



Indian Body Builders Federation

Recognised by: Government of India, Ministry of Youth Affairs and Sports, New Delhi
Affiliated to: Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE
Recognised by: Olympic Council of Asia (OCA), Kuwait
Pacific Games Council (PGC), Australia
The Association for International Sports for All (TAFISA), Germany

Junior / Masters / Physically Challenged National Body Building Championship 2013

22nd to 24th February 2013

Khammam, Andhra Pradesh

:Under the auspices of:

BODY BUILDING ASSOCIATION OF ANDHRA PRADESH

Recognised By:



Ministry of Youth Affairs & Sports
Government of India

Affiliated To:





IBBF

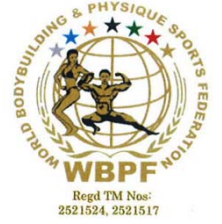
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Regd TM Nos:
2521524, 2521517

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Asian Body Building and Physique Sports Federation, Singapore

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Olympic Council of Asia, Kuwait

The Association for International Sports for All (TAFISA), Germany

Pacific Games Council (PGC), Australia

Date: 4th January 2013

To,
Executive Committee Members / Life Members / The President / Secretary
State Body Building Associations / Sports Boards
Affiliated to Indian Body Builders Federation
Mumbai.

Sub.: 3rd Junior / Masters / Physically challenged National Body Building Championship 2013

Dear Sir / Madam,

We are pleased to announce that **Body Building Association of Andhra Pradesh** has taken the initiative under the leadership and guidance of **Mr. Swamy Ramesh** (Treasurer of IBBF and President of BBAAP) to organize the most prestigious Body Building Championship of the year **3rd Junior / Masters / Physically challenged National Body Building Championship 2013**, at Khammam, Andhra Pradesh on & from 22nd to 24th February 2013.

This is the first Junior National Championship which is conducted after the grant of recognition from Government of India, Ministry of Youth Affairs and Sports, New Delhi..

We are confident that all the affiliated State Units and Sports board of Indian Body Builders Federation will participate with best of their body builders to make this championship a grand success.

Thanking you.
For **Indian Body Builders Federation**

Mr. Pradeep (Baba) Madhok
President

Mr. Chetan M. Pathare
General Secretary

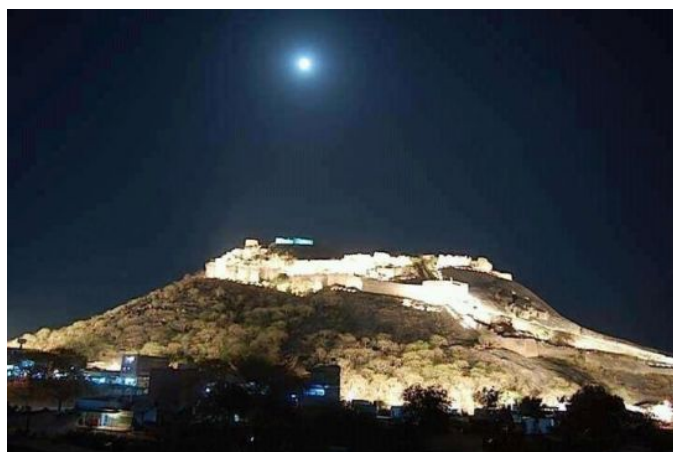
Khammam, Andhra Pradesh

Khammam is the district head quarter where Body Building Association of Andhra Pradesh are conducting Junior / Masters / Physically Challenged National Body Building Championship for the year 2013. The railway station named as khammam.



The present name of Khammam is said to have been derived from the name of the temple 'Narsimhadri', later 'Stamba Sikhari' and then it was termed as 'Stambadhri' which has an ancient temple of Narasimha Swamy on its top. This temple is believed to have been existing since Treta Yuga. The vertical rock under the temple is known as 'KAMBA'(Urdu) which literally means pillar.

The name of the town Khammam has been derived from 'Kambam Mettu' to 'Kammammet' or 'Khammam Mettu' to the present 'Khammam city'. The district is also named as Khammam.



The lovely City is located on the banks of a river called Munneru which is a tributary of the Krishna River. Khammam district has a lot of historical importance in Andhra Pradesh.



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3rd Junior / Masters / Physically Challenged National Body Building Championship 2013

PARTICULARS

Contest	:	3rd Junior / Masters / Physically Challenged National Body Building Championship
Date	:	Friday 22 nd to Sunday 24 th February 2013
Organiser	:	Body Building Association of Andhra Pradesh
Venue	:	Khammam, Andhra Pradesh
Nearest Railway Station	:	Khammam Railway Station Vijaywada Railways Station to Khammam about 3 hrs by train.
Nearest Airport	:	Hyderabad Airport to Khammam about 3 hrs via road.
Weight Group for Junior	:	Total six weight groups Up to & inclusive 55 kgs Up to & inclusive 60 kgs Up to & inclusive 65 kgs Up to & inclusive 70 kgs Up to & inclusive 75 kgs Above 75 kgs
Weight Group for Physically Challenged	:	Up to & inclusive 70 kgs Above 75 kgs
Age Group for Masters	:	Total three age groups Above 40 years & below 50 years Above 50 years & below 60 years Above 60 years

Eligibility	:	
Junior	:	<p>Below 21 years of age</p> <p>Athletes on & above 23rd February 1992 are eligible to participate in Junior category.</p> <p>Ten Body Builders from each State / Sports Board and not more than only two body builders in each group will be allowed.</p>
Masters	:	<p>1. Those who are above 40 years and below 50 Years of age.</p> <p>2. Those who are above 50 years of age and below 60 years of age.</p> <p>3. Those who are above 60 years of age.</p> <p>Two Body Builders in each masters category and not more than six Body Builders from each State / Sports Board will be allowed.</p>
Physically Challenged	:	In this championship state associations / Sports board can send best of their athletes and there is no limit for the same.
Testimonials	:	<p>All the athletes are requested to produce their date of birth certificate (Govt. registered) in original along with one zerox copy dully attested by Gazetted Officer at the time of weighing in. Those who fail to produce original certificate will not be entitled to participate in the championship. The athletes will be suspended and criminal proceedings will be registered and the state units will be fined if they are found with fake certificate.</p>
Annual Fees	:	All those affiliated state associations / Sports Board who have not paid their Annual Membership Fees for the year 2012-2013 are requested to pay of Rs.3,000/- for State and Sports Board Rs.5000/- on or before 22nd February 2013.
Entry Fee Junior & Masters	:	Rs.200/- per competitor.
Physically Challenged	:	<u>NO ENTRY FEE</u>
Last Date for Entry	:	18 th February 2013.
Submission of entries	:	<p>Entries will be accepted in prescribed format Entries may be sent to</p> <ol style="list-style-type: none"> 1. General Secretary Indian Body Builders Association C/o. Pathare Gymco 280/A, Jawalkar Mansion, Dr. B. Ambedkar Road, Parel, Mumbai-400 012. Maharashtra. 2. SMS:- 9967971970 3. Email:- ibbf_mumbai@yahoo.in
Doping	:	Dope test will be conducted at random by the National Anti Doping Agency (NADA).
Prizes & Awards	:	<ol style="list-style-type: none"> 1. First three places in each category will receive Gold, Silver & Bronze medals. 2. First Five places in each category will receive cash scholarships of along with Merit Certificates.

3. Overall Champion in Junior, Masters and Physically Challenged will receive cash scholarship along with Trophy & Merit Certificate.
4. Best Poser will receive cash scholarship along with Trophy & Merit Certificate.
5. All the participants will receive participation certificates.

Contact : Swamy Ramesh - 09399311713 / Ramesh Kumar - 09866967976
Sheikh Saleem - 09490267327

IBBF Secretariat : Mr. Chetan Pathare –General Secretary
Mobile: 099679 71970 / 09820309972

Judges Examination : Only affiliated State units / Sports Boards will be eligible to nominate & submit the Entries on 22nd February 2013 of those who wish to participate in Judges Examination along with the Fees of Rs.5000/-. These candidates will have to bear their own lodging & boarding expenses.

Rules for the Contest :

1. Team Managers to note that competitors who fail for weighing-in within the time limit will be eliminated from the championship.
2. All officials & competitors must arrive prior to the schedule.
3. Organisers will provide free lodging & boarding to Competitors as per the list, coach, manager along with Executive Committee Members of Indian Body Builders Federation for three days.
Other than the above mentioned officials, extra officials & supporters must pay Rs.5000/- each to the organizer for three days stay and food expenses. We require state units co-operation for the same.
4. Team Manager note - Bodybuilders using tanning products/oil will be responsible for payment in full for bed sheets & pillow covers wall paint stained by the same.
5. All the Officials, managers, coaches are requested to come with their proper uniform.
6. Participants and officials who arrive before 22nd February 2013 and wish to stay after 24th February 2013 will have to bear for their lodging & boarding.
7. Golden, Silver and Bronze colour tanning cream is not allowed.
8. It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs and actions will not be tolerated and the said participant will be banned from the Best Poser contest.

Please note : Indian Body Builder's Federation, Body Building Association of Andhra Pradesh or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.



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SCHEDULE

Friday 22nd February 2013

- 11.00 AM : Arrival of all competitors, officials & judges.
- 04.00 PM : Team Managers & Judges Meeting
- 06.00 PM : Weighing-in / Registration
- 09.00 PM : Welcome Dinner

Saturday 23rd February 2013

- 10.00 AM : Pre Judging
- 06.00 PM : Executive Committee Meeting

Sunday 24th February 2013

- 06.00 PM : Finals & Prize distribution
- 10.00 PM : Farewell Dinner

Monday 25th February 2013

- 11.00 AM : Departure of all competitors, officials & judges



3rd Junior / Masters / Physically Challenged National Body Building Championship 2013
OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 18th February 2013
 Please complete with name of competitors, team manager, coach.

SR.	NAME	DATE OF BIRTH	CATEGORY	WEIGHT
1.			Junior	
2.			Junior	
3.			Junior	
4.			Junior	
5.			Junior	
6.			Junior	
7.			Junior	
8.			Junior	
9.			Junior	
10.			Junior	
11.			Masters 40-50 years	
12.			Masters 40-50 years	
13.			Masters 50-60 years	
14.			Masters 50-60 years	
15.			Masters 60 years ab	
16.			Masters 60 years ab	
17.			Phy. Challenged	
18.			Phy. Challenged	
19.			Phy. Challenged	
20.			Phy. Challenged	

TEAM MANAGER: _____

COACH: _____

UNIT NAME: _____

TRAIN No. & ARRIVAL TIME: _____

TRAIN No. & DEPARTURE TIME: _____

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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Date: 4th January 2013

To,
The Executive Committee Members
Indian Body Builders Federation
Mumbai

EXECUTIVE COMMITTEE MEETING

NOTICE

Notice is hereby given to all the members of the Executive Committee of the Indian Body Builders Federation, that a Meeting of the Executive Committee will be held on Saturday 23rd February 2013 at 06.00 PM, at Khammam, Andhra Pradesh during 3rd Junior / Masters / Physically Challenged National Body Building Championship 2013, to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

AGENDA

1. To confirm the minutes of the last Executive Committee Meeting held in Pune, Maharashtra on 23rd October 2012.
2. To discuss and confirm the forthcoming championships for the year 2013-2014.
3. To discuss and conclude the state associations merger.
4. To discuss about the letters if any received from Executive Committee Members or State Associations before 18th February 2013.
5. Any other matter with the permission of chair.

For Indian Body Builders Federation

Mr. Pradeep (Baba) Madhok
President

Mr. Chetan M. Pathare
General Secretary

Registered Address:

Slimwell Gymnasium, Shitladevi Temple Road, Mahim, Mumbai-400 016. Maharashtra.

Correspondence Address:

Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai-400 012. Maharashtra.
Mobile:+91-9967971970 / +91-9820309972. Email: ibbf_mumbai@yahoo.in Website: www.ibbf.in