

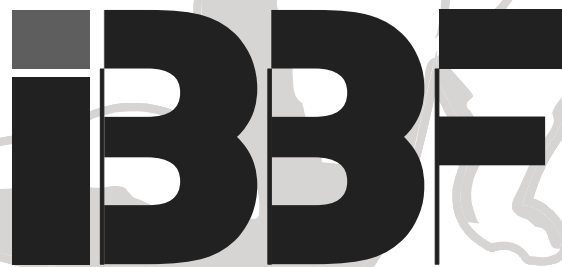
Indian Body Builders Federation

FEDERATION CUP

NATIONAL BODY BUILDING CHAMPIONSHIP

27th – 28th
March 2010

-:Organiser:-
BODY BUILDERS' ASSOCIATION, WEST BENGAL

The logo for the Indian Body Builders Federation (IBBE) is displayed in a large, bold, black font. The letters 'I', 'B', 'B', and 'E' are thick and blocky, with a vertical line separating the 'B's from the 'E'. The logo is positioned at the bottom of the page, partially overlapping the silhouette of a bodybuilder.

IBBE



Slimwell Gymnasium, Behind Victoria Church, Shitladevi Temple Road,
Mahim, Mumbai-400 016. Maharashtra.

Tel.: 022-24466805 - Mobile:09417013405 / 09967971970 / 09820309972

Telefax:022-24466805 Email: ibbf_mumbai@yahoo.in

Date: January 11, 2010

**To,
The Secretaries
State Body Building Associations
Affiliated to Indian Body Builders Federation**

**Sub.: Federation Cup
National Body Building Championship 2010.**

Dear Sir,

We are pleased to announce that **Body Builders' Association, West Bengal** has taken the initiative to organise **Federation Cup**, National Body Building Championship 2010 in Asansol, West Bengal.

We on behalf of Indian Body Builder's Federation take this opportunity to invite all affiliated States to participate with their full strength in this most prestigious body building championship of the year. The championship will be hosted on & from 27th to 28th March 2010.

We are confident that all the units of Indian Body Builder's Federation will participate in large numbers and make the championship a memorable one.

Thanking you.

Yours sincerely

Prem Chand

Premchand Degra
Hon. Gen. Secretary

Federation Cup

National Body Building Championship 2010

PARTICULARS

- Contest : Federation Cup
National Body Building Championship 2010
- Date : Saturday 27th – Sunday 28th March 2010
- Organiser : Body Builders' Association, West Bengal
- Weight Group : Total nine weight groups
Up to & inclusive 55 kgs
Up to & inclusive 60 kgs
Up to & inclusive 65 kgs
Up to & inclusive 70 kgs
Up to & inclusive 75 kgs
Up to & inclusive 80 kgs
Up to & inclusive 85 kgs
Up to & inclusive 90 kgs
Above 90 kgs
- Eligibility : Fourteen Body Builders from each State.
- Entry Fee : Rs.200/- per competitor.
- Last Day for Entry : 22nd March 2010.
- Submission of entries : Entries will be accepted in prescribed format
Entries may be sent to
1. Hon. Gen. Secretary
C/o. Associate Secretary
Indian Body Builder's Association
Pathare Gymco
280/A, Jawalkar Mansion,
Dr. B. Ambedkar Road,
Parel, Mumbai-400 012.
Maharashtra.

2. Telefax:- 022-2446 6805
3. SMS:- 9967971970 / 9820309972
4. Email:- **ibbf_mumbai@yahoo.in**

Prizes & Awards :

1. First three places in each category will receive Gold, Silver & Bronze medals.
2. First Five places in each category will receive cash prizes of Rs.10000/-, Rs.7000/-, Rs.5000/-, Rs.4000/-, Rs.3000/- along with Merit Certificates.
3. Overall Champion will receive Rs.25,000/- along with Trophy & Merit Certificate.
4. All the participants will receive participation certificates

Reception : Asansol Railway Station, West Bengal
Please inform your itinerary well in advance
for smooth local transportation and accommodation.

Contact : Nirmal Kr. Saha –09434536944 / R.:03432562563
Ashok Samanta – 09434008085
Swapan Roy – 09434311058
Isan Banerjee - 09434014122
Amal Majumdar – 09434469843
Pradeep Kumar – 098144 80965
Email: nirmalsaha19@gmail.com

IBBF Secretariat : Mr. Premchand Degra - Hon. Gen. Secretary
Mobile: 094170 13405
Mr. Chetan Pathare – Associate Secretary
Mobile: 099679 71970

Judges Examination : Only State unit will be eligible to nominate & send the entries before 22nd March 2010 of those who wish to participate in Judges Examination along with the Fees of Rs.2000/-.
These candidates will have to bear their own lodging & boarding expenses.

Rules for the Contest :

1. Each unit can send a maximum of two competitors in each weight category but not more than Fourteen competitors.
2. Team Managers to note that competitors who fail for weighing-in within the time limit will be eliminated from the championship.
3. All officials & competitors must arrive prior to the schedule.
4. Organisers will provide free lodging & boarding to all 14 competitors, coach, manager & two judges along with Executive Committee Members of Indian Body Builders Federation for two days.
Other than the above mentioned officials, extra officials & supporters must pay Rs.2000/- to the organizer for two days stay and food expenses. We require state units co-operation for the same.
5. Team Manager note - Bodybuilders using tanning products/oil will be responsible for payment in full for bed sheets & pillow covers wall paint stained by the same.
6. All the Officials, managers, coaches are requested to come with their proper uniform.
7. Participants and officials who arrive before 27th March 2010 will have to bear for their lodging & boarding.

Please note :

Indian Body Builder's Federation, Body Building Association of West Bengal or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.

FEDERATION CUP

National Body Building Championship 2010

SCHEDULE

Saturday 27th March 2010

11.00 AM : Arrival of all competitors, officials & judges.
04.00 PM : Team Managers & Judges Meeting
06.00 PM : Weighing-in
07.00 PM : Executive Committee Meeting
09.30 PM : Welcome Dinner

Sunday 28th March 2010

10.00 AM : Pre Judging
06.00 PM : Finals & Prize distribution
10.00 PM : Farewell Dinner

Monday 29th March 2010

11.00 AM : Departure of all competitors, officials & judges

Please send your entries/confirmation on or before 22nd March 2010 to:

Mr. Premchand Degra
Hon. Gen. Secretary
C/o. Associate Secretary
Indian Body Builder's Association
Pathare Gymco
280/A, Jawalkar Mansion,
Dr. B. Ambedkar Road,
Parel, Mumbai-400 012.
Maharashtra.

Telefax:- 022-2446 6805

Mobile: 09967971970 / 09820309972

Email: ibbf_mumbai@yahoo.in

FEDERATION CUP National Body Building Championship 2010
OFFICIAL ENTRY FORM

27th – 28th March 2010
Asansol, West Bengal.

Please fill this entry form and return on or before 22nd March 2010 to:

Hon. Gen. Secretary
C/o. Associate Secretary
Indian Body Builder's Association
Pathare Gymco
280/A, Jawalkar Mansion
Dr. B. Ambedkar Road,
Parel, Mumbai-400 012.
Maharashtra.
Telefax:- 022-2446805
Mobile: 09967971970 / 09820309972
Email: ibbf_mumbai@yahoo.in

Please complete with name of competitors, team manager, coach & judges.

SR.	NAME	DATE OF BIRTH	WEIGHT
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			

TEAM MANAGER: _____ COACH: _____

JUDGES: _____ JUDGES: _____

UNIT NAME: _____

TRAIN No. & ARRIVAL TIME IN LUDHIANA: _____

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



Slimwell Gymnasium, Behind Victoria Church, Shitladevi Temple Road,
Mahim, Mumbai-400 016. Maharashtra.
Tel.: 022-24466805 - Mobile:09417013405 / 09967971970 / 09820309972
Telefax:022-24466805 Email: ibbf_mumbai@yahoo.in

Date: 18th January 2010

To,
The Executive Committee Members
Indian Body Builders Federation

NOTICE

Notice is hereby given to all the members of the Executive Committee of the Indian Body Builders federation, that a Meeting of the Executive Committee will be held on Saturday 27th March 2010 at 07.00 pm; during Federation Cup, National Body Building Championship 2010, to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

AGENDA

1. To confirm the minutes of the last Executive Committee Meeting held in Ludhiana, Punjab on 30th October 2009.
2. To discuss the matter of Govt. of India recognition.
3. To discuss the matter of International Body building Federations.
4. To discuss the matter of financial support required for the Federation.
5. Any other matter with the permission of chair.

For **Indian Body Builders Federation**

Prem Chand

Premchand Degra
Hon. Gen. Secretary