



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Affiliated to : World Body Building and Physique Sports Federation, Dubai, UAE
Asian Body Building and Physique Sports Federation, Singapore
Olympic Council of Asia, Kuwait

ADDITIONS IN MEMORANDUM OF ASSOCIATION OF INDIAN BODY BUILDERS FEDERATION

AREA OF OPERATION : All over India.

OBJECTIVES OF THE TRUST

1. Sanction, regulate control all aspects of amateur bodybuilding and fitness competitions in member affiliates.
2. To encourage, promote and popularize Bodybuilding, Fitness and other such games and sports as items of physical education and culture. Establish principles and policies to govern and control all aspects of the sport of bodybuilding and fitness for men and women in India.
3. To organize and assist in the organization of bodybuilding, Fitness competitions and tournaments etc., at various places and to draw up and publish rules for their Management,
4. To hold, arrange and to register local, regional, state, all India and international competitions and Exhibitions in Bodybuilding, Fitness and similar games and sports at such places and times as determined.
5. To educate, to organize and train up people for the cause of Bodybuilding, Fitness, Physical Culture and other games and to hold exhibitions.
6. To participate in all possible National and international Games, Competitions, Exhibitions, etc., on approval.
7. To Grant certificates, Prizes, etc to deserving Sports personalities.
8. To control and regulate Bodybuilding, Fitness and other allied sports and games.
9. To Promote Co-operation and sort out differences amongst members, affiliates, associations and others.
10. To organize lectures, coaching camps, seminar and publish suitable literature for fulfillment of the aforesaid objective.
11. To establish, organize and run State or Regional Associations as its own branches as well as competitions and Exhibitions.
12. To grant financial aid to deserving Bodybuilders, organizations, etc.
13. To affiliate State and Regional Associations and Hold their Competitions and Exhibitions, etc.
14. To engage and appoint National Coach (Instructor) possessing requisite qualifications including a valid coaching diploma and / or appoint such coach who does not possess requisite coaching qualifications.
15. It is incumbent upon each association to the State/regional Association to organize annually Bodybuilding, Fitness competition for Junior, Senior, Masters, women's in accordance with the rules and regulations formulated by the National Federation.
16. To hold congress every year as far as possible during the National Championships.
17. Develop interest, promote participation, and encourage dedication for better health and fitness through weight training and proper nutrition.
18. Enhance the image and integrity of the sport by enforcing random and target anti-doping control testing during all championships.
19. To co-ordinate and supervise the activities of the state / Regional associations, practicing Bodybuilding, Fitness and Physical Culture its decision in Final in regard to any dispute that may arise between its affiliated units.
20. Honor individuals or organizations for their outstanding contributions to the sport of Bodybuilding and Fitness with awards.
21. To follow the Olympic ideas and principles in its activities.

Thanking you,
For **Indian Body Builders Federation**

Mr. Chetan M. Pathare - General Secretary (Reporting Trustee)

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