

Affiliated to : World Body Building and Physique Sports Federation (WBPF)

Asian Body Building and Physique Sports Federation (ABBF) South Asian Bodybuilding & Fitness Federation (SABBF)

Recognized by: The Association For International Sport For All (TAFISA)

World Leisure Organization (WLO)

General Assembly Of Asia Pacific (GAAPSF), Pacific Games Council (PGC)

Union of International Associations (UIA)

Date: 3rd May, 2023

To,

The Secretaries / Executive Committee Members / Life Members
State Body Building Associations / Union Territories / Government Sports Boards Affiliated to
Indian Body Builders Federation

Mumbai.

Ref. No.: IBBF/ST/CR-01-2023

Sub: Selection Trial of Team India

13th South Asian Body Building & Physique Sports Championship2023 55th Asian Body Building & Physique Sports Championship2023 14th WBPF World Body Building & Physique Sports Championship 2023

Dear Sir / Madam,

We are pleased to inform you that the Indian Body Builders Federation have organized **Selection Trial** on and from 3rd June - 4th June, 2023 in Goa in association with Goa Bodybuilding & Fitness Association to select the Indian Team for the **13th South Asian Body Building & Physique Sports Championship 2023**, which will be held on and **from 5th July – 9th July, 2023**, **55th Asian Body Building & Physique Sports Championship 2023**, which will be held on and from **1st September – 7th September, 2023** at Kathmandu, Nepal ard 4th WBPF World Body Building & Physique Sports Championship 2023, will be held on and from **6th November – 12th November – 2023**.

We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Government Sports Boards to send **ONLY best of their athletes** as per the rules and SOP's prescribed in the circular. It is further informed that selected officials as per the list attached will only be provided with the lodging and boarding and will be allowed to officiate in the Selection trial.

During the Executive Committee Meeting and Special General Body Meeting of the Indian Body Builders Federation held on 14th and 15th April 2023 at Haldwani, Uttarakhand is was decided to select maximum 2 athletes in each category for the above said Championships. It was further resolved that if any category the athlete performances are not up to the mark, then one or no athletes will be selected in the said category. We would also like to inform you that during the first international competition in 2023 if the athlete does not perform well then, his name will be eliminated from the next international championship in the year 2023.

The Ministry of Youth Affairs and Sports does not extend financial support; hence the affiliated units / athletes will have to bear all the expenses which includes Airfare, Visa charges, Registration fees, Sport Kit, administration charges, etc. If any athlete is unable to participate in the selected championship due to any reason before their departure would not be eligible for anyrefund of the amount paid.

Thanking you

For Indian Body Builders Federation

T V PAULY (ARJUNA AWARDEE)

Hiral Sheth

PRSIDENT GENERAL SECRETARY



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PARTICULARS

Contest : Selection Trial for South Asian, Asian / World Championship 2023

Reception : Hotel Laxmi Empire, Madgoan Goa

Date : 3rd June – 4th June, 2023

Competition Venue : Manohar Parrikar Indoor Stadium, Madgoan

Organizer : Indian Body Builders Federation in association with

Goa Bodybuilding & Fitness Association

Nearest Railway Station : Madgoan Station (distance approx. 1.50 meters)

Nearest Airport : 1. Goa Dabolim Airport (distance is 25 kilometers.)

2. Goa (North) Manohar International airport (distance is 64 kilometers)

Entry Fee

Body Building : Rs.1000/- Per competitor

Physique Sports : Rs.3000/- Per competitor

Contact : Kushali Virdikar – 8806951799 / 7020102828

Mahesh Rivonkar – 9422389814

Pradeep Naik - 9822151866

Sayed Amjad – 9822155540

Prabhav Naik - 8007866609

IBBF Secretariat : Ms. Hiral Sheth – General Secretary, 9819637300

Rules for the Contest : 1. Team Managers / Officials to note that competitors who fail for

weighing – in within the time limit will be eliminated

from the championship.

2. All officials & competitors must arrive prior to the schedule.



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Organizers will provide free lodging & boarding to the athletes as per the entry form and only invited officials per unit along with Executive Commit Members of the Indian Body Builders Federation for two nights only.

Other than the above-mentioned officials, extra officials, supporters and family members will not be provided with lodging and boarding facility. We require affiliated unit's co-operation for the same.

- 3. All the Officials, managers, coaches are requested to come in uniform prescribed by IBBF in all the schedules activities. Those who do not have uniform as prescribed by IBBF will not be allowed to participate in any official activities and will not be allowed to sit as a Judge. All the Judges should carry valid Judges card.
- 4 Participants and officials who arrive before **3rd June** and wish to stay after **4th June 2023** will have to bear for their own lodging & boarding.
- 5 Golden, Silver and Bronze color tanning cream is not allowed.
- 6. It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs, actions and dancing will not be tolerated and the said participant will be banned from the Best Posing contest.

Please note

Indian Body Builders Federation, any other organizers or any official will not be responsible for any mischief, injury or damages sustained in travel, before, during or after the competition.

Mandatory Guidelines

ANY STATE UNITS/ UT/ GOVERNMENTS SPORTS
BOARD SENDING ENTRIES AFTER THE MENTIONED DUE
DATE (15th May, 2023) WILL NOT BE ACCEPTEDAND THEY
WILL HAVE TO MANGAGE THEIR OWN LOGDING AND

BOARDING.

THE ORGANISERS WILLNOT PROVIDE ANY FACILITY TO THE SAID UNIT.

Please note that all the athletes must bring their Original Passport along with Passport Copy, passport size 4 photos along with them and must submit during registration.



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WEIGHT CATEGORIES FOR SOUTH ASIAN CHAMPIONSHIP 2023

- a. Junior Men's Bodybuilding Up to 75kg
- b. Junior Men's Bodybuilding Over 75kg
- c. Senior Men's Bodybuilding Up to 55kg
- d. Senior Men's Bodybuilding Up to 60kg
- e. Senior Men's Bodybuilding Up to 65kg
- f. Senior Men's Bodybuilding Up to 70kg
- g. Senior Men's Bodybuilding Up to 75kg
- h. Senior Men's Bodybuilding Up to 80kg
- Senior Men's Bodybuilding Up to 85kg
- j. Senior Men's Bodybuilding Up to 90kg
- k. Senior Men's Bodybuilding Over 90kg
- I. Men's Fitness (One Open Category)
- m. Men's Athletic Physique up to 160 cm +2kg
- n. Men's Athletic Physique up to 167 cm +4kg
- o. Men's Athletic Physique up to 175 cm +6kg
- p. Men's Athletic Physique up to 182 cm +8kg
- q. Men's Athletic Physique Over 182 cm +10kg
- r. Men's Sport Physique up to 170cm +2kg
- s. Men's Sport Physique up to 170cm +0kg
- t. Men's Sport Physique up to 180cm +2kg
- u. Men's Sport Physique Over 180cm +4g

TOTAL 21 Categories



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WEIGHT CATEGORIES FOR ASIAN CHAMPIONSHIP 2023

- 1. Junior Men's BodyBuilding Up to 75 Kg.
- 2. Junior Men's BodyBuilding Over 75 Kg.
- 3. Senior Men's BodyBuilding Up to 55 Kg.
- 4. Senior Men's BodyBuilding Up to 60 Kg.
- 5. Senior Men's BodyBuilding Up to 65 Kg.
- 6. Senior Men's BodyBuilding Up to 70 Kg.
- 7. Senior Men's BodyBuilding Up to 75 Kg.
- 8. Senior Men's BodyBuilding Up to 80 Kg.
- 9. Senior Men's BodyBuilding Up to 85 Kg.
- 10. Senior Men's BodyBuilding Up to 90 Kg.
- 11. Senior Men's BodyBuilding Up to 100 Kg.
- 12. Senior Men's BodyBuilding Over 100 Kg.
- 13. Men's Master BodyBuilding 40-49 years Old (one open category)
- 14. Men's Master BodyBuilding 50-60 years Old (one open category).
- 15. Men's Master BodyBuilding Over 60 years Old (One Open Category)
- 16. Men's Fitness Physique Up to 170 cm/0 Kg.
- 17. Men's Fitness Physique Over 170 cm/+2 Kg.
- 18. Teenager Athletic Physique (Male) 15-18 Yrs (One Open Category)
- 19. Men's Athletic Physique Up to 160 cm+2 Kg.
- 20. Men's Athletic Physique Up to 167 cm+4 Kg.
- 21. Men's Athletic Physique Up to 175 cm+6 Kg.
- 22. Men's Athletic Physique Up to 182 cm+8 Kg.
- 23. Men's Athletic Physique Over 182 cm+10 Kg.
- 24. Men's Sports Physique Up to 170 cm -2 Kg.



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- 25. Men's Sports Physique Up to 170 cm /0 Kg.
- 27. Men's Sports Physique Up to 180 cm +2 Kg.
- 28. Men's Sports Physique Over 180 cm +4 Kg.
- 29. Women's BodyBuilding Upto 55 kg
- 30. Women's BodyBuilding Over 55 kg
- 31. Women's Junior Fitness Physique 21 Yrs. & below (One Open Category)
- 32. Senior Women's Fitness Physique Up to 165 cm
- 33. Senior Women's Fitness Physique Over 165 cm
- 34. Teenager Athletic Physique (Female) 15-18 Yrs (Open Category)
- 35. Senior Women's Athletic Physique Up to 165 cm
- 36. Senior Women's Athletic Physique Over 165 cm
- 37. Senior Women's Sports Physique Up to 165 cm
- 38. Senior Women's Sports Physique Over 165 cm
- 39. Women's Junior Model Physique 21 Yrs. And below (One Open Category)
- 40. Senior Women's Model Physique Up to 155 cm
- 41. Senior Women's Model Physique Up to 160 cm
- 42. Senior Women's Model Physique Up to 165 cm
- 43. Senior Women's Model Physique Up to 170 cm
- 44. Senior Women's Model Physique Over 170 cm
- 45. Women's Swimsuit Model Physique (One Open Category)
- 46. Mixed Pairs

TOTAL 46 Categories



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WEIGHT CATEGORIES FOR WORLD CHAMPIONSHIP 2023

- 1. Junior Men's BodyBuilding Up to 75 Kg.
- 2. Junior Men's BodyBuilding Over 75 Kg.
- 3. Senior Men's BodyBuilding Up to 55 Kg.
- 4. Senior Men's BodyBuilding Up to 60 Kg.
- 5. Senior Men's BodyBuilding Up to 65 Kg.
- 6. Senior Men's BodyBuilding Up to 70 Kg.
- 7. Senior Men's BodyBuilding Up to 75 Kg.
- 8. Senior Men's BodyBuilding Up to 80 Kg.
- 9. Senior Men's BodyBuilding Up to 85 Kg.
- 10. Senior Men's BodyBuilding Up to 90 Kg.
- 11. Senior Men's BodyBuilding Up to 100 Kg.
- 12. Senior Men's BodyBuilding Over 100 Kg.
- 13. Men's Master BodyBuilding 40-49 years Old Up to 80 Kg.
- 14. Men's Master BodyBuilding 40-49 years Old Over 80 Kg.
- 15. Men's Master BodyBuilding 50-60 years Old Up to 80 Kg.
- 16. Men's Master BodyBuilding 50-60 years Old Up to 80 Kg.
- 17. Men's Master BodyBuilding Over 60 years
- 18. Men's Fitness Physique Up to 170 cm
- 19. Men's Fitness Physique Over 170 cm
- 20. Men's Athletic Physique Up to 160 cm
- 21. Men's Athletic Physique Up to 167 cm
- 22. Men's Athletic Physique Up to 175 cm
- 23. Men's Athletic Physique Up to 182 cm+8 Kg.
- 24. Men's Athletic Physique Over 182 cm+10 Kg.
- 25. Men's Sports Physique Up to 170 cm



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- 26. Men's Sports Physique Up to 175 cm
- 27. Men's Sports Physique Up to 180 cm
- 28. Men's Sports Physique Over 180 cm
- 29. Teenager Athletic Physique (Male) 15-18 Yrs (Open Category)
- 30. Teenager Athletic Physique (Female) 15-18 Yrs (Open Category)
- 31. Women's BodyBuilding upto 55 kg
- 32. Women's BodyBuilding over 55 kg
- 33. Senior Women's Fitness Physique Up to 165 cm
- 34. Senior Women's Fitness Physique Over 165 cm
- 35. Senior Women's Athletic Physique Up to 165 cm
- 36. Senior Women's Athletic Physique Over 165 cm
- 37. Women's Ladies Athletic Physique over 35 yrs (One Open Category)
- 38. Women's Junior Fitness Physique 21 Yrs. & below (One Open Category)
- 39. Women's Junior Model Physique 21 Yrs. And below (One Open Category)
- 40. Senior Women's Model Physique Up to 155 cm
- 41. Senior Women's Model Physique Up to 160 cm
- 42. Senior Women's Model Physique Up to 165 cm
- 43. Senior Women's Model Physique Up to 170 cm
- 44. Senior Women's Model Physique Over 170 cm
- 45. Women's Ladies Model Physique over 35 yrs (One Open Category)
- 46. Senior Women's Sports Physique Up to 165 cm
- 47. Senior Women's Sports Physique Over 165 cm
- 48. Women's Ladies Sports Physique over 35 yrs
- 49. Women's One-Piece Swimsuit
- 50. Mixed Pairs

TOTAL - 50 CATEGORIES



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TENTATIVE SCHEDULE

3rd June, 2023 - Day 1

10.00 AM onwards : Arrival / Registration and Weighing in of all

competitors and invited officials (Hotel Laxmi

Empire)

(The hotels will allot the rooms after 2.00 pm.

Kindly take a note)

01.00 PM : For the participating athletes package lunch will be

provided.

08.00 PM : For the participating athletes package dinner will be

provided.

4th June, 2023 - Day 2

09.00 AM onwards : Commencement of Selection Trial (as per category)

(Manohar Parrikar Indoor Stadium, Madgaon)

01.00 PM : For the participating athletes package lunch will be

provided.

05.00 PM : Announcement of TEAM INDIA

10.00 PM : For the participating athletes package dinner will be

provided.

5th June, 2024 - Day 3

10.00 AM : Departure of all competitors, officials and Judge

PLEASE NOTE:

NO BUSES OR CAR WILL BE ORGANISED FROM AIRPORT, RAILWAY STATION OR BUS STAND TO REACH REGISTRATION/ RECEPTION VENUE AND BACK.



SR.

NAME

Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

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MOBILE NO.

WEIGHT

Union of International Associations (UIA)

Selection Trials 2023

OFFICIAL ENTRY FORM

CATEGORY

Please fill this entry form and return on or before 15th MAY 2023.

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TEAMMANAGER:COACH:						
JUDGE:	JUDGE:JUDGE:					
UNIT						
NAME:						
TRAIN No. & ARRIVAL TIME:		TRAIN No. & DEPARTURETIME:				
SEAL		SIGNATURE OF PRESIDENT/SECRETARY				



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LIST OF EXECUTIVE COMMITTEE MEMBERS

Sr No.	NAME	DESIGNATION	UNIT
1	CHETAN M PATHARE	SECRETARY GENERAL, WBPF	MAHARASHTRA
2	PREMCHAND DEGRA	EXECUTIVE VICE PRESIDENT	PUNJAB
3	T V PAULY	PRESIDENT	KERALA
4	HIRAL SHETH	GENERAL SECRETARY	MAHARASHTRA
5	ATIN TIWARI	TREASURER	MADHYA PRADESH
6	SWAMY RAMESH KUMAR	VICE PRESIDENT	ANDHRA PRADESH
7	SURENDER SHARMA	VICE PRSEDENT	DELHI
8	TULSI SUJAN	VICE PRESIDENT	GUJARAT
9	ANUP SINGH	VICE PRSIDENT	HARYANA
10	LESLIE JOHN PETER	VICE PRSIDENT	KERALA
11	NAVNEET SINGH	ASSOCIATE SECRETARY	PUNJAB
12	RATAN SINGH	ORGANISING SECRETARY	MANIPUR
13	VISHWAS RAO	ORGANISING SECRETARY	UTTAR PRADESH
14	AJIT SIDDANNAVAR	ORGANISING SECRETARY	KARNATAKA
15	ARVIND SINGH	ORGANISING SECRETARY	CHHATISGARH
16	PREM SINGH YADAV	MEMBER	MADHYA PRADESH
17	SUMITRA PRIPATHY	MEMBER	ODISHA
18	VIKRAM ROTHE	LEGAL COUNSEL, WBPF & ABBF	MAHARASHTRA
19	PRASHANT APTE	PRESIDENT, SABBF	MAHARASHTRA
20	M AARSU	JUDGES COMMITTEE CHAIRMAN	RAILWAYS SPORTS PROMOTION BOARD

LIST OF OFFICIALS

			_
21	KISAN SINGH	JUDGES COMMITTEE - SECRETARY	MANIPUR
22	RAJESH DUTTA	SELECTION COMMITTEE - SECRETARY	JAMMU & KASHMIR
23	KAVITA KUMARI	FEMALE JUDGE	CENTRAL REVENUE SPORTS & CULTURAL BOARD
24	TASHI ONGMU LEPCHA	FEMALE JUDGE	SIKKIM
25	RAMESH SHARMA		UTTARAKHAND
26	MONU SABHARWAL		PUNJAB
27	SANTOSH PAWAR		MAHARASHTRA
28	RAJ SHEKAR RAO	MALE JUDGE	RAILWAYS SPORTS PROMOTION BOARD
29	BALA MURUGAN		TAMILNADU
30	SURAJ BHAN		CHANDIGARH
31	BHABHAJYOTI GOSWAMI		ASSAM
32	SAZID AHMED		UTTAR PRADESH
33	GYAN SINGH		DELHI

