



Date: January 25, 2011

To,
The Secretaries / Executive Committee Members / Life Members
State Body Building Associations
Affiliated to Indian Body Builders Federation,
Mumbai.

Sub.: "MLA CUP 2011"
(1st All India Inter Zonal Body Building Championship)

Dear Sir,

We are pleased to announce that **Dhondu Tattya Chinchwade Prathishthan** with the assistance of Pune District Body Building Association has taken the initiative to organise "**MLA CUP 2011**", All India Inter Zonal Body Building Championship on & from 11th – 12th February 2011 at Chinchwad, Pune, Maharashtra.

Dhondu Tattya Chinchwade Prathishthan have organised the said championship to honour **MLA Laxmanbhau Jagtap** on his Birth day.

We on behalf of Indian Body Builders Federation take this opportunity to invite the best body builders (30 Body Builders from each zone) and officials (10 officials from each zone) from affiliated State units to participate with their full strength in this most prestigious body building championship of the year.

Thanking you.

Yours sincerely

Premchand Degra
Hon. Gen. Secretary



SCHEDULE

Friday 11th February 2011

11.00 AM : Arrival of all competitors, officials & judges. (Pune Railway Station)
05.00 PM : Weighing in
07.00 PM : Judges Meeting

Saturday 12th February 2011

09.00 AM : Pre-judging
05.00 PM : Finals & Prize distribution
08.00 PM : Farewell Dinner

Sunday 13th February 2011

11.00 AM : Departure of all competitors, officials & judges

Venue : Ravji Garden, Spine Road, Valhekarwadi, chinchwad, Pune-33.

Lodging & Boarding : Ravji Garden, Spine Road, Valhekarwadi, chinchwad, Pune-33.

Contact : Sharad Marne – 09822514721
Krishna Kadlikar – 09923585114
Rajendra – 9822792689

IBBF Secretariat : Subhash Bhadana -09911958599
Nirmal Kumar Saha - -09434536944
Mohan Rao – 09849869860 / 09493970002
M. K. Sharma - 09426703457

Entry Fee : Rs.200/- Per competitor for championship
Rs.200/- Per competitor for Best Posing championship.

Weight Groups : Seven Weight Groups
Below 55Kg, 60 Kg, 65Kg, 70Kg, 75Kg, 80Kg, 80Kg & above.

Prizes : Six winners in each group will be rewarded with cash prizes of Rs.10000/- , Rs.8000/-, Rs.5000/-, Rs.3000/-, Rs.2000/- & Rs.1000/- each. The First three winners in each group will receive Trophy and fourth to sixth place winners will receive Medals.
The Overall Champion will receive cash prize of Rs.51000/- along with Trophy. Best Poser will receive Rs.10000/- along with Trophy.
All participants and Officials will receive Participation Certificates.
All invited officials will receive memento.

Conveyance : One side railways sleeper coach fare will be reimbursed by the organizer as per the official ticket copy to invited body builders & officials only.

Rules & Regulations

- Strictly only Invited Competitors / Officials & Judges from their respective zones affiliated to Indian Body Builders Federation will be provided with the lodging, boarding, conveyance. No other extra officials / judges / team managers / coaches / relatives, etc. will be entertained.
- Please note: All the officials are requested to remain present with proper uniform for pre judging and finals. Officials without proper uniform will not be permitted for any official activities.
- All the participants are requested to get their own Music CD for the free posing performances to make this show a grand success.
- Participants are requested to use proper trunks and tanning cream (No Gold, Silver or Bronze colour allowed).