

TM

**IBBF**

**MUMBAI**

**Indian Body Builders Federation**

**MR. INDIA 2012**

**5<sup>th</sup> SENIOR NATIONAL BODY BUILDING CHAMPIONSHIP**

**20<sup>th</sup> – 22<sup>nd</sup> April 2012  
At Bidar, Karnataka**

**-: Organiser: -**

**KARNATAKA STATE BODY BUILDING AND FITNESS ASSOCIATION  
BIDAR DISTRICT BODY BUILDING ASSOCIATION**

**-:Affiliated to:-**



**ABBF**

**SINGAPORE**



Regd TM Nos:  
2521524, 2521517

**DUBAI, UAE**



Affiliated to:- Asian Body Building and Sports physique Federation, Singapore  
World Body Building and Sports Physique Federation, Dubai, UAE  
Recognized by: Olympic Council of Asia, Kuwait

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Date: 24 January 2012

To,  
The Secretaries / Executive Committee Members / Life Members  
State Body Building Associations  
Affiliated to Indian Body Builders Federation

Sub.: 5<sup>th</sup> Senior National Body Building Championship 2012.

Dear Sir / Madam,

We are pleased to announce that **Karnataka State Body Building And Fitness Association** has taken the initiative under the leadership and guidance of **Mr. Chandran, Mr. Bettegaula & Mr. Tanveer Ahmed Khan** to organize the most prestigious Body Building Championship of the year 5<sup>th</sup> **Senior National Body Building Championship 2012**, at Bidar, Karnataka on & from 20<sup>th</sup> to 22<sup>nd</sup> April 2012.

We on behalf of Indian Body Builders Federation humbly request all the affiliated State units / Boards of Indian Body Builders Federation to participate with best of their body builders to make this championship a grand success.

Thanking you.  
For **Indian Body Builders Federation**

**Mr. Pradeep (Baba) Madhok**  
President

**Mr. Chetan M. Pathare**  
Hon. Gen. Secretary

**Registered Address:** Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai-400 016. Maharashtra.  
**Correspondence Address:** Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai-400 012 Maharashtra.  
Mobile:+91-9967971970 / +91-9820309972. Email: ibbf\_mumbai@yahoo.in Website: www.ibbf.in



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# Senior Mr. India 2012

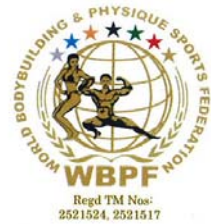
## 5<sup>th</sup> Senior National Body Building Championship 2012

### PARTICULARS

Contest	:	Senior Mr. India 2012 5 <sup>th</sup> Senior National Body Building Championship
Date	:	Friday 20 <sup>th</sup> to Sunday 22 <sup>nd</sup> April 2012
Organiser	:	Karnataka Body Building And Fitness Association
Venue for Prejudging & Finals	:	Nehru Stadium, Bidar, Karnataka
Lodging for participants	:	Boys Hostel, Near Nehru Stadium
Lodging for Officials	:	Hotel Mayura International & Hotel Shiva International, Bidar
Nearest Railway Station	:	Bidar Railway Station 110 Kms from Gulbarga Railway Station 136 Kms from Hyderabad railway station 135 kms from Secunderabad Railway Station 145 Kms from Kacheguda Railway Station
Nearest Airport	:	Shamshabad Airport (Rajiv Gandhi International Airport) Hyderabad.
Weight Group	:	Total ten weight groups Up to & inclusive 55 kgs Up to & inclusive 60 kgs Up to & inclusive 65 kgs Up to & inclusive 70 kgs Up to & inclusive 75 kgs Up to & inclusive 80 kgs Up to & inclusive 85 kgs

- Eligibility** : Up to & inclusive 90 kgs  
Above 90 kgs & upto 100 Kgs  
Above 100 Kgs  
Twelve Body Builders from each State.
- Annual Fees** : All the affiliated state associations those who have not yet paid their Annual Membership Fees of Indian Body Builders Federation are requested to pay Rs.3,000/- on or before 20<sup>th</sup> April 2012.
- Entry Fee** : Rs.200/- per competitor.  
Rs.500/- per competitor for Best Poser Contest.
- Last Date for Entry** : 15<sup>th</sup> April 2012.
- Submission of entries** : Entries will be accepted in prescribed format  
Entries may be sent to  
1. Hon. Gen. Secretary  
Indian Body Builder's Association  
Pathare Gymco  
280/A, Jawalkar Mansion,  
Dr. B. Ambedkar Road,  
Parel, Mumbai-400 012.  
Maharashtra.  
2. SMS:- 9967971970  
3. Email:- ibbf\_mumbai@yahoo.in
- Prizes & Awards** : 1. First three places in each category will receive Gold, Silver & Bronze medals.  
2. First Five places in each category will receive cash prizes of Rs.21000/-, Rs.12000/-, Rs.8000/-, Rs.5000/-, Rs.4000/- along with Merit Certificates.  
3. Overall Champion will receive Rs.3,00000/- along with Trophy & Merit Certificate.  
4. Best Poser will receive cash prize of Rs.15000/- along with Trophy & Merit Certificate.  
6. All the participants will receive participation certificates.
- Travelling Allowance** : Travelling Fare of Rs.1000/- each will be reimbursed to Executive Committee Members participants only.
- Contact** : Tanveer Ahmed Khan – 09901784688 / 09341110988  
Email:tanveerbodylinegyms@gmail.com  
Chandran – 09900541158  
Email:chandran.mavila@tentacle.in  
Bettegauda – 09845697584
- IBBF Secretariat** : Mr. Chetan Pathare – Hon. Gen. Secretary  
Mobile: 099679 71970 / 09820309972

- Judges Examination** : Only State unit will be eligible to nominate & submit the Entries on 20<sup>th</sup> April 2012 of those who wish to participate in Judges Examination along with the Fees of Rs.2000/-. These candidates will have to bear their own lodging & boarding expenses.
- Rules for the Contest** :
1. Team Managers to note that competitors who fail for weighing-in within the time limit will be eliminated from the championship.
  2. All officials & competitors must arrive prior to the schedule.
  4. Organisers will provide free lodging & boarding to all 12 Competitors, coach, manager along with Executive Committee Members of Indian Body Builders Federation for three days. Other than the above mentioned officials, extra officials & supporters must pay Rs.5000/- each to the organizer for three days stay and food expenses. We require state units co-operation for the same.
  5. Team Manager note - Bodybuilders using tanning products/oil will be responsible for payment in full for bed sheets & pillow covers wall paint stained by the same.
  6. All the Officials, managers, coaches are requested to come with their proper uniform.
  7. Participants and officials who arrive before 20<sup>th</sup> April 2012 and wish to stay after 22<sup>nd</sup> April 2012 will have to bear for their lodging & boarding.
  8. Golden, Silver and Bronze colour tanning cream is not allowed.
  9. It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs and actions will not be tolerated and the said participant will be banned from the Best Poser contest.
- Please note** : Indian Body Builder's Federation, Karnataka State Body Building And Fitness Association or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.



Affiliated to:- Asian Body Building and Sports physique Federation, Singapore  
World Body Building and Sports Physique Federation, Dubai, UAE  
Recognized by: Olympic Council of Asia, Kuwait

# Senior Mr. India 2012

## 5<sup>th</sup> Senior National Body Building Championship 2012

### SCHEDULE

#### Friday 20<sup>th</sup> April 2012

11.00 AM : Arrival of all competitors, officials & judges.  
04.00 PM : Team Managers & Judges Meeting  
06.00 PM : Weighing-in  
09.00 PM : Welcome Dinner

#### Saturday 21<sup>st</sup> April 2012

04.00 PM : Pre Judging

#### Sunday 22<sup>nd</sup> April 2012

11.00 AM : Executive Committee Meeting  
04.00 PM : Finals & Prize distribution  
10.00 PM : Farewell Dinner

#### Monday 23<sup>rd</sup> April 2011

11.00 AM : Departure of all competitors, officials & judges

# Senior Mr. India 2012

## 5<sup>th</sup> Senior National Body Building Championship 2012 OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 15<sup>th</sup> April 2012

Please complete with name of competitors, team manager, coach & judges.

SR.	NAME	DATE OF BIRTH	MOBILE NO.	WEIGHT
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10				
11				
12				

TEAM MANAGER: \_\_\_\_\_

COACH: \_\_\_\_\_

JUDGE: \_\_\_\_\_

JUDGE: \_\_\_\_\_

UNIT NAME: \_\_\_\_\_

TRAIN No. & ARRIVAL TIME: \_\_\_\_\_

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



**Affiliated to:-** Asian Body Building and Sports physique Federation, Singapore  
World Body Building and Sports Physique Federation, Dubai, UAE  
**Recognized by:** Olympic Council of Asia, Kuwait

Date: January 24, 2011

To,  
**The Executive Committee Members**  
Indian Body Builders Federation  
Mumbai

## **EXECUTIVE COMMITTEE MEETING**

### **NOTICE**

Notice is hereby given to all the members of the Executive Committee of the Indian Body Builders federation, that a Meeting of the Executive Committee will be held on Sunday 22<sup>nd</sup> April 2012 at 11.00 AM, at Bidar, Karnataka during 5<sup>th</sup> Senior National Body Building Championship 2012, to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

### **AGENDA**

1. To confirm the minutes of the last Executive Committee Meeting held in Hyderabad, Andhra Pradesh on 21<sup>st</sup> January 2012.
2. To discuss and confirm the forthcoming championships for the year 2012-2013.
3. To discuss the status and requirements of Government of India, Youth & Sports Ministry Affairs and other Government offices.
4. To discuss and confirm the Audited Report for the year 2011-2012.
7. Any other matter with the permission of chair.

For Indian Body Builders Federation

**Mr. Pradeep (Baba) Madhok**  
President

**Mr. Chetan M. Pathare**  
Hon. Gen. Secretary

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