



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date: 06 October 2014

To,
The Secretaries / Executive Committee Members / Life Members
State Body Building Associations / Union Territories / Sports Boards
Affiliated to Indian Body Builders Federation
Mumbai.
Ref. No.:IBBF/SN/CR-03-14

**Sub.: "8th Senior Men's National Body Building Championship 2015
& 3rd Women's and 2nd Men's Sports Physique National Championship 2015"**

Dear Sir / Madam,

The Indian Body Builders Federation would like to inform you that the most prestigious Championship of the year, "**8th Senior National Body Building Championship & 3rd Women's and 2nd Men's Sports Physique National Championship**"; will be held on 27th February to 01st of March 2015 at Gandhidham, Kutch, Gujarat under the organization of **Kutch Body Building and Physique Sports Association** in collaboration with **State Body Building Association, Gujarat**.

The Indian Body Builders Federation extend its special gratitude to Mrs. Tulsi Sujan (Chairman, Women's Committee - IBBF), for taking the initiative in organising the above mentioned championship along with the other members of the Association.

We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Sports Boards to participate with best of their body builders to make this championship a grand success.

Thanking you,

For Indian Body Builders Federation

Mr. Pradeep (Baba) Madhok
President

Mr. Chetan M. Pathare
General Secretary

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address: Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

"8th Senior Men's National Body Building Championship 2015 & 3rd Women's and 2nd Men's Sports Physique National Championship 2015"

PARTICULARS

- Contest :** 8th Senior National Body Building Championship &
3rd Women's & 2nd Men's Sports Physique Championship
- Date :** Friday 27th February, Saturday 28th February and
Sunday 01st March 2015.
- Organiser :** **Kutch Body Building and Physique Sports Association.
State Body Building Association, Gujarat**
- Venue for Pre-judging :** Gandhidham, Kutch, Gujrat
- Venue for Finals :** Gandhidham, Kutch, Gujrat
- Nearest Railway Station :** Gandhidham Railway Station
- Nearest Airport :** Bhuj Airport
(60 Kms from Bhuj Airport to Gandhidham by route)
- Weight Group for Senior National :** Total ten weight groups
Up to & inclusive 55 kgs
Up to & inclusive 60 kgs
Up to & inclusive 65 kgs
Up to & inclusive 70 kgs
Up to & inclusive 75 kgs
Up to & inclusive 80 kgs
Up to & inclusive 85 kgs
Up to & inclusive 90 kgs
Above 90 kgs & below 100 kgs
Above 100 kgs

Weight Group for Men's / Women'

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address: Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Sports Physique : One open weight category

Eligibility : Twelve Body Builders from each State / Union Territories / Sports Boards affiliated to the Indian Body Builders Federation will be allowed for Senior National Body Building Championship. Not more than two body builders in each group will be allowed.

For Men's and Women's Sports Physique category only three athletes from each State / Union Territories / Sports Boards affiliated to the Indian Body Builders Federation will be allowed.

Annual Fees : All the affiliated State Associations / Union Territories are requested to pay their Annual Membership Fees of Rs.3,000/- and Sports Board are requested to pay Fees of Rs.5000/- on or before 27th February 2015.

Entry Fee : Rs.300/- per competitor.

Last Date for Entry : 15th February 2015.

Submission of entries : Entries will be accepted in prescribed format
Entries may be sent to

1. General Secretary
Indian Body Builders Federation
C/o. Pathare Gymco
280/A, Jawalkar Mansion,
Dr. B. Ambedkar Road,
Parel, Mumbai-400 012.
Maharashtra.
2. Email:- ibbf_mumbai@yahoo.in

Doping : Dope test will be conducted at random by the National Anti Doping Agency (NADA).
Each athlete at the time of registration will have to fill up the Dope Testing form and will have to follow the NADA Code.

Prizes & Awards for Senior Nationals :

1. First three places in each category will receive Gold, Silver & Bronze medals.
2. First Five places in each category will receive cash prizes of along with Merit Certificates.

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address : Pathare Gymco, 280/A, Jawalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

3. Cash Prizes: 1st Prize : Rs. 50,000/-
2nd Prize : Rs. 40,000/-
3rd Prize : Rs. 30,000/-
4th Prize : Rs. 20,000/-
5th Prize : Rs. 10,000/-
4. Overall Champion will receive cash prize of Rs. 4,00,000/- (Rs. Four Lacs Only) along with Trophy & Merit Certificate.
5. Runner up will receive cash prize of Rs. 2,00,000/- (Rs. Two Lacs Only) along with Trophy & Merit Certificate.
6. 1st Runner up will receive cash prize of Rs. 1,00,000/- (Rs. One Lac Only) along with Trophy & Merit Certificate.
7. Best Poser will receive cash prize of Rs. 50,000/- (Rs. Fifty Thousand Only) along with Trophy & Merit Certificate.
8. Most Improved Body Builder will receive cash prize of Rs. 50,000/- (Rs. Fifty Thousand Only) along with Trophy & Merit Certificate.
9. Team Championship to State Association / Union Territories / Sports Board will receive cash prize of Rs. 25,000/ (Rs. Twenty five Thousand Only) along with Trophy & Merit Certificate.
10. Team Championship Runner Up and 1st Runner up will receive Trophy & Merit Certificate.
11. All the participants and officials will receive participation certificates.

Prizes & Awards for Men's and Women's Sports Physique : 1. First Five places in each category will receive Gold, Silver & Bronze medals.

- 1st Prize : Rs. 50,000/-
- 2nd Prize : Rs. 40,000/-
- 3rd Prize : Rs. 30,000/-
- 4th Prize : Rs. 20,000/-
- 5th Prize : Rs. 10,000/-

2. All the participants will receive participation certificates.

Contact : Mr. M. K. Sharma - 09375227575
Mr. Narendra Bilandani - 09427567555
Mr. Manish Hingorani 09879584920
Mr. Vijay Panchal - 09824033081

IBBF Secretariat : Mr. Chetan Pathare - General Secretary
Mobile: 099679 71970 / 07506267970

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address : Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Judges Examination : Only affiliated State units / Union Territories / Sports Boards will be eligible to nominate & submit the Entries on 15th February 2015 of those who wish to participate in Judges Examination along with the Fees of Rs.5000/-.

These candidates will have to bear their own lodging & boarding expenses.

- Rules for the Contest :**
1. Team Managers to note that competitors who fail for weighing-in within the time limit will be eliminated from the championship.
 2. All officials & competitors must arrive prior to the schedule.
 3. Organisers will provide free lodging & boarding to all 12 Competitors, Coach, Manager and maximum 2 Judges of each unit along with Executive Committee Members of Indian Body Builders Federation for three nights. Other than the above mentioned officials, extra officials & supporters must pay Rs.5000/- each to the organizer for three days stay and food expenses. We require state units co-operation for the same.
 4. Team Manager note - Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets & pillow covers wall paint stained by the same.
 5. All the Officials, managers, coaches are requested to come with their proper IBBF prescribed uniform. Those who does not have IBBF prescribed uniform will not be allowed to do any official activities or would not be allowed to sit as Judge.
 6. Participants and officials who arrive before 27th February 2015 and wish to stay after 02nd March 2015 will have to bear for their lodging & boarding.
 7. **Please note that Railway Station / Airport to Gandhidham and back conveyance will not be provided by the organiser.**
 8. Golden, Silver and Bronze colour tanning cream is not allowed.
 9. It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs and actions will not be tolerated and the said participant will be banned from the Best Poser contest.

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address: Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Please note



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

: The Indian Body Builders Federation, State Body Building Association Gujarat and Kutch Body Building & Physique Sports Association or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address: Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

"8th Senior Men's National Body Building Championship 2015 & 3rd Women's and 2nd Men's Sports Physique National Championship 2015"

SCHEDULE

Friday 27th February 2015

11.00 AM : Arrival of all competitors, officials & judges.
04.00 PM : Team Managers & Judges Meeting
06.00 PM : Weighing-in / Registration
09.00 PM : Welcome Dinner

Saturday 28th February 2015

10.00 AM : Pre Judging
06.00 PM : Executive Committee Meeting

Sunday 01st March 2015

10.00 AM : Annual General Body Meeting
05.00 PM : Finals & Prize distribution
10.00 PM : Farewell Dinner

Monday 02nd March 2015

11.00 AM : Departure of all competitors, officials & judges

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address : Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

"8th Senior Men's National Body Building Championship 2015 & 3rd Women's and 2nd Men's Sports Physique National Championship 2015"

OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 15th February 2014

Please complete with name of competitors, team manager, coach & judges.

SR.	NAME	DATE OF BIRTH	CATEGORY	WEIGHT
1.			SENIOR	
2.			SENIOR	
3.			SENIOR	
4.			SENIOR	
5.			SENIOR	
6.			SENIOR	
7.			SENIOR	
8.			SENIOR	
9.			SENIOR	
10.			SENIOR	
11.			SENIOR	
12.			SENIOR	
13.			Men's Sports Phy.	
14.			Men's Sports Phy.	
15.			Men's Sports Phy.	
16.			Women's Sports Phy.	
17.			Women's Sports Phy.	
18.			Women's Sports Phy.	

TEAM MANAGER: _____ COACH: _____

JUDGE: _____ JUDGE: _____

UNIT NAME: _____

TRAIN No. & ARRIVAL TIME: _____

TRAIN No. & DEPARTURE TIME: _____

SEAL

SIGNATURE OF PRESIDENT/SECRETARY

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address : Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date: 06 October 2014

To,
The Executive Committee Members
Indian Body Builders Federation
Mumbai

EXECUTIVE COMMITTEE MEETING

NOTICE

Notice is hereby given to all the members of the Executive Committee of the Indian Body Builders federation, that a Meeting of the Executive Committee will be held on Saturday 28th February 2015 at 06.00 PM, at Gandhidham, Kutch, Gujrat during 8th Senior National Body Building Championship 2015, to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

AGENDA

1. To Confirm the Minutes of the Last Executive Committee Meeting 10th January 2015 at Durg, Chattisgarh..
2. To discuss and confirm the forthcoming championships for the year 2015 - 2016.
3. To resolve the state associations merger issues if any.
4. To adopt new amendments if any and put forward in General Body Meeting.
5. To appoint the internal auditor and Chartered Accountant for the year 2015 - 2016.
6. To discuss about the letters if any received from Executive Committee Members or State Associations before 15th February 2015.
7. Any other matter with the permission of chair.

For Indian Body Builders Federation

Mr. Pradeep (Baba) Madhok
President

Mr. Chetan M. Pathare
General Secretary

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address: Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date: 06 October 2014

To,
**The Executive Committee Members / Representatives
Of Affiliated State Associations / Union Territories / Sports Boards
Of Indian Body Builders Federation
Mumbai.**

ANNUAL GENERAL BODY MEETING

NOTICE

Notice is hereby given to all the members of the Executive Committee & the representatives of the affiliated state associations of the Indian Body Builders federation, that Annual General Body Meeting will be held on Sunday 01st March 2015 at 10.00 AM, at Gandhidham, Kutch, Gujrat during 8th Senior National Body Building Championship 2015, to discuss the following Agenda.

All the Executive Members / Representatives of State Association / Union Territories / Sports Boards are requested to attend the same in proper uniform.

AGENDA

1. To confirm the minutes of the last Annual General Body Meeting held in Pune, Maharashtra. On 26th March 2014.
2. To discuss and confirm the forthcoming championships for the year 2015 - 2016.
3. To discuss & adopt new rules, regulations or amendments if any proposed by the Executive Committee.
4. To discuss and solve the issues of State Association mergers.
5. To appoint the internal auditor and Chartered Accountant for the year 2015-2016.
6. To discuss about the letters if any received from Executive Committee Members or State Associations before 15th February 2015.
7. Any other matter with the permission of chair.

For **Indian Body Builders Federation**

Mr. Pradeep (Baba) Madhok
President

Mr. Chetan M. Pathare
General Secretary

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address : Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Ref. No.:IBBF/SN/CR-03-14

Date: 06 October 2014

RAIL TRAVEL CONCESSION

No. TCII/2035/06/Body Building
(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))

This is to Certify that Body Builders/Officials of _____

is/are taking part in the **8th Senior National Body Building Championship (Senior Mr. India) & 3rd Women's & 2nd Men's Sports Physique Championship 2015**, being organized by **State Body Building Association; Gujarat** under the authority of **Indian Body Builders Federation**. From 27th February to 01st March 2015 at Gandhidham, Kutch, Gujrat This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from _____ to _____ and back.

For Indian Body Builders Federation

Chetan M. Pathare
General Secretary

Registered Address : Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai - 400 016. Maharashtra

Correspondence Address: Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai - 400 012 Maharashtra.
Mobile : +91-9967971970 / +91-9820309972. Email : ibbf_mumbai@yahoo.in Website : www.ibbf.in