



Indian Body Builders Federation

14TH MR.INDIA - 2022

23-25 DECEMBER, 2022, LUDHIANA, PUNJAB

MEN'S BODY BUILDING				55 KG
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	NETA SINGH	MANIUR	54.25	1
2	BALAKRISHAN KANTA	RAILWAYS SPORTS PROMOTION BOARD	53.445	12
3	RAMAMURTHY M	TELANGANA	55	16
4	NITESH KUMAR BARIK	ODISHA	53.6	14
5	JHANDU MAJHI	WEST BENGAL	52	40

MEN'S BODY BUILDING				60 KG
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	AVINASH PATIL	MAHARASHTRA	59.05	50
2	KUNDAN KUMAR GOPE	RAILWAYS SPORTS PROMOTION BOARD	58.45	57
3	VAIBHAV MAHAJAN	VIDARBHA	59.6	63
4	VASKAR MONDAL	WEST BENGAL	59.25	41
5	SANJIB DAS	WEST BENGAL	58.2	59

MEN'S BODY BUILDING				65 KG
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	VIGNESHA	RAILWAYS SPORTS PROMOTION BOARD	63.9	93
2	HIRA LAL	PUNJAB	64.4	100
3	AKASH R.	KARNATAKA	63.45	117
4	CHANDRAN	TAMILNADU	60.65	299
5	MAJID BAGWAN	MAHARASHTRA	63.25	118

MEN'S BODY BUILDING				70 KG
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK
1	TAUSIF MOMIM	MAHARASHTRA	70	136
2	PRASHANT KUMAR DAS	ODISHA	69.3	129
3	RAKSHITH	RAILWAYS SPORTS PROMOTION BOARD	67.56	140
4	MANOJ MORE	MAHARASHTRA	68.9	133
5	NAGENDRA MADIWAR	KARNATAKA	69.25	151

MEN'S BODY BUILDING				75 KG
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK
				NO.
1	HARI BABU	RAILWAYS SPORTS PROMOTION BOARD	73	165
2	V. JAYAPRAKASH	RAILWAYS SPORTS PROMOTION BOARD	74.5	166
3	NAMMI MARU NAIDU	SERVICES SPORTS CONTROL BOARD	74.95	184
4	PRAKASH PRADHAN	ASSAM	74.75	167
5	JAGANNATH KHUNTIA	ODISHA	74.1	174

MEN'S SPORTS PHYSIQUE			UPTO 165 cm	
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK
				NO.
1	RISHIKESH PENKAR	MAHARASHTRA		561
2	SANI ROY	WEST BENGAL		551
3	VIGNESHWARAN S	PUDUCHERRY		544
4	SANTHOSH G.P.	TAMILNADU		563
5	HIMANSHU GODIYAL	UTTARAKHAND		542

MEN'S SPORTS PHYSIQUE			OVER 165 cm	
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK
				NO.
1	PANKAJ RAWAT	CHANDIGARH		618
2	MOHANASUNDARAM	TAMILNADU		612
3	PUPUN KUMAR SWAIN	ODISHA		615
4	WARSHIM CHESAM	MANIPUR		587
5	GAIN RANJAN SHARMA	PUNJAB		586

MEN'S FITNESS PHYSIQUE				OPEN
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	MAIBAM ROBERT	MANIPUR		476
2	MANGAL ARAMBAM	MANIPUR		588
3	ABHISHEK JAISWAL	VIDARBHA		498
4	VIKAS	KARNATAKA		255
5	SANJAY PANDEY	HARYANA		499

MEN'S ATHLETIC PHYSIQUE				OPEN
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	DHRUBA JYOTI TAMULI	ASSAM		421
2	JOYJEET WAIKHOM	MANIPUR		426
3	SHUBHAM BHOITE	MAHARASHTRA		459
4	MUNNA BUDHANI	UTTARAKHAND		464
5	LOKESH YADAV	RAJASTHAN		456

MEN'S BODY BUILDING				80 KG
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	SAGAR KATURDE	CENTRAL REVENUE SPORTS & CULTURAL BOARD	78	238
2	MARUA JIJO D	TAMILNADU	76	233
3	DHRUV SINGH RAO	RAJASTHAN	79.25	207
4	SWAROOP M BANGERA	KARNATAKA	79.95	240
5	NAVEEN	CHATTISGARH	79.65	208

MEN'S BODY BUILDING			85 KG	
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	MARADONA KSHETRI MYUM	MANIPUR	83.2	277
2	HABIB SAYYED	MAHARASHTRA	83.7	244
3	N. SARBO SINGH	RAILWAYS SPORTS PROMOTION BOARD	84.25	266
4	RAVINDER KUMAR MALIK	SERVICES SPORTS CONTROL BOARD	82.9	290
5	CHITHARESH KONGARAMPILLY NATESAN	CENTRAL REVENUE SPORTS & CULTURAL BOARD	81.8	271

MEN'S BODY BUILDING			90 KG	
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	RASHMI RANJAN SAHOO	ODISHA POST	87.95	326
2	SUJAN PILANKAR	MAHARASHTRA	89.65	321
3	RAHUL BIST	RAILWAYS SPORTS PROMOTION BOARD	86	302
4	SANNIDHYA BISHT	UTTARAKHAND	86.85	328
5	GANESH JADHAV	RAILWAYS SPORTS PROMOTION BOARD	86.3	339

MEN'S BODY BUILDING			90 KG - 100 KG	
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	RAM NIWAS	RAILWAYS SPORTS PROMOTION BOARD	92	358
2	MELSOIN NOUGMEKAM	MANIPUR	92.55	377
3	NILESH DAGADE	MAHARASHTRA	100	356
4	SUKHDEEP SINGH	PUNJAB		353
5	AJAY PUNDIR	UTTARAKHAND	91.65	361

MEN'S BODY BUILDING			ABV 100 KG	
SR. NO.	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	ANUJ KUMAR TALIYAN	SERVICES SPORTS CONTROL BOARD	100.2	394
2	HARDEEP SINGH	ALL INDIA POLICE	101.25	390
3	PAWAN KUMAR	HARYANA	101.55	256
4	JAVED ALI KHAN	RAILWAYS SPORTS PROMOTION BOARD	105	410
5	M. RAJKUMAR	TAMILNADU	107.3	412

CHAMPION OF CHAMPION	<u>RAM NIWAS - RAILWAYS SPORTS PROMOTION BOARD - TRUNK 358</u>	
TEAM CHAMPIONSHIP	RAILWAYS SPORTS PROMOTION BOARD	315 POINTS
TEAM CHAMPIONSHIP RUNNER U MAHARASHTRA		200 POINTS
TEAM CHAMPIONSHIP 1ST RUNNI MANIPUR		125 POINTS

