



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date: 28th May, 2018

To,
The Secretaries / Executive Committee Members / Life Members
State Body Building Associations / Union Territories /
Government Sports Boards Affiliated to
Indian Body Builders Federation
Mumbai

Ref. No.:IBBF/ST/CR-02-2018-19

**Sub. : Selection Trial for the 52nd Asian Body Building & Physique Sports
Championship 2018 & 10th World Body Building & Physique Sports
Championship 2018**

Dear Sir / Madam,

We are pleased to inform you that **Chhattisgarh Pradesh Body Builders Association and ON Fitness**, under the patronage of Indian Body Builders Federation have organized Selection Trial **on Friday 31st August – 1st September 2018** at Shri Balbir Singh Juneja Stadium, Budha Talab, Raipur, Chhattisgarh; to select the Indian Team for the 52nd Asian Body Building & Physique Sports Championship 2018, which will be held on and from 2nd – 8th October, 2018 at Pune, Maharashtra, India and 10th World Body Building & Physique Sports Championship 2018, will be held in 11th to 17th December at Chiang Mai, Thailand.

Therefore, we humbly request you to send best of your athletes for the same.

Thanking you.

For Indian Body Builders Federation

**Mr. Chetan M. Pathare
General Secretary**





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SCHEDULE

Friday 31st August, 2018

- 08.00 AM : Arrival of all athletes, Executive Committee Members, Invited officials & Judges.
- 10.00 AM : Breakfast
- 11.00 AM : Reception
Hotel Sheetal International, VIP Road,
In front of Babylon Hotel, Vishal Nagar, Raipur, Chhattisgarh-492001
- 01.00 PM : Lunch (At respective Hotel)
- 03.00PM : Registration
Hotel Sheetal International, VIP Road,
In front of Babylon Hotel, Vishal Nagar, Raipur, Chhattisgarh-492001
- 09.00 PM: Dinner (At respective Hotel)

Saturday 1st September, 2018

- 08.00 AM : Breakfast (At respective Hotel)
- 10.00 AM : Selection Trials for various categories
Shri Balbir Singh Juneja Indore Stadium, Budha
Talab, Raipur, Chhattisgarh.
- 9.00 PM : Farewell Dinner (At respective Hotel)

Sunday 2nd September, 2018

- 08.00 AM : Departure of all competitors, invited officials & judges.

Railway Station: Raipur
(Railway Station to Hotel Sheetal International distance is about 8 KMS)

Airport: Raipur Airport
(Raipur Airport to Hotel Sheetal International distance is about 8 KMS.)



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CATEGORIES FOR ASIAN CHAMPIONSHIP

1 Junior Men's Bodybuilding

- a) Up to 75 Kg.
- b) Over 75 Kg.

2 Senior Men's Bodybuilding

- a) Up to 55 Kg.
- b) Up to 60 Kg.
- c) Up to 65 Kg.
- d) Up to 70 Kg.
- e) Up to 75 Kg.
- f) Up to 80 Kg.
- g) Up to 85 Kg.
- h) Up to 90 Kg.
- i) Up to 100 Kg.
- j) Over 100 Kg.

3 Master Men's Bodybuilding

40 – 49 years old:

- a) Up to 80 Kg.
- b) Over 80 Kg.

50 - 60 years old:

- a) Up to 80 Kg.
- b) Over 80 Kg.

Over 60 years

- a) One open category

4 Men's Fitness Physique

- a) Up to 170 cm/0 kg
- b) Over 170 cm/+2 kg

5 Men's Athletic Physique

- a) Up to 160cm + 2 kg.
- b) Up to 167cm + 4 kg
- c) Up to 175cm + 6 kg
- d) Up to 182cm + 8 kg
- e) Over 182cm + 10 kg

6 Men's Sports Physique

- a) Up to 170 cm - 2 kg
- b) Up to 175 cm/ 0 kg
- c) Up to 180 cm + 2 kg
- d) Over 180 cm + 4 kg

7 Senior Women's Bodybuilding

- a) Up to 55 kg
- b) Over 55 kg

8 Ladies Women's Bodybuilding

Over 30 yrs - one open category

9 Junior Women's Fitness Physique

21 yrs and below - one open category

10 Senior Women's Fitness Physique

- a) Up to 165 cm
- b) Over 165 cm

11 Senior Women's Athletic Physique

- a) Up to 165 cm
- b) Over 165 cm



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12 Ladies Women's Athletic Physique

- a) 30 - 40 yrs. one open category b) Over 40 yrs. one open category

13 Senior Women's Sport Physique

- a) Up to 165 cm b) Over 165 cm

14 Ladies Women's Sport Physique

- a) 30 - 40 yrs. one open category b) Over 40 yrs'

15 Junior Women's Model Physique (1)

21 yrs and under - one open category

16 Senior Women's Model Physique (5)

- a) Up to 155 cm b) Up to 160 cm c) Up to 165 cm
d) Up to 170 cm e) Over 170 cm

17 Ladies Women's Model Physique (2)

- a) 30 - 40 yrs. one open category b) Over 40 yrs. one open category

18 Mixed Pairs

One open category

19. Para Bodybuilding

One Open Category

Categories & Weight Groups for World Championship

1 Junior Men's Bodybuilding

- a) Up to 75 Kg. b) Over 75 Kg.

2 Senior Men's Bodybuilding

- a) Up to 55 Kg. b) Up to 60 Kg. c) Up to 65 Kg.
d) Up to 70 Kg. e) Up to 75 Kg. f) Up to 80 Kg.
g) Up to 85 Kg. h) Up to 90 Kg. i) Up to 100 Kg.
j) Over 100 Kg.

3 Master Men's Bodybuilding

- a) 40 – 49 years old: Open Category b) 50 - 59 years old: Open Category
c) Over 60 years : Open Category



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Entry Fee:

Body Building: Rs.1000/- Per competitor
Physique : Rs.3000/- Per competitor

Contact

Organiser: Mr. B.Rajshekhar Rao – 07869950242
Mr. Zubair Khan – 09827879299
Mr. Mahesh Patel - 09770194779
Mr. Satbir Juneja - 09229222004

IBBF Secretariat: Mr. Chetan M. Pathare (General Secretary) – 09967971970
Mr Arvind Singh (Secretary CPBBA) -

Please note that all the athletes must bring their Original Passport along with Passport Copy, passport size 4 photos along with them and must submit during registration.



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Date: 28th May, 2018

RAIL TRAVEL CONCESSION

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))
MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This is to Certify that _____ Body Builders/Official of _____ is/are taking part in the Selection Trial for the 52nd Asian Body Building & Physique Sports Championship 2018 & 10th World Body Building & Physique Sports Championship 2018 being organized by Chhattisgarh Pradesh Body Builders Association and ON Fitness, Raipur, Chhattisgarh; under the authority of Indian Body Builders Federation. From 31st August – 1st September 2018. This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from _____ to _____ and back.

Thanking you.

For Indian Body Builders Federation

Chetan M. Pathare
General Secretary