



**Recognized by :** Government of India, Ministry of Youth Affairs & Sports, New Delhi

**Affiliated to :** South Asian Bodybuilding & Fitness Federation  
Asian Body Building and Physique Sports Federation, Singapore  
World Body Building and Physique Sports Federation, Dubai, UAE

**Recognized by :** The Association for International sports for All (TAFISA), Frankfurt, Germany  
Pacific Games Council (PGC), Australia

Date: 25 January 2014

To,

**The Secretaries / Executive Committee Members / Life Members**  
State Body Building Associations / Union Territories / Sports Boards  
Affiliated to Indian Body Builders Federation  
Mumbai.

Ref. No.:IBBF/SSC/CR-04-14

Sub.: **"AJIT BHARAT SHREE 2014"**

All India Invitational Classic Body Building Competition

Dear Sir,

The Indian Body Builders Federation is pleased to extend its Invitation for all its affiliated State Units/ Union Territories and Sports Boards to participate in the most prestigious All India Invitational Body Building Competition; **"AJIT BHARAT SHREE 2014"**; organized by **Ganesh Khandge Mitra Mandal** and **Maharashtra Body Building Association**. The said competition is organized on and from 21<sup>st</sup> February to 22<sup>nd</sup> February 2014 at MIT ground, Talegaon, Dabhade (station), Pune, Maharashtra.

The said competition is organised for Senior Men's Body Building (Ten Weight Categories) and Women's Body Building (One Weight Category).

We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Sports Boards to participate with maximum numbers of body builders to make this championship a grand success.

Thanking you,

For **Indian Body Builders Federation**

**Mr. Pradeep (Baba) Madhok**  
President

**Mr. Chetan M. Pathare**  
General Secretary

**Registered Address :** Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

**Correspondence Address:** Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.  
Mobile : +91-9967971970 / +91-9820309972. Email : [ibbf\\_mumbai@yahoo.in](mailto:ibbf_mumbai@yahoo.in) Website : [www.ibbf.in](http://www.ibbf.in)



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**Shri. Ganesh Vasant Rao Khandge**  
**Vice President (Pune District), Nationalist Congress Party**

Shri. Ganesh Vasant Rao Khandge, is the Vice President (Pune District) of the Nationalist Congress Party, President (Maval Taluka) of the Yuvak Nationalist Congress Party.

He is also the young renowned Businessman who has the vision to promote fitness and body building in youth and since several years have been organising District and State level Body Building Championships in his Maval Taluka constituency.

This year Shri. Ganesh Vasant Rao Khandge, have taken initiative to organise National Level Body Building Championship under the aegis of the Indian Body Builders Federation with huge prize money. The said championship is organised for Men and Women Body Builder's of our nation. He would provide best of facilities to the athletes and the officials and thus would make this competition one of the memorable one.

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## AJIT BHARAT SHREE 2014

All India Invitational Classic Body Building Competition (Men's and Women's)

### PARTICULARS

- Contest :** AJIT BHARAT SHREE 2014  
All India Invitational Classic Body Building Competition  
(Men's and Women's)
- Date :** Friday 21<sup>st</sup> February 2014 to Saturday 22<sup>nd</sup> February 2014
- Organiser :** Ganesh Khandge Mitra Mandal  
Maharashtra Body Building Association
- Venue for Finals :** MIT Ground, Talegaon, Dabhade (Station), Pune, Maharashtra.
- Reception :** Physc Gym, 3rd Floor, Khandge Arcade,  
Near Talegaon Railway Station, ST Stand Road  
Talegaon Dabhade - 410507. Maharashtra.
- Lodging for participants :** Lodging will be provided for two nights only.
- Lodging for Officials :** Lodging will be provided for two nights only.
- Nearest Railway Station :** Talegaon Dabhade Railway Station  
(From Pune Railway Station 45 minutes by Local Train)
- Nearest Airport :** Pune Airport (From airport 60 minutes)
- Contact :** Mr. Sumit Bhutkar - 09921993344  
Mr. Rajendrasingh Walia - 09422325085  
Mr. Sharad Marne - 09822514721
- IBBF Secretariat :** Mr. Chetan Pathare –General Secretary  
Mobile: 099679 71970 / 07506267970
- Weight Group :** a) **Men's body building**  
Total ten weight groups  
Up to & inclusive 55 kgs  
Up to & inclusive 60 kgs

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Up to & inclusive 65 kgs

Up to & inclusive 70 kgs

Up to & inclusive 75 kgs

Up to & inclusive 80 kgs

Up to & inclusive 85 kgs

Up to & inclusive 90 kgs

Above 90 Kgs to 100 kgs

Above 100 kgs

### b) Women's Body Building

One open weight group

**Eligibility :** All the affiliated State units/ Union Territories / Sports Boards can send maximum numbers of body builders for both the competitions since there is no limit numbers of athletes.

**Entry Fee :** Rs.400/- per competitor for Senior Men's Body Building.  
Rs.500/- per competitor for Best Poser Contest.  
No Entry Fees for Women's Bodybuilders

**Last Date for Entry :** 20<sup>th</sup> February 2014.

**Submission of entries :** Entries will be accepted in prescribed format  
Entries may be sent to

1. General Secretary  
Indian Body Builders Association  
Pathare Gymco  
280/A, Jawalkar Mansion,  
Dr. B. Ambedkar Road,  
Parel, Mumbai-400 012.  
Maharashtra.
2. Email:- [ibbf\\_mumbai@yahoo.in](mailto:ibbf_mumbai@yahoo.in)

### Prizes & Awards

**Men's Body Building :**

1. First Five places in each category will receive cash prizes of Rs.25,000/-, Rs.20,000/-, Rs.15,000/-, Rs.10,000/-, Rs. 5,000/- along with Merit Certificates.
2. Overall Champion will receive Rs.2,00,000/- along with Trophy and Merit Certificate.

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3. Runner Up will receive Rs.1,00,000/- along with and Merit Certificate.
4. Best Poser will receive cash prize of Rs.50,000/- along with Merit Certificate.
5. Most Improved Body Builder will receive cash prize of Rs.50,000/- along with Merit Certificate.
6. Team Champion (State Association / Union territories / Sports Board) will receive cash prize of rs.25,000/- along with Merit Certificate.
7. All the participants will receive participation certificates.

### Women's Body Building

- :
1. First Five places in each category will receive cash prizes of Rs.50,000/-, Rs.20,000/-, Rs.15,000/-, Rs.10,000/-, Rs. 5,000/- along with Merit Certificates.

**Please note above cash prizes are subject to Income tax deduction at source and winners have to produce their PAN Card Xerox for claiming Prize money cheques.**

### Railway concession

- :
- Railway Concession form Attached.  
All the affiliated State units / Union territories / Sports Boards are eligible of 75% Railway concession under S No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II) concession order for both journeys.

### Conveyance

- :
- Organiser will pay Rs.500/- to all the athletes.

### Doping

- :
- Dope test may be conducted at random by the National Anti Doping Agency (NADA).

### Rules for the Contest:

1. Team Managers to note that competitors who fail for weighing-in within the time limit will be eliminated from the championship.
2. All officials & competitors must arrive prior to the schedule.
3. Organizers will provide free lodging & boarding to all Competitors, coach, manager along with Executive Committee Members of Indian Body Builders Federation for two nights.  
**Other than the above mentioned officials, extra officials & supporters will not be provided with lodging and boarding facility. We require state units co-operation for the same.**

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4. Team Manager note - Bodybuilders using tanning products/oil will be responsible for payment in full for bed sheets, pillow covers & wall paint stained by the same.
5. All the Officials, managers, coaches are requested to come with Federation's proper uniform.
6. Participants and officials who arrive before 21<sup>st</sup> February 2014 and wish to stay after 22<sup>nd</sup> February 2014 will have to bear for their lodging & boarding.
7. Golden, Silver and Bronze colour tanning cream is not allowed.
8. It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs and actions will not be tolerated and the said participant will be banned from the Best Posing contest.

Please note : Indian Body Builder's Federation, Khandge Mitra Mandal, Mr. Ganesh Khandge, Maharashtra Body Building Association or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the competition.

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## **AJIT BHARAT SHREE 2014**

All India Invitational Classic Body Building Competition (Men's and Women's)

### **SCHEDULE**

#### **Friday 21<sup>st</sup> February 2014**

- 08.00 AM ONWARDS : Arrival of all competitors, officials & judges  
Registration and reception office at: -  
**Physc Gym, 3rd Floor, Khandge Arcade,  
Near Talegaon Railway Station, ST Stand Road  
Talegaon Dabhade - 410507. Maharashtra.**
- 08.00 AM TO 10.00 AM : Break Fast (Venue will be informed later)
- 01.00 PM TO 03.00 PM : Lunch (Venue will be informed later)
- 04.30 PM TO 05.30 PM : Judges / Coaches / Team Managers Meeting  
(Venue will be informed later)
- 05.30 PM ONWARDS : Weighing In (Venue will be informed later)
- 08.00 PM ONWARDS : Welcome Dinner (Venue will be informed later)

#### **Saturday 22<sup>nd</sup> February 2014**

- 08.00 AM TO 10.00 AM : Break Fast (Venue will be informed later)
- 12.30 PM TO 03.00 PM : Lunch (Venue will be informed later)
- 05.00 PM : Finals & Prize distribution  
**MIT Ground, Talegaon, Dabhade (Station), Pune,  
Maharashtra.**
- 10.00 PM : Farewell Dinner (Venue will be informed later)

#### **Sunday 23<sup>rd</sup> February 2014**

- 11.00 AM : Departure of all competitors, officials & judges

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## AJIT BHARAT SHREE 2014

All India Invitational Classic Body Building Competition (Men's and Women's)

### OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 20<sup>th</sup> February 2014

SR.	NAME	CATEGORY	MOBILE NO.	WEIGHT
1.				
2.				
3.				
4.				
5.				
6.				
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11.				
12.				
13.				
14.				
15.				
16.				
17.				
18.				
19.				
20.				

TEAM MANAGER: \_\_\_\_\_ COACH: \_\_\_\_\_

JUDGE: \_\_\_\_\_ JUDGE: \_\_\_\_\_

UNIT NAME: \_\_\_\_\_

TRAIN No. & ARRIVAL TIME: \_\_\_\_\_ TRAIN No. & DEPARTURE TIME: \_\_\_\_\_

SEAL

SIGNATURE OF PRESIDENT/SECRETARY

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Ref. No.:IBBF/SSC/CR-04-13

Date: 25 January 2013

## **RAIL TRAVEL CONCESSION**

No. TCII/2035/06/Body Building  
(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))

This is to Certify that Body Builders/Officials of \_\_\_\_\_

\_\_\_\_\_ is/are taking part in the **Ajit Bharat Shree 2014**, All India Invitational Classic Body Building Competition (Men's and Women's) being organized by **Maharashtra Body Building Association**; under the authority of **Indian Body Builders Federation**. From 21st to 22nd February 2014. This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from \_\_\_\_\_ to \_\_\_\_\_ and back.

For **Indian Body Builders Federation**

**Mr. Chetan M. Pathare**  
General Secretary

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