



Indian Body Builders Federation

FEDERATION CUP - 2016

NATIONAL BODYBUILDING & PHYSIQUE SPORTS CHAMPIONSHIP

18-20 MARCH, 2016, PUNJAB

55KG

PLACE	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	SIKANDER	PUNJAB	53.4	6
2	RAMANDEEP SINGH	PUNJAB	55	2
3	UMESH KUMAR	DELHI	55	3
4	MANISH KUMAR	PUNJAB	53.7	4
5	MANOJ SOM KANWER	MADHYA PRADESH	55	5

60KG

PLACE	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	PRADEEP VERMA	PUNJAB	59.5	14
2	PRAMOD KUMAR	UTTAR PRADESH	59.4	13
3	KRISHNA RAO	ODISHA	55.9	17
4	SANJEEV MOHAPATRA	ODISHA	59.2	15
5	VIMAL JEET	JAMMU & KASHMIR	59.9	11

65KG

PLACE	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	S RAJESH BABU ACHARYA	ODISHA	64.9	27
2	LAXMI NARAYAN PRATIHARI	ODISHA	64.4	29
3	SHARIKH KHAN	CHANDIGARH	64.8	32
4	AKASH DAS	DELHI	62.6	25
5	GURU DAYAL YADAV	HIMACHAL PRADESH	62.8	26

			70KG	
PLACE	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	SANDEEP	DELHI	69.7	37
2	G AYYAPA	TELANAGANA	70	38
3	SATYARANJAN BEHRA	ODISHA	69.4	36
4	W KIRAN SINGH	MANIPUR	70	40
5	RAJEEV MALHOTRA	PUNJAB	68.9	34

			75KG	
PLACE	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	VINEET SHARMA	PUNJAB	74.9	61
2	NARENDER	DELHI	71.3	57
3	DHEERAJ DAHIYA	HARYANA	72.9	52
4	AMIT ARORA	DELHI	75	59
5	BIKRAM SINGH	PUNJAB	74.2	56

			80KG	
PLACE	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	RASHMI RANJAN SAHOO	ODISHA	76.3	81
2	RAMESH KUMAR	PUNJAB	76.3	77
3	SHIVA SHANKAR	TELANAGANA	76.1	74
4	IMPTIYAZ NAZIR	MAHARASHTRA	77.1	70
5	DINESHOR SINGH	MANIPUR	76	75

			85KG	
PLACE	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	YOGADITYA SINGH	UTTARAKHAND	82.7	89
2	RAJ KUMAR	PUNJAB	83.5	88
3	DHARMINDER BEDI	HARYANA	84.8	87
4	SUBHASH	UTTARAKHAND	84.8	86
5	NG SV RACHANANDRA SINGH	MANIPUR	82.6	90

			90KG	
PLACE	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	YATINDER SINGH	UTTAR PRADESH	89	101
2	DEBASHISH DATTA	ODISHA	86.8	99
3	ANUBHAV GAUTAM	HARYANA	85.6	96
4	KARAN SINGH	DELHI	88.9	97
5	KULDEEP THAKRAN	HARYANA	85.2	100

			90KG - 100 KG	
PLACE	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	MAHENDRA CHAVAN	MAHARASHTRA	92.6	104
2	SATYAJIT PRATIHARI	ODISHA	95.4	156
3	PARMINDER SINGH	PUNJAB	94.9	106
4	AJIT SINGH	DELHI	93	108
5	ZEESHAN	DELHI	93.9	107

			100 KG +	
PLACE	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	HIZBUR REHMAN	DELHI	108	114
2	RAHUL KUMAR	DELHI	100.4	115
3	JITENDER	HIMACHAL PRADESH	100.1	109
4	RAHUL YADAV	HARYANA	100.4	116

OVERALL CHAMPION: YATINDER SINGH - UTTAR PRADESH

BEST POSER: MAHENDRA CHAVAN (MAHARASHTRA)

TEAM CHAMPIONSHIP: PUNJAB (60 POINTS)

TEAM CHAMPONSHIP RUNNER UP: ODISHA (57 POINTS)

TEAM CHAMPIONSHIP 1ST RUNNER UP: DELHI (53 POINTS)

MENS PHYSIQUE

PLACE	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	GAURAV KUMAR	DELHI		126
2	DHANANJAY SINGH	JAMMU & KASHMIR		118
3	CHETAN SHARMA	CHANDIGARH		122
4	CHETAN SAINI	CHANDIGARH		136
5	SALMAN	UTTAR PRADESH		130