



**Recognized by :** Government of India, Ministry of Youth Affairs & Sports, New Delhi  
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

**Affiliated to :** South Asian Bodybuilding & Fitness Federation  
Asian Body Building and Physique Sports Federation, Singapore  
World Body Building and Physique Sports Federation, Dubai, UAE

**Recognized by :** The Association for International sports for All (TAFISA), Frankfurt, Germany  
Pacific Games Council (PGC), Australia

Date: 16 March 2017

To,

**The Secretaries / Executive Committee Members / Life Members**  
State Body Building Associations / Union Territories / Sports Boards  
Affiliated to Indian Body Builders Federation  
Mumbai.

Ref. No.:IBBF/FED/CR-07-17

**Sub.: "6th Federation Cup 2017"**

"National Senior Men's Body Building and Men's & Women's Sport Physique Championship  
2017"

Dear Sir / Madam,

The Indian Body Builders Federation is pleased to Invite all its affiliated State Units/  
Union Territories only to participate in the **"6th Federation Cup 2017"**; National Senior  
Men's Body Building and Men's & Women's Sport Physique Championship; organized by  
Goa Body Building and Fitness Association on and from 12<sup>th</sup> to 13<sup>th</sup> April 2017 at Ravindra  
Bhavan, Margao, Goa.

We on behalf of Indian Body Builders Federation humbly request all the affiliated  
State Associations / Union Territories only (**No Government Sports Boards athletes will be  
allowed**) to participate with best of their body builders to make this championship a grand  
success.

Thanking you,

For **Indian Body Builders Federation**

**Mr. Chetan M. Pathare**  
General Secretary



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## 6th Federation Cup 2017

National Senior Men's Body Building and Men's & Women's Sport Physique Championship 2017

### PARTICULARS

Contest	:	6th Federation Cup 2017 National Senior Men's Body Building and Men's & Women's Sport Physique Championship 2017
Date	:	Wednesday 12 <sup>th</sup> to Thursday 13 <sup>th</sup> April 2017.
Organiser	:	Goa Body Building and Fitness Association
Venue	:	Ravindra Bhavan, Margaon, Goa
Nearest Railway Station	:	Margaon Railway Station
Nearest Airport	:	Goa, Dabolim Airport
Weight Group for Senior Men's Body Building	:	Total ten weight groups Up to & inclusive 55 kgs Up to & inclusive 60 kgs Up to & inclusive 65 kgs Up to & inclusive 70 kgs Up to & inclusive 75 kgs Up to & inclusive 80 kgs Up to & inclusive 85 kgs Up to & inclusive 90 kgs Above 90 Kg and upto & inclusive 100 Kg Above 100 kgs
Weight Group for Men's Sports Physique	:	One open Group.
Women's Sports Physique	:	One open Group
Eligibility	:	Affiliated State Units / Union Territories of the Indian Body Builders Federation can send not more than <b>TEN</b> athletes but in each group only two athletes of each unit will be allowed to participate in Senior Men's Body Building Category. In Men's & Women's Sports Physique category each unit can send only <b>TWO</b> athletes in each Category ( 2 in Men and 2 in Women) <b>Please note that Sports Boards athletes are not allowed to participate in this championship.</b>
Entry Fees for body building	:	Rs.500/- per competitor
Entry Fees for Sport Physique:	:	Rs. 2000/- per competitor
Official Fees	:	Rs. 1000/-
Last Date for Entry	:	5 <sup>th</sup> April 2017.
Submission of entries	:	Entries will be accepted in prescribed format Entries may be sent to 1. General Secretary Indian Body Builders Federation



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C/o. Pathare Gymco  
280/A, Jawalkar Mansion,  
Dr. B. Ambedkar Road,  
Parel, Mumbai-400 012.  
Maharashtra.  
2. SMS:- 09967971970 / 07506267970  
3. Email:- [ibbf\\_mumbai@yahoo.in](mailto:ibbf_mumbai@yahoo.in)

- Doping :** Dope test will be conducted at random by the National Anti Doping Agency (NADA), New Delhi.
- Prizes & Awards Senior Men's Body Building :**
1. First three places in each category will receive Gold, Silver & Bronze medals.
  2. First Five places in each category will receive Merit Certificates.
  3. Overall Champion will receive Trophy, Merit Certificate.
  4. Best Poser will receive Trophy, Merit Certificate.
  5. Most Improved Body Builder will receive Trophy, Merit Certificate.
  6. Team Championship (State Unit / Union territory) will receive Trophy, Merit Certificate.
  7. All the participants will receive participation certificates.
- Men's Sports Physique :**
1. First three places in each category will receive Gold, Silver & Bronze medals.
  2. First Five places in each category will receive Merit Certificates.
  3. Overall Champion will receive Trophy, Merit Certificate,.
  4. All the participants will receive participation certificates.
- Women's Sports Physique :**
1. First three places in each category will receive Gold, Silver & Bronze medals.
  2. First Five places in each category will receive Merit Certificates
  3. Overall Champion will receive Trophy, Merit Certificate.
  4. All the participants will receive participation certificates.
- Contact :** Mr. Sanjay Patil - 09225908801  
Mr. Viraj Arabekar – 09422060370
- IBBF Secretariat :** Mr. Chetan Pathare –General Secretary  
Mobile: 09967971970 / 07506267970
- Judges Examination :** Only affiliated State units / Union Territories will be eligible to nominate & submit the Entries by 5<sup>th</sup> April, 2017 of those who wish to participate in Judges Examination along with the Fees of Rs.5000/-. These candidates will have to bear their own lodging & boarding expenses.
- Rules for the Contest :**
1. Team Managers to note that competitors who fail for weighing-in within the time limit will be eliminated from the championship.
  2. All officials & competitors must arrive prior to the schedule.
  3. Organisers will provide free lodging & boarding to Competitors as per the entry form, coach, manager along with Executive Committee Members of Indian Body Builders Federation for two nights and three days.
- Other than the above mentioned officials, extra officials & supporters must pay Rs.5000/- each to the organizer for three days stay and food expenses. We require state units co-operation for the same.



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4. Team Manager note - Bodybuilders using tanning products/oil will be responsible for payment in full for bed sheets & pillow covers wall paint stained by the same.
5. All the Officials, managers, coaches are requested to come with their proper uniform.
6. Participants and officials who arrive before 12<sup>th</sup> April 2017 and wish to stay after 13<sup>th</sup> April, 2017 will have to bear for their lodging & boarding.
7. Golden, Silver and Bronze colour tanning cream is not allowed.
8. It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs and actions will not be tolerated and the said participant will be banned from the Best Poser contest.

Please note : Indian Body Builder's Federation, Goa Body Building and Fitness Association or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.



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## **6th Federation Cup 2017**

National Senior Men's Body Building and Men's & Women's Sport Physique Championship 2017

### **SCHEDULE**

#### **Wednesday 12<sup>th</sup> April 2017**

- 01.00 AM ONWARDS : Arrival of all competitors, officials & judges
- 01.00 PM TO 03.00 PM : Lunch (Venue will be informed later)
- 03.00 PM TO 03.30 PM : Judges / Coaches / Team Managers Meeting (Venue will be Informed later)
- 03.30 PM ONWARDS : Weighing In (Ravindra Bhavan, Margao, Goa)
- 08.00 PM ONWARDS : Welcome Dinner (Venue will be informed later)

#### **Thursday 13<sup>th</sup> April 2017**

- 07.00 AM TO 9.00 AM : Break Fast (Venue will be informed later)
- 10.00 AM ONWARDS : Finals and Prize Distribution, (Ravindra Bhavan, Opp Swimming Pool, Fatorda, Margao, Goa)
- 01.00 PM TO 03.00 PM : Lunch - Ravindra Bhavan, Opp Swimming Pool, Fatorda, Margao, Goa
- 08.00 PM TO 10.00 PM : Dinner (Venue will be informed later)

#### **Friday 14<sup>th</sup> April 2017**

- 11.00 AM : Departure of all competitors, officials & judges

**Please note: No extra official, Family members, supporters of athletes will not be entertained and no lodging, boarding will be provided to them. From each state only one JUDGE will be allowed.**



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### OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 5<sup>th</sup> April 2017

SR.	NAME	CATEGORY	MOBILE NO.	WEIGHT
1		Body Building		
2		Body Building		
3		Body Building		
4		Body Building		
5		Body Building		
6		Body Building		
7		Body Building		
8		Body Building		
9		Body Building		
10		Body Building		
1		Men's Sports Physique		
2		Men's Sports Physique		
1		Women's Sports Physique		
2		Women's Sports Physique		

TEAM MANAGER: \_\_\_\_\_ COACH: \_\_\_\_\_

JUDGE: \_\_\_\_\_

UNIT NAME: \_\_\_\_\_

TRAIN No. & ARRIVAL TIME: \_\_\_\_\_

TRAIN No. & DEPARTURE TIME: \_\_\_\_\_

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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## **RAIL TRAVEL CONCESSION**

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))  
MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This is to Certify that \_\_\_\_\_

Body Builders/Officials of \_\_\_\_\_

is/are taking part in the **6th Federation Cup 2017**, National Senior Men's Body Building and Men's & Women's Sports Physique Championship being organized; under the authority of **Indian Body Builders Federation** and Goa Body Building and Fitness Association. From 12<sup>th</sup> to 14<sup>th</sup> April, 2017 This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from \_\_\_\_\_ to \_\_\_\_\_ and back.

**For Indian Body Builders Federation**

**Mr. Chetan M. Pathare**  
General Secretary