confirm the forthcoming championships for the year 2011-2012.
5. To confirm the audit for the year 2010-2011.
6. Any other matter with the permission of chair.

For Indian Body Builders Federation

Prem Chand

Premchand Degra
Hon. Gen. Secretary



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Date: December 3, 2010

To,
The Executive Committee Members / Affiliated State Associations
Of Indian Body Builders Federation
Mumbai.

ANNUAL GENERAL BODY MEETING

NOTICE

Notice is hereby given to all the members of the Executive Committee & the representatives of the affiliated state associations of the Indian Body Builders federation, that Annual General Body Meeting will be held on Sunday 30th January 2011 at 10.00 AM, at Vadodara; Gujrat during 3rd Senior National Body Building Championship 2011 (Mr. India 2011), to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

AGENDA

1. To confirm the minutes of the Executive Committee Meeting held during the year 2010-2011.
2. To discuss & adopt new rules, regulations or amendments if any.
3. To discuss the matter of Govt. of India recognition.
4. To discuss the matter of International Body building Federations.
5. To discuss the matter of financial support required for the Federation.
6. To adopt new Executive Committee Members.
7. To discuss and confirm the forthcoming championships for the year 2011-2012.
8. To confirm the audit for the year 2010-2011.
8. Any other matter with the permission of chair.

For Indian Body Builders Federation

Prem Chand

Premchand Degra

Hon. Gen. Secretary